



Key Highlights



59,618 children vaccinated and 1,587 girls protected against HPV as Rahnuma-FPAP's immunization drive expands across Punjab.



The Golden Minute: Rahnuma-FPAP trains healthcare professionals in neonatal resuscitation to help save newborn lives in the critical first 60 seconds after birth.



World Population Day 2026: Rahnuma-FPAP joins government and UN partners to spotlight investment in young people's health and futures.



UNFPA Pakistan's Deputy Representative, Dr. Gulnara Kadyrkulova, visits Family Health Hospital Gilgit — and praises the quality of care.



In Quetta, Rahnuma-FPAP and Balochistan Commission on the Status of Women explore opportunities to advance women's rights and reproductive health.



Five new institutional partnerships open the door to cashless healthcare for thousands of employees and families in Gilgit-Baltistan.

From Communities to Systems: Building Healthier Futures through Choice, Protection and Partnerships

This quarter, Rahnuma-FPAP kept one promise at the centre of everything: that every family in Pakistan deserves access to the family planning, sexual and reproductive health, and child health services they need to thrive.

Inside this issue, we report on our performance against key family planning and sexual and reproductive health indicators – empowering women and families across Pakistan. We further take a look at how our health teams are expanding routine immunization coverage in Punjab and Gilgit-Baltistan and sharpening frontline skills in immunization for HPV vaccine roll out and the Golden Minute for quality maternal and newborn care. The issue also shares glimpses of how our leadership is turning conversations with government and UN partners into concrete commitments for women's health and rights, while also placing youth at the centre of our interventions for a brighter and healthier future. Additionally, we chart the coalitions civil society is building around Pakistan's family planning goals, and our new strategic partnerships that broaden access to quality care for communities across the country. It has been a quarter defined by reach, dialogue and collaboration — and this newsletter brings you the stories behind it.

Quarterly FP/SRH Performance (April to June)



FP Services
Provided
135,955



SRH Services
Provided
756,988



Non-SRH
Services Provided
199,806



Services Provided
to Young Clients
451,830



HIV Services
Provided
23,735



CYP
Delivered
57,066



Gynecological
Services
121,742



Obstetrics
Services
206,274



From Awareness to Immunization: Shielding the Next Generation

Rahnuma-FPAP continues to bring essential immunization services closer to communities while supporting efforts to build a healthier and fully protected generation.

A New Immunization Hub for Skardu

Rahnuma-FPAP inaugurated a new EPI Centre at the Family Health & Maternity Centre (FHMC) Skardu, bringing routine immunization services within easier reach of women and children across the region.

Bringing Routine Immunization Awareness to Communities

Rahnuma-FPAP commemorated World Immunization Week across multiple districts of Punjab. Under the theme, **“For Every Generation, Vaccines Work,”** a series of impactful community-based activities were organized emphasizing the life-saving power of immunization. In Lahore, Rahnuma-FPAP held a community awareness session and a poster competition in partnership with REED and AGAHE and with the valuable support of The Vaccine Alliance (GAVI), Mannion Daniels (MD), and Oxford Policy Management (OPM). The event reinforced the importance of timely, routine vaccination and encouraged families to complete their children's immunization schedules. Outreach sessions and vaccination camps were also organized in Faisalabad, Rawalpindi, Gujranwala, and Dhera Ghazi Khan.

Preparing Frontline Teams for the HPV Vaccine Rollout

As Pakistan's Routine Immunization Programme introduces the HPV vaccine, Rahnuma-FPAP trained 50 vaccinators to deliver it safely and effectively — strengthening technical capacity and service quality on the frontline.



Quarterly Immunization Highlights (April to June 2026)



Children aged,
0-11 months
59,618



Pregnant
Women
11537



Children aged,
12-23 months
14585



Zero-dose
Children
2080



Under-Immunized
Children
6267



Girls
Vaccinated HPV
1587



Supporting Pakistan's Journey Towards a Polio Free Future

On 13 April 2026, Rahnuma-FPAP's Family Health Hospital Gilgit joined the National Polio Eradication Campaign, working alongside the Department of Health and EPI Gilgit-Baltistan. Through community mobilization and family outreach, the team helped ensure eligible children received the oral polio vaccine — reaffirming Rahnuma-FPAP's commitment to a polio-free Pakistan.



Every Second Counts. Every Life Matters.

The Golden Minute—the first 60 seconds after birth is critical for saving newborn lives.



To strengthen the skills of healthcare professionals, Rahnuma–FPAP organized a Continuing Professional Development (CPD) & Continuing Medical Education (CME) workshop on **"Neonatal Resuscitation and the Concept of the Golden Minute"** in Lahore.

Facilitated by Dr. Aisha Tariq Alam (FCPS Paediatric Medicine, FCPS Paediatric Nephrology), the workshop combined evidence-based learning with hands-on neonatal resuscitation practice using simulation mannequins, ensuring every participant gained practical skills under expert guidance.





Leadership and Advocacy

From provincial secretariats to hospital wards, Rahnuma-FPAP's leadership spent the quarter advocating for women and young people health and rights.

Leadership in Action: Advancing Women's Reproductive Health and Rights

CEO Mr. Zahid Ali, accompanied by Regional Director Mr. Mushtaq Ahmed, met Chairperson Ms. Kiran Baloch at the Balochistan Commission on the Status of Women, Quetta, to explore new avenues for collaboration on women's rights, reproductive health and women's empowerment.



UNFPA Visits FHH Gilgit – A Shared Commitment to Quality Care

UNFPA Pakistan's Deputy Representative, Dr. Gulnara Kadyrkulova, joined Mr. Saadat Hussain Khokhar (UNFPA) and Mr. Amin Khan, Director of the Population Welfare Department Gilgit-Baltistan, on a visit to Family Health Hospital Gilgit. The delegation praised the quality of care on offer and reaffirmed support for family planning, SRHR and women's health services.



Building Stronger Systems to End Violence Against Women

Rahnuma-FPAP joined the **Provincial Consultation on the National Policy on Ending Violence Against Women**, held at the Planning & Development Department, Civil Secretariat Quetta. Organized by the Ministry of Human Rights in collaboration with UN Women, the consultation brought together key stakeholders to discuss policy directions, challenges and practical strategies. The organization highlighted the need for community engagement, coordinated action and stronger institutional mechanisms to protect and empower women.



World Population Day 2026



Investing in Young People, Shaping the Future

Across its programmes and engagement platforms, Rahnuma-FPAP celebrated World Population Day 2026 in collaboration with government departments including Ministry of National Health Services, Regulations & Coordination, UNFPA, civil society, and development partners. Under this year's global theme, *"Realizing the hopes and aspirations of young people – today and for the future,"* the observance reinforced the importance of investing in young people's health, opportunities and informed choices.



FP2030 and CSO's Engagement: Advancing Pakistan's FP Agenda

Across the country, Rahnuma-FPAP brought civil society, government and youth together around a shared agenda – advancing Pakistan's commitments towards family planning 2030.



Balochistan's Provincial CSO's Coalition Meeting

Rahnuma-FPAP successfully held the **Provincial CSO Coalition Meeting in Quetta**, with the representation of CEO Mr. Zahid Ali and UNFPA Provincial Lead Ms. Sadia Zafar. The event brought together NGOs, CBOs, Ulema, media and representatives from more than four districts to strengthen coordination, knowledge sharing and drive collective action around social development priorities in Balochistan.



KP's Provincial CSO's Coalition Meeting

Rahnuma-FPAP hosted the **Provincial CSOs Coalition Meeting in Peshawar**, bringing partners together to review progress, share best practices, and align efforts with CCI and FP2030 commitments. The meeting reinforced the value of collective action in addressing family planning priorities and ensuring that civil society voices remain part of provincial health and development conversations.



18th National CSOs & Youth FP2030 Working Group Meeting

Rahnuma-FPAP organized the **18th National CSOs & Youth FP2030 Working Group Meeting**, contributing to national-level discussions on family planning, youth engagement, and progress towards FP2030 commitments. The meeting provided an important platform for civil society and youth stakeholders to share perspectives, strengthen collaboration, and support coordinated efforts to advance family planning priorities in Pakistan.



New Partnerships, Greater Impact

Rahnuma-FPAP continues to turn partnerships into opportunities for better healthcare access, stronger referrals, deeper community engagement and social impact.



Expanding Access Through Strategic Partnerships

Rahnuma-FPAP expanded its institutional collaborations by empaneling **National Highway Authority (NHA)**, **State Life Insurance**, **Jubilee Insurance**, **EFU Life**, and **Crescent Care**. These partnerships strengthen access to quality healthcare services for employees and beneficiaries of partner organizations, while creating opportunities for institutional referrals and cashless medical services.



Bringing SRH Services Closer to Communities in KP

Rahnuma-FPAP signed an MoU with **Blessing Welfare Development Organization KP (BWDO)** in Peshawar to expand community outreach, strengthen referral linkages, and improve access to SRH and family planning services.



Creating New Opportunities for Women through Trainings

A new collaboration with the Government Kala Butt Women Vocational & Training Institute was established to strengthen referrals, vocational opportunities, and community engagement through the KATO Women Development Complex.

Strengthening Referrals for Enhanced SRH and FP Services

Rahnuma-FPAP brought together 25 LHVs, LHWs and FWWs in Peshawar to strengthen referrals to Family Health Hospital. The discussion focused on improving coordination with community-based providers, increasing awareness of the hospital's comprehensive SRH and family planning services, and building a more effective referral network.

