

CORE VALUES

Social Inclusion

Our social inclusion with a demonstrated commitment to enable the rights of the most underserved and marginalized to be realized.

Diversity

Our diversity respecting all regardless of their age, gender, status, identity, sexual orientation or expression.

Passion

Our passion and determination inspire others to have the courage to challenge and seek social justice for all.

Voluntarism

Our voluntarism delivers significant contribution across a range of roles as activists towards advancing Association's mission.

Accountability

Our accountability as cornerstone of trust that is demonstrated through high performance, ethical standards and transparency.



Pakistan center for Philanthropy

Accredited by PCP



Working Together for Healthier Communities
and a Brighter Future



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Association of Pakistan

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Committed to
Changing Lives

Annual Report 2025



Communities First:
Expanding Access,
Changing Lives



Vision:

All people in Pakistan are empowered to make choices and informed decisions about their SRHR and well-being without discrimination.



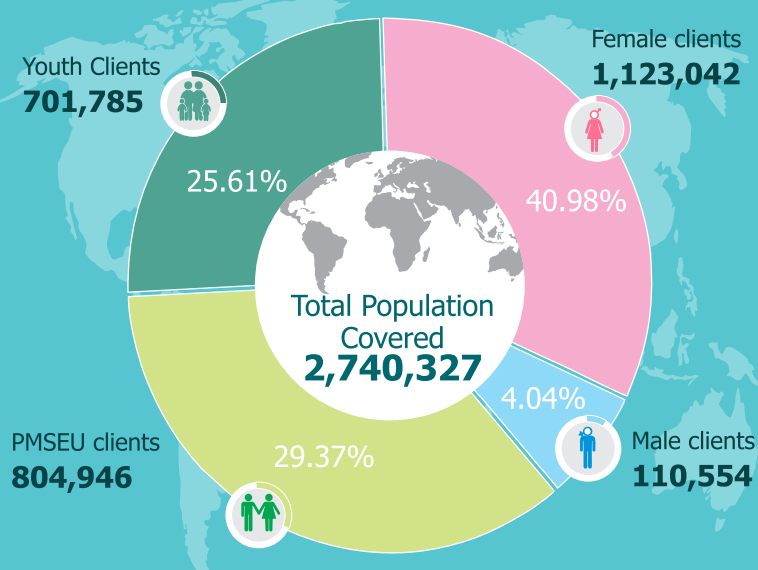
Mission:

To lead a movement for SRHR and FP as a fundamental human right in Pakistan.

To provide and enable access to sustainable FP and SRHR information and services (including lifesaving MISP services in humanitarian settings) to all particularly the vulnerable, underserved and people at risk in partnership with public and private stakeholders.



Population Coverage



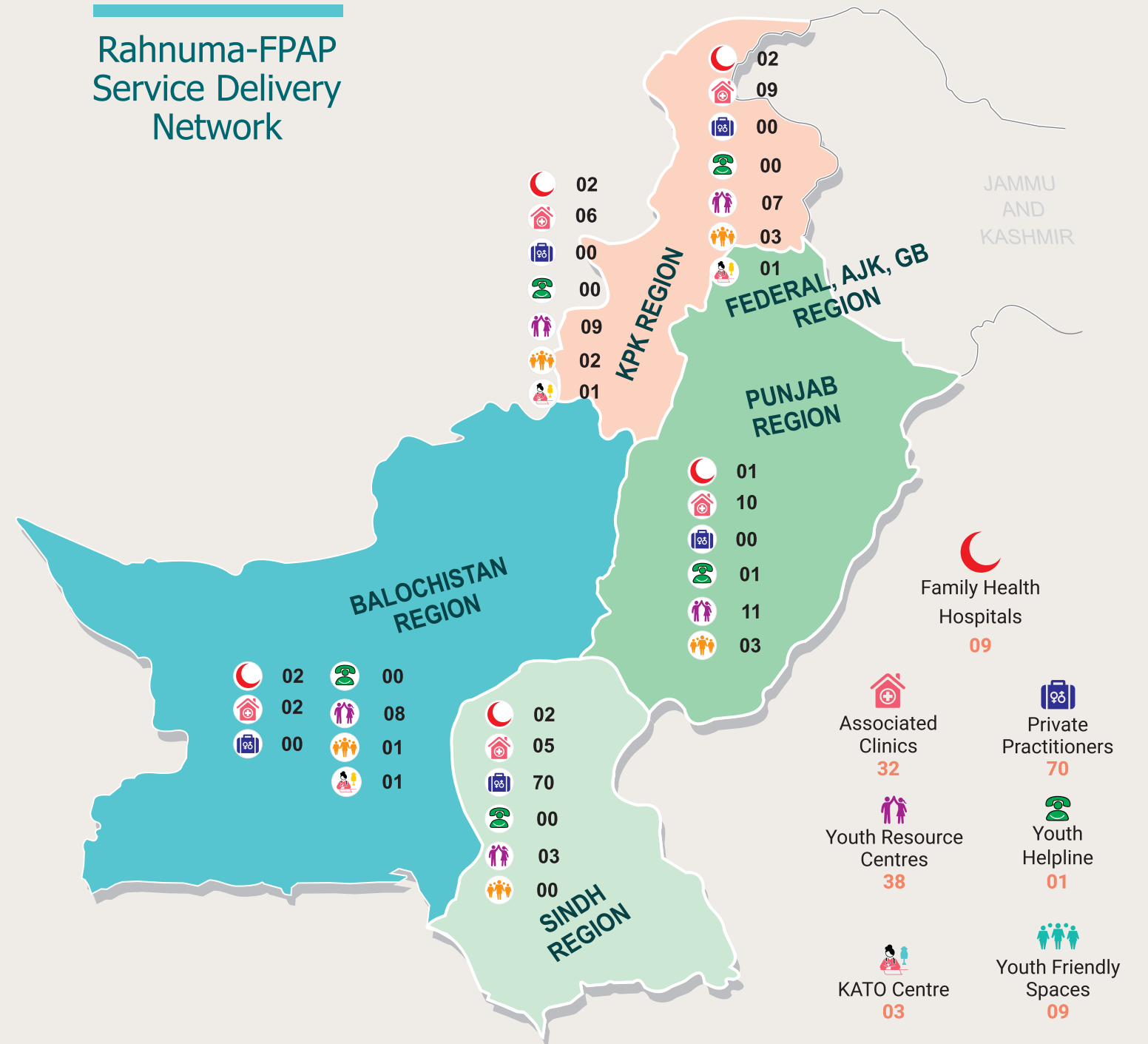
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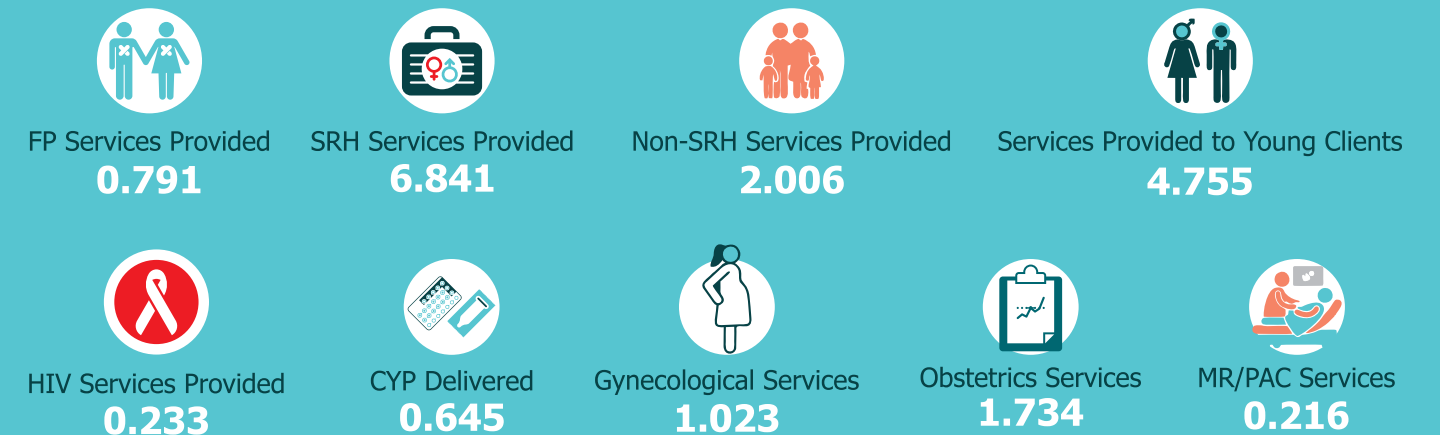
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Rahnuma-FPAP Service Delivery Network



FP/SRH Annual Performance 2025 (In Million)



RAHNUMA-FPAP
Board of
Governance

2025



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Chairperson

Prof. Dr. Tazeem Shahbaz



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RAHNUMA-FPAP
Board of
Governance

2025



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BoG Member

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BoG Member

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BoG Youth Member

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BoG Member Secretary

Mr. Zahid Ali



MESSAGE Mr. Gul Mohammad Khan

President
Rahnuma-FPAP

Despite continued efforts, Pakistan's population continues to surge at a much faster pace than the global average. This puts unmanageable burden on the country's inadequate and fragile health systems, with the added vulnerabilities of the changing climate patterns. The situation pits enormous burden on women and girls as persistent gender inequalities limit their mobility and decision-making power for accessing healthcare. Coupled with these challenges, continued stigmatization of family planning (FP) and sexual and reproductive health and rights (SRHR) remain major obstacles to sustainable and inclusive development.

As we reflect on the year 2025, we believe that sustainable progress on FP and SRHR begins with community-centered action. In 2025, Pakistan's renewed momentum for FP2030 commitments and increased recognition of SRHR as a cornerstone of UN's Sustainable Development Goals (SDGs), particularly SDG 3 "Health", reinforces urgent need for rights-based, inclusive, and people-centered approaches to address population dynamics, reducing unmet need for FP, and enhancing access to SRHR. Simultaneously, the global momentum for advancing FP and SRHR agenda called for domestic investments, community- and socio-culturally driven innovations, and youth engagement at global forums like FP2030 and International Conference on Family Planning (ICFP25).

In line with national commitments and global discourse around FP and SRHR, our annual report 2025 captures Rahnuma-FPAP's enduring belief to center healthcare interventions around the needs of the marginalized and underserved communities, especially women, adolescents, and vulnerable individuals. We not only continued to expand access through service delivery, but also empowered women and girls to make informed decisions about their health and futures through community engagement and advocacy. Despite challenging economic and climate hardships, our teams worked diligently to ensure that essential FP and SRHR services, including maternal health and psychosocial support services reach those most in need. We strengthened partnerships with government institutions, local communities and youth groups to address emerging healthcare challenges as well as bridge gaps in accessing authentic information and equitable services.

Our progress this year belongs to the frontline workers who remained devoted to advance care despite the rough terrains they had to travel to. Additionally, we extend our sincere gratitude to the communities we serve for their unwavering support and trust. Together we remain committed to make the communities resilient and change their lives.



MESSAGE Mr. Zahid Ali

Chief Executive Officer
Rahnuma-FPAP

The year 2025 was a year of resilience and fortitude. Rahnuma-FPAP faced significant challenges in its efforts to expand mother and child health services including family planning (FP), and sexual and reproductive health and rights (SRHR) for communities. Guided by the theme **"Communities First: Expanding Access, Changing Lives"**, we placed communities at the center of all interventions, and ensured that the FP and SRHR services reach those who need them the most, especially, the most marginalized and underserved populations, including those in remote and humanitarian settings across Pakistan.

More importantly this year, Rahnuma-FPAP reached out to flood-affected communities and ensured access to integrated health services. In response to the devastating impacts of climate-led floods, we swiftly deployed teams to provide essential FP, SRHR, and maternal healthcare services through mobile camps, community outreach sessions, and strengthened coordination and referral systems, particularly for marginalized communities, women, and adolescents. Additionally, we established women and girls' friendly spaces (WGFS), that provided a safe space for women and girls to address gender-based violence (GBV) and mental health concerns.

We also actively contributed to advancing Pakistan's reproductive health goals and FP2030 commitments in line with CCI recommendations. We worked closely with government institutions, national and international partners, civil society organizations, and youth groups to support rights-based family planning initiatives, enhance access to informed choices and strengthen communities.

Rahnuma-FPAP achieved a major milestone during 2025 as it expanded its work to preventive healthcare by embarking upon a strengthening of routine immunization program as well as supporting the government's introduction of HPV vaccine in EPI schedule. Under these programs, we increased immunization coverage and addressed myths and misconceptions about vaccines through community mobilization and community outreach initiatives. The efforts envisaged that all children are fully vaccinated – helping protect their futures from vaccine preventable diseases, while reinforcing the significance of primary healthcare.

Our achievements would not have been made possible without the dedication of our field teams and continued support of our government and international partners. Above all, it's the communities who drove our mission forward amidst most challenging circumstances. As we move forward, Rahnuma-FPAP remains committed to advancing healthcare for all by keeping communities first so that lives are transformed.



Executive Summary

In 2025, Rahnuma–Family Planning Association of Pakistan (FPAP) continued to advance Sexual and Reproductive Health and Rights (SRHR) across Pakistan, delivering rights-based, people-centered healthcare to underserved, marginalized, and crisis-affected populations nationwide.

Integrating yet expanding:

Through its extensive network of Family Health Hospitals, Family Health Centers, mobile outreach services, and digital health platforms, FPAP expanded access to family planning, maternal and newborn healthcare, adolescent and youth-friendly services, gender-based violence (GBV) prevention and response, and primary healthcare. Service performance and accountability were further strengthened through real-time data analysis, evidence-based decision-making, and enhanced service quality monitoring. Complementing this, telehealth interventions continued to improve access to essential health services for populations in remote and underserved areas.

Humanitarian response remained central to FPAP's operations. In flood-affected districts, refugee-hosting communities, and climate-vulnerable regions, the organization ensured the continuity of essential SRHR services, psychosocial support, dignity kits, and GBV response interventions safeguarding the health, safety, and dignity of women, girls, and vulnerable families throughout emergencies.



A new era of Public Private Partnership:

The organization also made remarkable progress in strengthening public-private partnerships and expanding immunization and primary healthcare initiatives through its collaboration with Government of the Punjab and the Expanded Program on Immunization, under an initiative supported by Gavi, the Vaccine Alliance. Community outreach campaigns, awareness sessions, and vaccine demand-generation activities helped address vaccine hesitancy, improve routine immunization awareness, and enhance access to essential health services in underserved communities. These interventions contributed to stronger community trust and increased utilization of healthcare services.

Throughout the year, Rahnuma-FPAP continued to foster strategic partnerships with government departments, Gavi, UNFPA, Australian Aid, Global Affairs Canada, Ipas and civil society organizations, humanitarian actors, and development partners to strengthen healthcare systems and advance national and global development priorities, including FP2030 and Universal Health Coverage (UHC).

Youth takes the center stage:

Youth engagement remained a cornerstone of FPAP's programming. Adolescents and young people were empowered through Youth-Friendly Health Services, peer education initiatives, and advocacy campaigns that promoted informed decision-making, gender equality, and positive health-seeking behaviors.

Despite economic pressures, declining donor resources, and growing humanitarian and climate-related challenges, FPAP demonstrated strong institutional resilience and an unwavering commitment to service continuity. The organization remains firmly dedicated to scaling evidence-based interventions, strengthening health systems, and expanding strategic partnerships accelerating progress towards universal access to Sexual and Reproductive Health and Rights for all in Pakistan.

This year's Annual Report reflects the collective dedication of Rahnuma-FPAP staff, volunteers, healthcare providers, donors, partners, and communities across Pakistan. Together, these efforts contributed to improving reproductive health outcomes, increasing contraceptive uptake, strengthening health-seeking behaviors, advancing gender equality, and building healthier, safer, and more resilient communities.

Acronyms

AHC :	Australian High Commission	FP:	Family Planning
AGAHE:	Association for Gender Awareness and Human Empowerment	FP&RH:	Family Planning and Reproductive Health
AJ&K:	Azad Jammu & Kashmir	FP&SRHR:	Family Planning & Sexual and Reproductive Health and Rights
BCC:	Behaviour Change Communication	FPAP:	Family Planning Association of Pakistan
BoG:	Board of Governors	GB :	Gilgit-Baltistan
CAR:	Commissionerate of Afghan Refugees	GBV:	Gender-Based Violence
CBOs:	Community Based Organizations	HIV:	Human Immuno-deficiency Virus
CCI :	Council of Common Interest	HMIS:	Health Management Information System
CDA :	Chanan Development Association	HPV:	Human Papillomavirus Vaccine
CEWG:	Country Engagement Working Group	IEC:	Information, Education and Communication
cLMIS:	Contraceptive Logistics Management Information System	INGO:	International Non-Government Organization
CMR:	Clinical Management of Rape	IP:	Implementing Partner
CPR:	Contraceptive Prevalence Rate	Ipas:	International Projects Assistance Services
CSGs:	Community Support Groups	IRC:	Indus Resource Centre
CSO:	Civil Society Organization	IRMNCH:	Integrated Reproductive, Maternal, Newborn and Child Health
CYP:	Couple Year Protection	ITA:	Idara-e-Taleem-o-Aagahi
DAP:	Direct Aid Program	IUCDs:	Intrauterine Contraceptive Devices
DDHO:	Deputy District Health Officer	IYD:	International Youth Day
DDMAs:	District Disaster Management Authorities	KP:	Khyber Pakhtunkhwa
DEO:	District Education Officer	LARC:	Long-Acting Reversible Contraception
DoH :	Department of Health	LHV:	Lady Health Visitor
DPWO:	District Population Welfare Officer	LHW:	Lady Health Worker
DRR:	Disaster Risk Reduction	LoU:	Letter of Understanding
\EmONC:	Emergency Obstetric and Neonatal Care	LSBE:	Life Skill Based Education
EMR:	Electronic Medical Records	MHPSS:	Mental Health and Psychosocial Support
EPI :	Expanded Program on Immunization	MISP:	Minimum Initial Service Package
FHC:	Family Health Clinic		
FHH:	Family Health Hospital		
FHMC:	Family Health Model Clinic		

MNCH:	Maternal, Neonatal and Child Health	RHWG:	Reproductive Health Working Group
MoU:	Memorandum of Understanding	SAFRON:	Ministry of States and Frontier Regions
MR:	Menstrual Regulation	SBCC:	Social and Behaviour Change Communication
MSD:	Medical Store Depot	SDGs:	Sustainable Development Goals
MSS:	Marie Stopes Society	SDPs:	Service Delivery Points
MSUs:	Mobile Service Units	SOPs:	Standard Operating Procedures
MVA:	Manual Vacuum Aspiration	SPHERE:	Humanitarian Charter and Minimum Standards in Humanitarian Response
NDMAs:	National Disaster Management Authorities	SRHie:	Sexual and Reproductive Health in Emergencies
NCMNH:	National Committee for Maternal & Neonatal Health	SRHR:	Sexual and Reproductive Health and Rights
NGO:	Non-Government Organization	STD:	Sexually Transmitted Disease
NHN:	National Humanitarian Network	STI:	Sexually Transmitted Infection
OT:	Operation Theatre	TB:	Tuberculosis
PAC:	Post-Abortion Care	TBA:	Traditional Birth Attendant
PDMA:	Provincial Disaster Management Authority	THQ:	Tehsil Headquarters
PDMA KP:	Provincial Disaster Management Authority Khyber Pakhtunkhwa	TIC:	Trauma-Informed Care
PHC:	Primary Health Care	TVC:	Television Commercial
PMOs :	Program Management Offices	UN:	United Nations
PPCT:	Prevention of Parent-to-Child Transmission	UNFPA:	United Nations Population Fund
PPFP:	Postpartum Family Planning	UNHCR:	United Nations High Commissioner for Refugees
PPP:	Public-Private Partnership	WCPAC:	Woman-Centered Post-Abortion Care
Pps :	Private Practitioners	WFS:	Women Friendly Spaces
PWD:	Population Welfare Department	WGFS:	Women and Girls Friendly Space
RESPOND:	Responding with Essential SRHR Provision & New Delivery Mechanisms	WHO:	World Health Organization
RH:	Reproductive Health	YFHS:	Youth-Friendly Health Services
RHC:	Rural Health Centre	YRC:	Youth Resource Centre
RISE:	Routine Immunization Service Expansion		
RNA:	Rapid Needs Assessment		

Content

11

Chapter 1: Who We Are

12

Rahnuma-FPAP and Its Evolution

13

Expanding Access through our Service Delivery Network

18

Chapter 2: From Reach to Impact: Advancing Care for All

18

Delivering Hope, Protection and Care in Humanitarian Settings

27

Engaging Male Participation in Reproductive Healthcare

28

Cervical Cancer Elimination Battle: Rahnuma-FPAP on Frontline in Pakistan

30

Reaching Every Child: Routine Immunization Service Expansion (RISE) through Public-Private Partnership (PPP)

34

Empowering Youth and Women through Inclusive Programming

38

Enhancing Institutional and Healthcare Staff Capacity for Transformed Care

42

Chapter 3: Driving Change through FP2030, Partnerships and Advocacy

43

Building Momentum for FP2030

45

Inspiring Communities through Global Advocacy Days

47

Strengthening FP/SRH Care through Strategic Partnerships

48

Our Advocacy Journey at a Glance

49

Meet our Partners

50

Audit Report



Chapter 1:

Who We Are

Rahnuma-Family Planning Association of Pakistan (Rahnuma-FPAP) is one of the largest and oldest rights-based national civil society organizations dedicated to Family Planning (FP) & Reproductive Health Services and Rights (SRHR) through service delivery and policy advocacy. It empowers women through informed choices, maternal health, gender equality, and providing civic spaces to survivors of violence. At the same time, the organization integrates disability-inclusive practices within its service delivery and humanitarian response efforts; addresses maternal health, gender-based violence (GBV), adolescent health and child marriage issues; and mobilizes community for shifting harmful social norms. In 2025, it stepped into the realm of immunization – promoting integration of preventive healthcare within primary healthcare.

Rahnuma-FPAP has the distinction of collaborating with major national and international development agencies, including INGOs, UN systems, public sector entities, and government institutions to create a more inclusive, equitable, and healthy society for all. It participates in various health, population, youth, and gender related task forces, advisory groups, and technical committees. It is also a member of key alliances, such as Pakistan Alliance for Post Abortion Care (PAPAC), and engages closely with UN clusters and disaster management authorities at national, provincial and district levels.

The Government of Pakistan acknowledges Rahnuma-FPAP's contributions in its annual contraceptive performance report, issued by Pakistan Bureau of Statistics under the Planning Division (www.pbs.gov.pk).

Rahnuma-FPAP and its Evolution

1953-1959

Driven by a caring approach to mother and child, the initiative provides essential services through simple interventions, operating single-room facilities in Karachi, Lahore, and Dhaka to support women in need—while continuing advocacy despite strong opposition and attacks.



1970-1979

Promoting community-driven development, the program provides diverse contraceptives and population education through rural and peri-urban centres, serving labour, youth, and communities amid opposition and misleading labels.



1960-1969

Promoting family planning, the program provides condoms, vasectomy, pills, and IUCD through district model clinics, serving men and women while advocating safely amid strong community and clergy opposition.



1980-1989

Promoting health, safe motherhood, and women's development, the program delivers quality RH services and male engagement through a zonal system, reaching underserved communities with strong advocacy.



1990-1999

Promoting holistic development, the program advances family planning, women's empowerment, men's engagement, and poverty reduction through hospitals, community units, and youth-focused initiatives.



2010-2019

Repositioning family planning on the development agenda, the program provides integrated health, empowerment, disaster relief, and advocacy services through hospitals, clinics, mobile units, and partner outlets, reaching marginalized and vulnerable communities.



2000-2009

Promoting a rights-based approach, the program provides integrated health, empowerment, and advocacy services through hospitals, clinics, mobile units, and partner outlets, reaching marginalized communities, youth, and vulnerable groups.



2020-2026

A deliberate and strategic evolution is reflected toward becoming a systems-focused, equity-driven, and resilient organization. Its ability to adapt to crises, integrate services, and influence policy underscores its critical role in advancing universal access to SRHR in Pakistan.





Expanding Access through Our Service Delivery Network

Family Health Hospital (FHHs)

Located across Badin, Gilgit-Baltistan, Islamabad, Karachi, Kohat, Lahore, Peshawar, Quetta and Turbat, Rahnuma-FPAP's Family Health Hospitals serve as flagship models of integrated, inclusive, and community-responsive healthcare delivery. These facilities provide high-quality clinical services through a person-centered approach that upholds dignity, respect, and equitable access for all clients, particularly women, young people, and underserved communities.

In response to the evolving Sexual and Reproductive Health and Rights (SRHR) needs of communities, the scope of services has expanded considerably in recent years. Alongside core Family Planning (FP) and Reproductive Health (RH) services, the hospitals now offer comprehensive gynecological care and a broader range of women's health services across the life course. As centers of excellence, Rahnuma-FPAP's Family Health Hospitals continue to demonstrate innovative and integrated healthcare models, contributing to the advancement and scaling of quality health services nationwide.

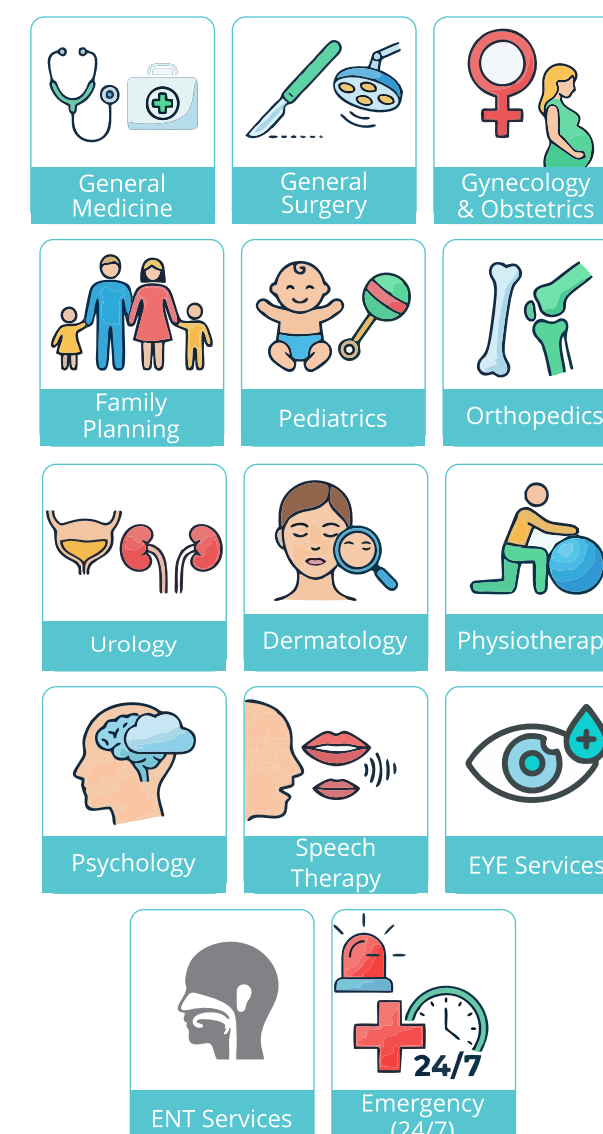


Family Health Clinics (FHCs) & Family Health Model Clinics

Rahnuma-FPAP operates a network of Family Health Clinics (FHCs) and Family Health Model Clinics across Pakistan, strategically established to serve underserved, marginalized, and geographically isolated communities. These clinics play a vital role in ensuring equitable access to Sexual and Reproductive Health and Rights (SRHR) services by providing quality healthcare either free of cost or at highly subsidized rates, thereby reducing financial barriers for vulnerable populations.

Functioning as satellite service delivery centers, the FHCs maintain strong referral linkages with Family Health Hospitals (FHHs), ensuring continuity of care and timely access to specialized and advanced healthcare services when required. To maintain high standards of service delivery, all clinics operate under comprehensive quality assurance mechanisms and Standard Operating Procedures (SOPs) aligned with international best practices and the standards of the (IPPF). Beyond healthcare provision, these clinics not only provide essential health services but also empower individuals especially women and adolescents.

Key Services:





Mobile Service Units (MSUs)

To further extend its outreach, Rahnuma-FPAP operates 12 Mobile Service Units (MSUs) that bring essential FP and RH services to the doorsteps of marginalized, hard-to-reach populations. These mobile units conduct regular visits to remote areas, offering on-the-spot services including contraceptive counseling and provision, maternal health support, and community awareness sessions. MSUs play a critical role in closing service delivery gaps by linking clients to FHCs and FHHs for follow-up care. This mobile outreach model enhances accessibility and ensures continuity of care across all service levels.

Associated Clinics:

These clinics are privately owned and operated by individual healthcare providers; however, they function as part of Rahnuma-FPAP's under a formal Memorandum of Understanding (MoU). Through this partnership, Rahnuma-FPAP strengthens the capacity of these facilities by providing comprehensive technical assistance, supportive supervision, and regular monitoring to ensure adherence to established quality standards and national protocols.

Rahnuma-FPAP also supports these clinics through the provision of Family Planning (FP) and Sexual and Reproductive Health commodities.



Private Practitioners (PPs)

To strengthening public and private partnership for the provision of Family Planning and Reproductive Health Services. Rahnuma-FPAP's partnership with 70 community-based Private Practitioners who serves as a cornerstone in its strategy at the grassroots levels to target marginalized and vulnerable sections of society. These practitioners are often the first point of contact for individuals seeking general health services in their communities. Through formal MoUs, Rahnuma-FPAP engages these practitioners to:

- Deliver FP and RH counseling, especially on short-term contraceptive methods
- Provide basic reproductive health services
- Refer clients requiring long-acting or permanent methods to public or private sector service points

This partnership model strategically engages local healthcare providers such as community clinics, private practitioners, and frontline health workers as the first point of contact for individuals seeking medical attention. By embedding healthcare services within the community, it enhances accessibility, especially for underserved and remote populations.

Strengthening Quality of Care and Digital Innovation

In 2025, Rahnuma-FPAP continued to strengthen its commitment to delivering high-quality, rights-based, and client-centered healthcare services through a comprehensive Quality of Care (QoC) framework aligned with the standards of the (IPPF). The framework ensured respect for client rights and dignity, informed and voluntary choice, appropriate medical eligibility screening, comprehensive counselling, and continuous follow-up support.

To maintain high service standards, Rahnuma-FPAP prioritized continuous capacity building of healthcare providers, supportive supervision, routine monitoring, and effective client feedback mechanisms. These efforts contributed to improved service quality, enhanced client satisfaction, and increased trust in healthcare services.

Recognizing the growing role of digital technology in expanding access to healthcare, Rahnuma-FPAP further advanced digital integration across its service delivery systems during 2025.

Key initiatives included the expansion of tele-counselling services, digitization of health records, development of mobile-based health education content for youth and remote communities, and adaptation of IEC and BCC materials for digital platforms. These innovations enabled greater access to accurate sexual and reproductive health information, promoted self-care practices, and strengthened timely follow-up support, particularly for young people and underserved populations.





Chapter 2:

From Reach to Impact:

Advancing Care for All

Delivering Hope, Protection and Care in Humanitarian Settings

The year 2025 proved devastating for Pakistan, causing widespread destruction and humanitarian challenges due to heavy monsoon rains, flash floods, riverine flooding, and cloudbursts. The disaster resulted in significant loss of human lives, livestock, agricultural crops, and livelihoods, severely affecting vulnerable communities across multiple districts.

Humanitarian Response & Inclusive Outreach

In response to the humanitarian crisis, Rahnuma-FPAP, with its strong operational presence and deep roots in Khyber Pakhtunkhwa and Punjab, initiated a flood emergency response following rapid needs assessments conducted in the affected areas.

From September to October 2025, Rahnuma-FPAP continued its humanitarian response efforts to ensure uninterrupted access to Family Planning (FP), Sexual and Reproductive Health (SRH), and Post-Abortion Care (PAC) services in disaster-affected communities. Supported by Ipas, Rahnuma-FPAP actively served communities in Buner and Mansehra in Khyber Pakhtunkhwa, which were severely affected by cloudbursts in August 2025, as well as Alipur, Muzaffargarh, and Rajanpur in Punjab.

Demonstrating strong commitment and determination, Rahnuma-FPAP successfully conducted 150 mobile medical camps, including 90 camps in Punjab and 60 camps in Khyber Pakhtunkhwa, providing essential SRH, FP, and PAC services to affected and displaced populations during the humanitarian crisis.



Key Achievements 2025



150

Mobile Medical Camps

Successfully organized and managed, ensuring the provision of essential healthcare services in underserved and disaster-affected communities.



9,042

Beneficiaries Reached

Receiving comprehensive SRH & non-SRH services through community-based outreach initiatives.



2,641

Family Planning Consultations

Conducted to support informed reproductive health choices.



152

Women Received PAC Services

Ensuring safety, confidentiality, and quality of care.



217

Community Awareness Sessions

Conducted on key public health issues including reproductive health, menstrual hygiene, maternal care and gender equality.



4849

Participants Engaged

Through interactive and inclusive community sessions.



478

Dignity Kits

Distributed to women and girls to address emergency health and hygiene needs.



378

Clean Delivery Kits

Distributed to women and girls to promote safe deliveries and maternal health.





Integrated Reproductive Health, Family Planning, and Psychosocial Services in Flood-Affected Communities

Muzaffargarh, Alipur, and Rajanpur (Punjab)

With support from CERF, Rahnuma-FPAP deployed four Mobile Service Units (MSUs) across twelve Union Councils in Tehsil Alipur, District Muzaffargarh, to deliver essential humanitarian health services in flood-affected and hard-to-reach communities. Through 124 mobile medical camps, clients received Emergency Obstetric and Newborn Care (EmONC), mental health and psychosocial support, and referral services for specialized care.

Simultaneously, local health systems were strengthened through the provision of medical equipment and essential supplies, alongside capacity-building initiatives for healthcare staff in three health facilities to enhance service delivery and emergency response preparedness.

Key Achievements

Muzaffargarh and Alipur

- **124 mobile medical camps** conducted
- **3,115 women** received FP counseling and contraceptive commodities.
- **517 referrals** facilitated to secondary-level facilities for obstetric and GBV services.
- **175 women** referred for caesarean sections
- **2,100+ community members** reached with SRH and GBV awareness
- **1,374 gynecological** treated
- **752 STI/HIV patients** treated
- **255 women** received PNC
- **179 pregnant women** completed at least 4 ANC visits
- **89 deliveries** attended by skilled birth attendants
- **96 Dignity Kits** distributed to WGFS clients;
- **107 RH kits** distributed through outreach.

Static facility-based services were simultaneously provided at THQ Hospital Alipur, RHC Seet Pur, and RHC Khair Pur Sadat, supported by skilled personnel including Lady Medical Officers, Lady Health Visitors, and Clinical Psychologists.

In district Rajanpur, Rahnuma-FPAP implemented an integrated humanitarian response under UNFPA's Flood Emergency Fund (EF). The interventions aimed to provide essential reproductive, maternal, newborn, primary healthcare, and psychosocial support services to flood-affected and hard-to-reach communities through two Mobile Health Units (MHUs) and one Comprehensive Emergency Obstetric and Newborn Care (CEmONC) facility.

Key Achievement

Rajanpur

- **60 mobile medical camps** conducted, reaching 3,901 individuals with integrated SRH, FP, MHPSS, and GBV-responsive services.
- **60 community awareness sessions** reaching **1,009 women and men** on reproductive health, GBV prevention, and psychosocial wellbeing.
- **1,297 clients** received mental health and psychosocial support services (MHPSS) through mobile units.
- **1,237 women** accessed family planning counseling and contraceptive services.
- **66 deliveries** conducted by skilled birth attendants; 16 caesarean sections supported through the CEmONC referral facility.
- **528 pregnant women** completed at least four antenatal care (ANC) visits.
- **2,399 obstetric** and gynecological cases treated
- **611 STI/HIV cases** treated.
- **179 referrals** facilitated for advanced medical care, GBV response, and protection services.
- **50 reproductive health kits** distributed to vulnerable women and adolescent girls.



Creating Safe Spaces for Women and Girls During Crisis

A Women and Girls Friendly Space (WGFS) was established in Alipur to provide women and adolescent girls with access to healthcare, psychosocial support, counselling services, survivor-centered GBV case management, and referrals in a safe and supportive environment.

The initiative strengthened protection mechanisms and promoted the wellbeing of vulnerable women and girls within the community. Through the WGFS, 218 women were sensitized on Gender-Based Violence (GBV), including prevention measures, response mechanisms, referral pathways, and crisis mitigation strategies, empowering them with knowledge and support to seek assistance and protection services.

Key Achievements

- **45 GBV cases identified** and managed through WGFS.
- **750+ clients received** individual mental health counseling and psychosocial support.
- **56 women referred** for advanced mental health services.

Mental Health and Psychosocial Support (MHPSS) and GBV Support in Gilgit-Baltistan

A pioneering Mental Health and Psychosocial Support (MHPSS) pilot was implemented in Skardu and Ghanche districts of Gilgit-Baltistan, led by the Ministry of Planning in collaboration with the Department of Health, Baltistan, with UNFPA's financial and technical support and Rahnuma-FPAP's implementation. The pilot operationalized a four-tier, digitally enabled MHPSS service model—the first of its kind in the region.

Two Women and Girls Friendly Spaces (WGFS) were established in Skardu and Ghanche, providing integrated GBV prevention, psychosocial support, and dignity support services to flood-affected women and girls.

Key Achievements

- **30 group** counseling sessions conducted, **reaching 570** women and girls.
- **120 individual** counseling sessions delivered across both districts.
- **31 high-risk women and girls** referred to advanced mental health and psychiatric services.
- **300 dignity kits** distributed.
- **2 ultrasound machines** handed over to frontline Lady Health Visitors in Kundos and Khaplu, strengthening maternal health diagnostic capacity.



Healing the Unheard in Balochistan

Under DFAT Phase-IV, Rahnuma-FPAP continued GBV prevention and SRH service delivery across four districts of Balochistan—Quetta, Chaghi, Pishin, and Killa Saifullah—through mobile health clinics and a Women and Girls Friendly Space.

Key Achievements

- **828 women and girls** accessed WGFS services in Killa Saifullah.
- **131 clients received** mental health counseling and psychosocial support.
- **68 GBV cases** referred to MHPSS providers and health facilities.
- **1,140 participants** reached through 18 awareness-raising sessions.
- **40 SRH and FP camps** organized across four districts (10 per district).
- **4,684 total SRH services** delivered; 1,564 clients received modern FP counseling.
- **1,348 patients treated** in Gynecology OPD; 52 STI/HIV treatments provided



Expanding Care: FP & SRH Services for Refugee Communities

Under the RESPOND II project, Rahnuma-FPAP Khyber Pakhtunkhwa Region implemented a series of community outreach interventions aimed at improving access to Family Planning (FP), Sexual and Reproductive Health (SRH), and Gender-Based Violence (GBV) services for refugee and underserved communities.

Community outreach medical camps and awareness sessions were conducted in refugee settlements located in Ghulam Banda and Chee Chana, District Kohat, addressing critical healthcare gaps and ensuring dignified access to essential health services.



Through these interventions:

- **132 clients** received FP, SRH, and GBV-related services.
- **81 community members** participated in awareness and capacity-building sessions focused on reproductive health, GBV prevention, and crisis mitigation strategies.
- **More than 300 refugees** in Ghamkol Sharif accessed FP, SRH, and GBV services through community-based medical camps.
- **A total of 78 individuals** received training on reproductive health awareness, gender-sensitive practices, and protection-related issues.

Similarly, outreach activities in Jalal, Baghecha Dehri, and Kagano in District Mardan promoted awareness on safe birth spacing, maternal and reproductive health, while strengthening linkages between communities and partner organizations. These interventions contributed to improved healthcare access and enhanced community resilience, particularly for women and girls.



Expanding SRH Services in Flood Affected Districts of Punjab and Sindh

With the support and collaboration of Ipas, Rahnuma-FPAP implemented the project “Expand SRH Services in Climate-Induced Humanitarian Emergency Districts of Sindh and Punjab” across Badin and Karachi in Sindh, and Lahore and Muzaffargarh in Punjab.

The initiative aimed to expand access to integrated, affordable, high-quality, and person-centered Family Planning (FP), Post-Abortion Care (PAC), and Sexual and Reproductive Health and Rights (SRHR) services for vulnerable and underserved populations affected by climate-induced humanitarian emergencies.

As part of its community-based humanitarian response, Rahnuma-FPAP successfully organized 90 mobile medical camps in Badin and Muzaffargarh, ensuring the delivery of essential FP, PAC, and SRHR services to marginalized and disaster-affected communities with limited access to healthcare facilities.



Through these interventions:

- **4,703 individuals benefitted** from FP and SRH services.
- **402 women received** quality and compassionate PAC services.
- **180 community awareness sessions** were conducted, **reaching 2,741 participants**, including **1,897 women and 845 men**.

The awareness sessions focused on reproductive health, family planning, maternal well-being, and the importance of timely access to quality healthcare services.

The project also contributed significantly to strengthening healthcare systems and improving the quality-of-service delivery in targeted districts. A total of 55 healthcare providers and 149 general physicians were trained on Post-Abortion Care (PAC), Family Planning (FP), and Trauma-Informed Care (TIC), while 78 female healthcare providers received specialized training on Women-Centered Post-Abortion Care (WCPAC).

In addition, 20 public and private health facilities were upgraded with essential medicines, contraceptives, and medical equipment to enhance the availability, quality, and continuity of FP, PAC, and SRHR services for vulnerable communities.



SUCCESS STORIES

Restoring Essential Maternal Healthcare

in Flood-Affected Ghanche (Skardu)

In July 2025, devastating floods caused by severe cloudbursts struck District Ghanche, affecting nearly 7,000 people and destroying vital infrastructure, including health facilities. Among the affected was Mrs. Najma Batool, a Lady Health Visitor (LHV) serving at the Maternal and Child Health (MCH) Center in Kundas Valley. The floods swept away both the MCH Center and her community clinic, leaving women and girls without access to essential maternal and reproductive healthcare services.

Recognizing the urgent needs of the community, UNFPA, through Rahnuma-FPAP, rapidly assessed the situation and provided an ultrasound machine and dignity kits to restore critical services. Mental Health and Psychosocial Support (MHPSS) sessions were also conducted, helping affected families cope with the emotional impact of the disaster while identifying and referring high-risk cases for specialized care.

With this support, Mrs. Najma Batool resumed antenatal, postnatal, and ultrasound services within the village, reducing the need for pregnant women to travel long distances to the DHQ Hospital in Khaplu despite damaged roads and transportation challenges.

The intervention restored access to life-saving healthcare, strengthened community resilience, and ensured that women and girls in Kundas Valley continued to receive essential reproductive health services during a time of crisis.

Reflecting on the intervention, Mrs. Najma Batool shared:

“With the support of Rahnuma-FPAP and UNFPA, I am once again able to provide essential maternal health services to women in my community. This timely assistance has brought relief and hope to families who were struggling after the floods.”

SUCCESS STORIES



Restoring Health and Dignity:

A case of GBV and Maternal Care Intervention

Mumtaz Bibi is a 32-year-old woman living in a low-income community. She is a mother of four children, all under the age of 10. Her husband works as a daily wage laborer, and the family's income is unstable. On days when her husband fails to find work, financial stress increases within the household.

Due to poverty and frustration, Mumtaz's husband often becomes physically abusive. The violence is more frequent on days when he does not earn any income. Mumtaz has been subjected to repeated domestic violence, which has negatively affected her physical and mental health.

During her fifth pregnancy, Mumtaz suffered severe physical abuse from her husband. As a result of the violence and lack of proper medical care, she experienced a miscarriage (abortion). This incident left her weak, traumatized, and fearful for her safety and future pregnancies.

Rahnuma-FPAP, identified Mumtaz during a community outreach visit. Their team provided her with emergency assistance including a hygiene kit to help her maintain personal cleanliness after the miscarriage; counseling on reproductive health, including the importance of spacing pregnancies for her well-being; awareness on different family planning methods; and psychological support.

After counseling, Mumtaz showed interest in adopting a family planning method to prevent further health risks. She also became more aware of her rights and the importance of seeking help. Although her financial situation remains difficult, the intervention improved her knowledge, hygiene practices, and confidence.

Mumtaz Bibi's case highlights the strong link between poverty, domestic violence, and women's health risks. It also demonstrates the vital role of organizations like FPAP in providing healthcare education, emergency support, and empowering women to make informed decisions about their reproductive health.



Encouraging Male Participation in Reproductive Healthcare

Recognizing the importance of men engagement in improving reproductive health outcomes, Rahnuma-FPAP, with the support and collaboration of Ipas, implemented a targeted initiative to enhance men's awareness and supportive involvement in Family Planning (FP), Reproductive Health (RH), and Post-Abortion Care (PAC).

As part of the initiative, 36 experienced male social mobilizers from Chakwal and Peshawar (18 from each district) received one-day training on Social and Behavior Change (SBC) tools related to FP and PAC, followed by orientation on standardized data collection tools.

Following the training, the social mobilizers successfully conducted 144 structured community sessions, reaching a total of 2,313 men, including 1,171 participants in Chakwal and 1,142 in Peshawar.



144 Community Sessions

2,313 Total Men Reached

These sessions provided an interactive platform for dialogue and community engagement, helping address misconceptions, dispel myths, and promote positive male involvement in supporting women informed reproductive health decisions and rights.

صحت مند بیٹی
صحت مند گھرانہ

اپنی بچیوں کو قریب ترین عارضی ویکسینیشن سینٹر،
اسکول یا سرکاری مرکز صحت میں سرویکل کینسر سے
بچاؤ کی ویکسین ضرور لگوائیں۔

Cervical Cancer Elimination Battle: Rahnuma-FPAP on Frontline in Pakistan

UCs	Fixed Sites	Vaccinators	Attendants
UCs 1	5	5	5
UCs 3	6	6	6
UCs 7	9	9	9
UCs 5	5	5	5
UCs 4	1	1	1
UCs 11	18	18	18
UCs 8	5	5	5
UCs 12	1	1	1

Leveraging Rahnuma-FPAP's Ubiquitous Presence

Rahnuma-FPAP played significant role in Punjab's bid to introduce Human Papillomavirus (HPV) vaccine in routine immunization schedule by integrating service delivery and demand generation. The campaign entailed large-scale advocacy and community mobilization efforts. The organization launched awareness initiatives across 13 tehsils in Lahore, Faisalabad, Rawalpindi, Multan, and Bahawalpur to increase understanding of HPV-related health risks and the importance of timely vaccination for adolescent girls aged 9–14 years. Through **4,389** awareness sessions in schools and communities, Rahnuma-FPAP successfully reached **93,770** individuals, including parents, teachers, healthcare providers, and adolescent girls, surpassing planned outreach targets.

Building on its strong community presence and partnerships with other stakeholders, Rahnuma-FPAP also supported post-campaign advocacy and demand-generation efforts to sustain HPV vaccine uptake at fixed EPI centers. The organization coordinated closely with district administrations, contributing to the successful administration of HPV vaccines to 13,382 girls during the campaign period in 2025. These collective efforts reflected Rahnuma-FPAP's continued commitment to strengthening preventive healthcare, expanding immunization equity, and safeguarding the health and future of women and children across Pakistan.

Community Health Engagement Sessions vs Participants (Sep-Dec 2025)

Group	Sessions	Participants
Male parents/caregivers	1,211	29,708
Female parents/caregivers	955	19,298
Healthcare professionals (LHVs, LHWs)	777	15,298
Out-of-school girls	527	10,959
Formal in-school girls	465	9,679
Informal in-school girls	454	8,923



Reaching Every Child:

Routine Immunization Service Expansion (RISE) through Public-Private Partnership (PPP)

Under the patronage of the Expanded Program on Immunization, Punjab, Government of Punjab, Rahnuma-FPAP in collaboration with SPHERE Pakistan launched the Routine Immunization Service Expansion (RISE) project, supported by Gavi, the Vaccine Alliance, and managed by Mannion Daniels and Oxford Policy Management in July 2025. The project aimed to improve equitable access to routine immunization services for underserved particularly women and children living in vulnerable communities across Punjab.

The RISE project is being implemented in eight districts of Punjab: Lahore, Faisalabad, Gujranwala, Multan, Rawalpindi, Bahawalpur, Rajanpur, and Dera Ghazi Khan, where 48 new Vaccination Centers were established in coordination with the District Health Authorities (DHAs).

To support effective implementation, Rahnuma-FPAP organized planning meetings and comprehensive orientation sessions for vaccinators and outreach teams. A total of 56 vaccinators and field staff received technical training on EPI services, EMR reporting, documentation and working arrangements in collaboration with the EPI Punjab.

The initiative also entails close coordination with the Federal Directorate of Immunization, EPI Punjab, partners, and civil society organizations to improve immunization coverage through a robust public-private partnership approach.

RISE Project Performance 2025

The project has so far successfully administered **54,094** vaccine doses to target populations in all eight districts. The majority of doses were administered to children aged 0-11 months, followed by pregnant women and children aged 12-23 months. As per project goals, the teams identified **4,304** zero-dose and **14,520** under-immunized children indicating improved immunization performance.

Target Group	Vaccines Administered	
 Children aged 0-11 months	67,889	41.12%
 Pregnant Women	18,104	10.98%
 Children aged 12-23 months	14,771	8.94%
 Zero-Dose Children	4,304	2.61%
 Under Immunized Children	14,520	8.81%
 IPV1	17,967	10.89%
 DPT1	16,366	9.90%
 DPT3	16,814	10.18%
 MCV1	17,306	10.48%
 MCV2	15,671	9.49%
 HPV Vaccine	13,382	8.11%

One of Rahnuma-FPAP's strengths in the initiative is community-centered mobilization strategy, which significantly improved trust and acceptance of vaccination services in low-coverage areas. Social mobilizers conducted extensive household visits, interpersonal counseling sessions, and community awareness meetings to address myths, misconceptions, and vaccine hesitancy. To further strengthen community ownership, Community Support Groups comprising religious leaders, teachers, community influencers, and volunteers were established and engaged through regular coordination meetings. The organization also leveraged digital communication platforms, including WhatsApp reminders and awareness messaging, to encourage mothers and caregivers to complete vaccination schedules and attend follow-up visits. Timely referrals and follow-up support were provided to improve immunization coverage and reduce vulnerability to vaccine-preventable diseases.



Rahnuma-FPAP Celebrates World Immunization Day 2025

Rahnuma-FPAP, with support from GAVI under the RISE Project, celebrated World Immunization Week 2025 through awareness and engagement activities across seven districts of Punjab. The initiative aimed to enhance public knowledge, address vaccine hesitancy, and encourage timely vaccination. Activities included community sessions, health walks, youth and school-based engagement, influencer dialogues, and social media campaigns. These efforts fostered community trust and strengthened support for immunization.



From Refusal to Relief:

A Community-Centered Approach to Vaccination



In Lahore's UC-114, Allama Iqbal Town, Lahore, a family's strong resistance to vaccination was transformed into acceptance through persistence, empathy, culturally sensitive, and community-driven approach.

During routine door-to-door outreach activities, our attendant Mr. Daniyal Shaukat identified a family in Bhukhari Park, Kot Kambho, who were unwilling to get their children vaccinated due to deep-rooted misconceptions and fears regarding vaccine safety. Despite repeated counselling visits and detailed information on vaccine-preventable diseases, the family remained hesitant.

Mr. Shaukat recognized that they would need to adopt a more people-centered approach, moving beyond mere provision of facts to address vaccine hesitancy, influence behaviour change, and change the family's decision. The team re-strategized, and prioritized listening to the

"Vaccine hesitancy can not only be addressed through information alone. Understanding people's emotions and building community trust are equally important."

Mr. Daniyal Shaukat,
Attendant Rahnuma-FPAP

family's concerns and understanding their fears. To strengthen trust, the team engaged respected community support group members in the process.

Together, the vaccinator, attendant, and support group members organized another counseling session. Eventually, the team was able to gain their trust and the approach proved to be a turning point. Through constructive dialogue, culturally sensitive information and involvement of trusted figures, the parents reconsidered their stance, and eventually agreed to vaccinate their children. By the end of the visit, all eligible children in the household successfully received routine immunization services.

The family expressed relief and gratitude, acknowledging that their fears had been addressed through patience, clear communication, and respectful engagement. The intervention not only protected the children from vaccine-preventable diseases but also contributed to improving overall community confidence in immunization services and sustain impact.

A Step Towards Healthier Future:

Shazma's Journey to HPV Protection



During the HPV vaccine awareness sessions, several young girls were being kept from getting vaccinated by their parents due to myths and misleading information being spread around. Among them was a 13 years old girl named Shazma, who never attended school and helped her mother with household chores.

One day, Rahnuma-FPAP's health representatives and community workers visited Shazma's home and invited her along with her mother and other women in the neighborhood to attend an awareness session on family health. During the session, the facilitators explained the benefits of HPV vaccine, which is being provided to girls aged 9 to 14 to protect them from cervical cancer – a serious but preventable disease. They also guided the participants to nearby health centers where the vaccine was available.

Shazma quoted that, "at first, many women and girls were worried. Some participants expressed fears that the vaccine could cause infertility, affect physical growth, or create health complications in the future among girls. However, Rahnuma-FPAP's representatives patiently addressed each concern, explaining that these misconceptions are based on misinformation. They reassured us that the vaccine is safe, effective, and globally used to protect girls from a serious disease."

After the session, Shazma went with her mother to the health center where the HPV vaccine was being administered. There, she met other girls who were also uncertain at first but had better understanding of the vaccine after the awareness sessions and reading the informational material provided to them. Feeling informed and confident, she decided to receive HPV Vaccine.

"After getting vaccinated, I returned home and did not experience any of the side effects that had been circulating as rumors in the community. Today, I feel grateful to Rahnuma-FPAP and its outreach workers who visited our neighborhood. Their efforts not only helped me and other girls to protect our future from a serious disease like cervical cancer but also gave us the confidence to make decisions about our health. Had they not reached, I might have been at risk in the future."

Shazma, HPV Vaccinated



Empowering Youth & Women Through Inclusive Program

Rahnuma-FPAP's Youth Program aims to empower adolescents and young people in Pakistan by enhancing their knowledge, capacities, and access to Sexual and Reproductive Health and Rights (SRHR) information and services. Recognizing that youth constitute more than 64% of Pakistan's population, the program promotes informed decision-making, youth participation, and advocacy for improved SRHR policies and services.

In 2025, Rahnuma-FPAP further strengthened its commitment to youth empowerment through comprehensive Life Skills-Based Education (LSBE), Youth-Friendly Health Services (YFHS), and youth advocacy initiatives across Pakistan. Under the LSBE programme, the organization delivered age-appropriate and culturally sensitive information on Life Skills-Based Education Sexual and Reproductive Health, Child Marriage and Gender Based Violence.

- **86 schools** were identified at Regions/PMOs level, MoUs were signed and orientation sessions were conducted.
- **270 teachers** were trained on LSBE, **conducting 340** complete sessions with **44,732 students** and **165 partial sessions** with **16,271 students**. **274 young people** were trained as a peer educator on LSBE, **organizing 700 sessions** with **32,649 young people**. International Women and Youth days were celebrated, **sensitizing 4,369 young people** on SRH&R and SGBV issues.
- **13,365 young people** received SRH counselling services through Youth Helpline
- **30 Community support group** formed (male and female). Group members are actively involved in different project activities at community level and they took lead role in organizing LSBE sessions and different activities at field level.

In addition, Rahnuma-FPAP organized strategic stakeholder meetings and a Gender Assessment Workshop under the Global Affairs Canada-supported project "Ensuring Inclusive SRH&R Delivery for Women, Girls and Marginalized Communities." Implemented across six Family Health Hospitals and one Family Health Model Clinic, the initiative focused on advancing inclusive SRHR services, Life Skills-Based Education, menstrual regulation, and gender equality for adolescents, women, and marginalized communities in Pakistan.

During 2025, Rahnuma-FPAP organized a series of interactive theatre performances and community dialogues on Family Planning and Reproductive Health (FP&RH) in selected areas of Khyber Pakhtunkhwa and Balochistan. Performed in local languages by youth volunteers and professional actors, the sessions highlighted critical social issues, including gender-based violence and domestic violence. The initiative successfully engaged diverse community members, local representatives, and influencers, who appreciated the culturally relevant and interactive approach. Participant feedback collected through exit interviews reflected strong community interest and positive impact.





Young Omang Youth Project

Through Young Omang Youth Project which aimed to strengthen youth-centered health services and advocacy, orientation sessions were conducted with 4 key civil society organizations (CSOs): namely Center for Social Development (CSD), Society for Mobilization Advocacy and Justice (SMAAJ), ECO-Hope Trust, and Youth Employability Network (YEN).

To build the technical capacity of these organizations, a comprehensive series of capacity-building workshops was organized, engaging 48 participants from the selected CSOs. These sessions focused on Youth-Friendly Health Services (YFHS), Sexual and Reproductive Health and Rights (SRHR), and Life Skills-Based Education (LSBE). The workshops aimed to:

- Strengthen participants' knowledge and understanding of YFHS and SRHR,
- Enhance their comfort and confidence in addressing sensitive youth issues, and
- Equip them with strategies to effectively integrate these components into their ongoing programs and service delivery.

Advocacy Campaign on Youth-Friendly Health Services (YFHS)

To address the barriers young people, face in accessing quality Youth-Friendly Health Services (YFHS), selected civil society organizations (CSOs) spearheaded a dynamic advocacy campaign across target communities. These CSOs took a multi-pronged approach that includes community awareness, youth engagement, policy advocacy, and partnerships with national stakeholders.

The campaign is focused on:

- Raising awareness among 1000 families and communities about the importance and benefits of Life Skills-Based Education (LSBE) and the critical role of YFHS in supporting youth health and development.
- Empowering 2000 adolescents and young people by actively involving them in sexual and reproductive health (SRH) education workshops, enabling them to make informed decisions about their health and well-being.
- Advocating for policy-level changes to strengthen the availability, accessibility, and quality of youth-centered health services.
- Building collaborative networks between CSOs, government agencies, and other national actors to ensure the sustainability and institutionalization of youth-focused health services.

Through these strategic efforts, the campaign aims to bridge the gap between young people and essential health services, promote their rights to information and care, and contribute to healthier, more empowered youth communities across Pakistan.



1,000
Families and
Communities
Reached



2,000
Adolescents and
Young People
Empowered



KATO Women Development Centers

Promoting economic empowerment of women is one of the key components of a women empowerment program. Improved economic status of women leads to an increased role in decision making, improved confidence and mobility and most of all better living conditions of the center household. In the light of this, Rahnuma FPAP established three KATO Women Development Centers at Quetta, Haripur and Azad Jammu and Kashmir which are providing an effective platform for marginalized women of these underserved areas to learn and market their skills leading to enhancement of their economic status in families. This has proven to be an effective strategy in reaching out to women who otherwise would be inaccessible. The program benefitted 2,500 women.



Enhancing Institutional Systems and Healthcare Staff Capacity for Improved Health Care Outcomes



Contraceptive Quantification Capacity Assessment (QCA) in Sindh & Balochistan

As part of efforts to strengthen FP commodity security and supply chain management, Rahnuma-FPAP, in collaboration with UNFPA Pakistan, initiated the Quantification Capacity Assessment (QCA) in Sindh and Balochistan. Supported by a technical consultant, the QCA assessed the maturity of existing practices, identified system gaps, and generated evidence-based recommendations to improve FP commodity forecasting, quantification, and inventory management across public and private sector stakeholders. The assessment successfully engaged key stakeholders from Population Welfare Department (PWD), Health and Population Department, UNFPA, and development partners, reflecting strong inter-sectoral collaboration.



Nationwide Training on New and Lesser Used (NLU) Contraceptives-Implanon-NXT

To improve contraceptive services, Rahnuma-FPAP, with technical and financial support from UNFPA, trained 218 government healthcare providers from PWD and DOH on New and Lesser Used (NLU) long-acting reversible contraceptives (LARCs), specifically Implanon-NXT. The trainings were organized across 36 districts of Pakistan including in Gilgit-Baltistan, and Azad Jammu & Kashmir, ensuring a wide geographical coverage.

The three-day training included theoretical instruction on counseling, insertion techniques, side-effect management, and client follow-up protocols, followed by a one-day hands-on clinical practicum delivered through mobile outreach camps.

Standardized Training Package – DMPA-SC & Implanon-NXT

A standardized and competency-based training package on new and lesser-used reproductive health commodities, including DMPA-SC and Implanon-NXT, was developed to strengthen the capacity of mid-level healthcare providers and community-based workers. The package was comprehensively reviewed and endorsed by Rahnuma-FPAP and UNFPA, subsequently printed, and disseminated for nationwide implementation and use.

Implanon Training in Lahore (Punjab)

Rahnuma-FPAP Punjab Region conducted a three-day training on Implanon for 13 Health Department providers. The session included remarks by Ms. Samina Ashraf (Regional Director Punjab), Ms. Hasna Batool (UNFPA), and Dr. Bilal (IRMNCH), highlighting the importance of family planning and provider capacity building.



FP&SRH Training in Swat (Khyber Pakhtunkhwa)

Rahnuma-FPAP, in collaboration with DoH and PWD KP, held a training workshop in Mingora, Swat, focusing on FP & SRH and Long-Acting Reversible Contraceptives (LARC). The initiative aimed to improve quality, rights-based family planning services in the province.



BEmONC Training in Attock & Rawalpindi

Under the DAHLAR project, two batches of a five-day trickle-down training on Basic Emergency Obstetric and Newborn Care (BEmONC) for Lady Health Visitors and Midwives were conducted in Districts Attock and Rawalpindi, training 50 participants. Clinical protocols on emergency obstetric and neonatal care were rolled out in both districts.



LMIS Helpdesk & Digital Health Strengthening Trainings

Capacity-building sessions were conducted for federal and provincial government staff to strengthen the Logistics Management Information System (LMIS) helpdesk and digital health systems. The trainings focused on technical operations, troubleshooting, escalation protocols, and supply chain data management to improve contraceptive commodity security nationwide.



MVA & LARCK Training - Nursing College (Punjab Muzaffargarh)

A three-day Manual Vacuum Aspiration and Long-Acting Reversible Contraception workshop was conducted in collaboration with Ipas, inaugurated by Dr. Zubair (DMLO Muzaffargarh). The training strengthened providers' skills and improved access to quality reproductive health services.



Sindh Training on NLU Contraceptives:

In partnership with the Population Welfare Department Sindh, Rahnuma-FPAP organized a three-day training on Implanon-NXT and DMPA-SC (Sayana Press), led by PWD Master Trainers to build provider expertise in new contraceptive methods.



Strengthening Skills, Expanding Access: Sindh Badin (Thalassemia Care Center)

Rahnuma-FPAP Sindh Region, under the Ipas-funded project, held a three-day hands-on training on Manual Vacuum Aspiration (MVA) and Long-Acting Reversible Contraceptives (LARC) for public and private healthcare providers to enhance family planning and reproductive health capacity.





Chapter 3:

Driving Change

Through FP2030 Partnerships and Advocacy

Building Momentum for FP2030

Strengthening Partnerships, Advocacy, and Accountability

In 2025, Rahnuma Family Planning Association of Pakistan continued to play a pivotal role in advancing Pakistan's FP2030 commitments through strategic coordination, technical leadership, and multi-stakeholder engagement at national and provincial levels. Working in close collaboration with United Nations Population Fund, government institutions, civil society organizations (CSOs), youth networks, and development partners, Rahnuma-FPAP strengthened advocacy, accountability, and policy dialogue to accelerate progress on family planning (FP) and reproductive health (RH) priorities across Pakistan.

The organization facilitated a series of consultations, orientation sessions, coalition meetings, and technical discussions to strengthen coordination mechanisms and enhance stakeholder ownership of FP2030 commitments. These initiatives contributed to improving policy coherence, expanding youth participation, and reinforcing evidence-based advocacy for reproductive health and population-related priorities.

Strengthening Provincial CSO Coalitions

To strengthen civil society engagement in monitoring FP2030 and Council of Common Interest (CCI) commitments, Rahnuma-FPAP organized orientation sessions on the Progress Monitoring Scorecard for CSOs in Quetta, Lahore, and Peshawar. These sessions aimed to build the capacity of civil society partners to monitor policy implementation, track progress, and contribute to evidence-based advocacy at provincial and national levels.

In addition, Rahnuma-FPAP convened six bi-annual Provincial CSO Coalition meetings across Punjab, Balochistan, and Khyber Pakhtunkhwa. The meetings provided an important platform for dialogue, coordination, and strategic planning among civil society stakeholders working on FP and RH issues.

Key Achievements

- Orientation sessions on the Progress Monitoring Scorecard conducted in Lahore, Quetta, and Peshawar.
- Bi-annual coalition meetings held in Punjab, Balochistan, and Khyber Pakhtunkhwa.
- Provincial CSO Action Plans developed to guide advocacy priorities for 2026.
- Digital coordination mechanisms, including WhatsApp groups, established to strengthen communication among coalition members.
- Structured Terms of Reference (ToRs) developed to institutionalize coalition functions and improve sustainability.

The coalition meetings strengthened partnerships among CSOs and promoted coordinated advocacy efforts to address population growth challenges, improve access to FP services, and enhance reproductive health outcomes in underserved communities.



FP2030 CSOs and Youth Working Group Meetings

Rahnuma-FPAP also played a leading role in mobilizing youth networks and civil society organizations through the FP2030 CSOs and Youth Working Group. Quarterly meetings were organized in Peshawar, Islamabad, and Lahore, bringing together youth advocates, policymakers, development partners, and technical experts to review progress on FP2030 commitments and identify future priorities.

These meetings emphasized the importance of youth engagement, inclusive programming, and integrated approaches to improve access to FP and RH services nationwide. Participants exchanged experiences, shared best practices, and discussed innovative strategies to strengthen advocacy and accountability mechanisms.

Highlights of the Quarterly Meetings

- Strengthened coordination among CSOs and youth groups working in underserved districts (Peshawar).
- Promoted national-level alignment on FP2030 priorities and expanded youth participation in program planning (Islamabad).
- Supported advocacy initiatives, including the "Made Possible by FP" campaign and dialogue on contraceptive tax reforms (Islamabad).



- Highlighted global learnings from ICFP 2025, including digital innovation, self-care technologies, artificial intelligence, and private sector engagement (Lahore).

The meetings reinforced the importance of collaborative advocacy, evidence-based programming, and youth leadership in achieving Pakistan's FP2030 goals.

Technical Support for the Costed National Action Plan (2025–2030)

With the support of United Nations Population Fund, Rahnuma-FPAP provided technical assistance to the Government of Pakistan for the revision and costing of the National Action Plan (NAP) 2025–2030 on Family Planning, including the development of the updated Costed Action Plan (CAP).

A national consultant was engaged to lead the assignment, and a series of provincial consultations were organized in Punjab, Sindh, Balochistan, and Khyber Pakhtunkhwa, followed by a national-level consultation in Islamabad. The consultations brought together representatives from government departments, development partners, academia, media, civil society organizations, and technical experts.

The consultative process focused on ensuring that the revised action plan remained evidence-based, financially feasible, and aligned with national and provincial priorities. The initiative also strengthened coordination among



stakeholders and promoted sustainable financing approaches for FP and RH programming in Pakistan.

Advancing Midwifery Leadership in Punjab

Rahnuma-FPAP continued supporting the operationalization of the Punjab Midwifery Strategic Framework through the Midwifery Technical Working Group, which serves as a provincial technical advisory body.

The Punjab Midwifery Action Plan remained under implementation throughout 2025, contributing to improvements in midwifery education, professional regulation, and clinical practice standards across the province. The initiative aimed to strengthen the role of skilled midwives in maternal and newborn healthcare services and support broader reproductive health outcomes in Punjab.

VOICES for CHANGE

Inspiring Communities Through Global Advocacy Days

Every voice has the power to spark change. Through global advocacy days, we unite communities, raise awareness and drive collective action for a better tomorrow.

Community Participation

245+ Awareness Sessions

78,500+ Communities Reached

62% Female Participation

245+ Youth Mobilized

78,500+ Social Media Reach

62% Volunteers Engaged

Every awareness day became a platform for *Hope, Dialogue, and community Action*

Throughout 2025, Rahnuma-FPAP actively commemorated key international and national days to promote health, rights, gender equality, youth empowerment, and population well-being across Pakistan. These occasions served as important platforms to engage communities, strengthen advocacy efforts, and amplify voices for positive social change.

International Women's Day 2025 was observed through seminars, awareness walks, and community engagement sessions highlighting women's rights, gender equality, prevention of gender-based violence, and the importance of empowering women and girls to live with dignity, safety, and equal opportunities.

On World Population Day 2025, Rahnuma-FPAP participated in a high-level event organized by the Government of Balochistan under the global theme "Empowering Young People to Create the Families They Want in a Fair and Hopeful World." The event emphasized the need for investing in youth and ensuring equitable access to reproductive health information and services.

Rahnuma-FPAP also commemorated World Contraception Day and World AIDS Day in collaboration with government departments and development partners to raise awareness on family planning, HIV prevention, stigma reduction, and access to quality healthcare services.

Youth Internship Program 2025 in collaboration with academic institutions

In addition, the organization launched the Youth Internship Program 2025 in collaboration with academic institutions, providing students with practical learning opportunities in leadership, entrepreneurship, office management, fieldwork, and Life Skills-Based Education (LSBE). The initiative reflected Rahnuma-FPAP's continued commitment to nurturing confident, skilled, and socially responsible young leaders for the future.



Theater Performance

To promote community engagement and social dialogue, Rahnuma-FPAP organized interactive theatre performances and community dialogues in Khyber Pakhtunkhwa and Balochistan. Performed in local languages by youth volunteers and professional artists, these sessions addressed critical issues including gender-based violence, domestic abuse, and reproductive health, encouraging meaningful discussions within communities.

Through the Young Omang Youth Project, Rahnuma-FPAP further strengthened youth participation and advocacy for Youth-Friendly Health Services (YFHS). Capacity-building workshops were conducted for youth-led organizations and civil society partners to enhance technical understanding of adolescent and youth SRHR and improve delivery of responsive, inclusive, and non-judgmental health services. The initiative also facilitated policy dialogues and stakeholder engagement forums that brought together youth leaders, parliamentarians, government officials, civil society organizations, and development partners to advocate for greater youth inclusion in health policies and decision-making processes.

Strengthening FP/SRH Care Through Strategic Partnership



Strengthening TB Care through Strategic Partnership:

Rahnuma-FPAP developed a strategic partnership with Mercy Corps to strengthen tuberculosis prevention, diagnosis, and treatment services, alongside improving data reporting and coordination with sub-recipients, and ensuring the provision of free, quality TB diagnostic and treatment services in line with national guidelines and Global Fund support.



Visit of Dr. Luay Shabaneh, Country Representative of UNFPA:

Dr. Luay Shabaneh, Country Representative of UNFPA Pakistan accompanied by the UNFPA Provincial Team, visited the Rahnuma-FPAP Head Office, Regional Office Punjab in Lahore, and Regional Office Balochistan in Quetta. The delegation held a meaningful and forward-looking meeting with Rahnuma-FPAP's representative.



Ensuring Continuity of Care During Flood Emergencies

In response to the devastating floods in South Punjab that have displaced thousands of families, Rahnuma-FPAP, in partnership with the District Government, has set up Flood Relief Camps across Muzaffargarh district. These camps are ensuring that affected communities continue to access family planning and reproductive health services, even in times of crisis.



Collaboration for Care and Dignity

Rahnuma-FPAP Sindh Region convened a meeting of the Reproductive Health Working Group (RHWG) under SPRINT Project in Karachi. The event brought together key stakeholders and development partners including HANDS, Pathfinder International, Willows International, Jhpigo, NCMNH, Sindh Healthcare Commission, Vital Pakistan, MSS, Mezrab, Aahung, and Shirkat Gah fostering collaboration to enhance SRH services in humanitarian settings.

Our Advocacy Journey

at a Glance:



New Diagnostic Center & Pharmacy in Skardu

Rahnuma-FPAP established diagnostic centre & pharmacy at its Family Health Model Clinic and Maternity Home Skardu to strengthen FP & SRH services for marginalized and vulnerable communities.



Pakistan Criminalizes Child Marriage

The Govt. of Pakistan has passed landmark legislation outlawing child and early-age marriages. This historic reform aims to protect girls from adolescent pregnancies and GBV, marking a significant advancement in safeguarding women's rights.



Collective Commitment to Population Stabilization

Punjab Health & Population Department Govt. of Punjab organised Punjab Population Conference bringing together public and private stakeholders for reaffirming its commitment for population.



Parliamentarians Reaffirmed their Commitment to Youth Reproductive Health Rights

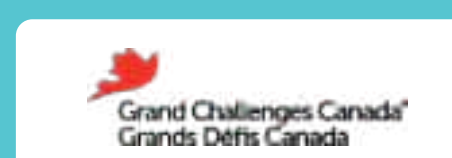
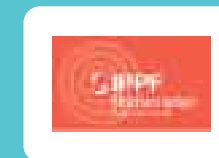
Ms. Shazia Abid, Chairperson Parliamentary Standing Committee on Population Welfare Department (PWD) Punjab reaffirmed her commitment to safeguarding youth rights while advocating for youth-friendly reproductive health information and services at public health facilities in Punjab. She expressed these views during an interactive dialogue with parliamentarians and youth, organized by Rahnuma-FPAP with the support of Chanan Development Association under its Amplify Change (Young Omang) Project.



The Australian Deputy High Commissioner, visited Maternity Home, Skardu

The Australian Deputy High Commissioner, Ms. Nicole Guihot, visited the Rahnuma-FPAP Maternity Home in Skardu to evaluate the Direct Aid Program in Gilgit-Baltistan. The team shared achievements and challenges of the project, engaging with staff and assessing efforts to enhance healthcare access for vulnerable populations. The Australian representatives expressed satisfaction with the project results and reiterated their commitment to future support.

Meet Our Partners





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Lahore-54000, Pakistan
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INDEPENDENT AUDITOR'S REPORT TO THE BOARD OF GOVERNANCE OF RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN

Opinion

We have audited the financial statements of **RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN (THE ASSOCIATION)**, which comprise of the statement of financial position as at December 31, 2025, the income and expenditure statement, the statement of comprehensive surplus, the statement of changes in funds and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of material accounting policy information.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Association as at December 31, 2025, and its financial performance and its cash flows for the year then ended in accordance with the approved accounting and reporting standards as applicable in Pakistan.

Basis for Opinion

We conducted our audit in accordance with the International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the audit of the Financial Statements* section of our report. We are independent of the Association in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

The Management is responsible for the preparation and fair presentation of the financial statements in accordance with the approved accounting and reporting standards as applicable in Pakistan, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Management of the Association is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Association either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee

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that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of the management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

The engagement partner on the audit resulting in this independent auditors' report is Zain ul Arfeen.

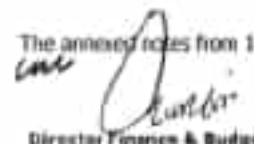
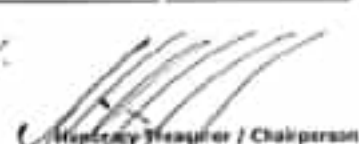
Lahore
Dated: April 30, 2026
UDIN: AR202510832vTBzRmJbr

CROWE HUSSAIN CHAUDHURY & CO.
Chartered Accountants

RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN
STATEMENT OF FINANCIAL POSITION AS AT DECEMBER 31, 2025

	Note	2025 Rupees	2024 Rupees
ASSETS			
Non Current Assets			
Property and equipment	4	296,746,064	373,352,877
Security deposits		1,468,774	1,870,628
Long term loans and receivable	5	718,262	6,708,487
		298,933,100	381,931,987
Current Assets			
Inventory	6	88,641,291	95,471,737
Grant receivable		21,361,338	19,317,773
Other receivables		54,171,489	31,872,051
Accrued profit		306,849	13,288,356
Loans and advances	7	7,304,618	12,209,634
Short term investment	8	800,000,000	800,000,000
Cash and bank balances	9	437,453,124	508,437,170
		1,409,238,709	1,480,696,721
Total Assets		1,708,171,809	1,862,628,708
FUNDS AND LIABILITIES			
FUNDS			
Unrestricted Funds			
General fund	10	889,814,204	894,272,212
Restricted Funds			
Sustainability fund	11	72,451,879	72,451,879
Benevolent fund	12	28,165,269	29,466,584
Asset replacement fund	13	23,951,730	22,844,861
Zakat fund	14	1,033,178	1,053,073
General inventory fund	15	26,853,171	29,884,200
Medicine inventory fund	16	22,505,801	11,209,452
		175,962,228	165,311,249
		1,064,876,432	1,059,583,461
LIABILITIES			
Non Current Liabilities			
Staff gratuity payable	17	142,678,971	223,241,441
Deferred grants	18	296,746,065	373,352,875
		439,425,036	596,594,316
Current Liabilities			
Grants relating to income	19	90,914,580	92,553,029
Accounts payable	20	112,955,761	113,889,902
		203,870,341	206,442,931
Contingencies and Commitments	21		
		1,708,171,809	1,862,628,708

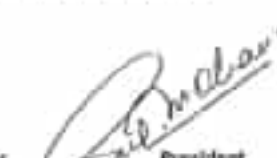
The annexed notes from 1 to 33 form an integral part of these financial statements.

 Director Finance & Budget
  Chief Executive Officer
  President
  Honorary Treasurer / Chairperson

RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN
INCOME AND EXPENDITURE STATEMENT
FOR THE YEAR ENDED DECEMBER 31, 2025

	Note	2025 Rupees	2024 Rupees
Income			
Grant income	22	616,860,753	680,827,725
Program income	23	573,837,450	474,498,077
Other income	24	185,664,427	242,925,869
		1,376,362,630	1,398,251,671
Expenditure			
Direct project expenses	25	(1,152,288,990)	(1,224,719,584)
Administrative expenses	26	(160,543,418)	(137,054,979)
Depreciation	4	(83,168,371)	(77,441,168)
		(1,396,000,785)	(1,439,215,731)
Deficit before Taxation		(19,638,155)	(40,964,060)
Taxation	27	-	-
Net Deficit for the Year		(19,638,155)	(40,964,060)

The annexed notes from 1 to 33 form an integral part of these financial statements.

 Director Finance & Budget
  Chief Executive Officer
  President
  Honorary Treasurer / Chairperson

RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN
STATEMENT OF COMPREHENSIVE SURPLUS
FOR THE YEAR ENDED DECEMBER 31, 2025

	2025 Rupees	2024 Rupees
Net Deficit for the Year	(19,638,155)	(40,964,000)
Other Comprehensive Income		
<i>Items that will not be reclassified to income and expenditure</i>		
Experience adjustment on remeasurement of staff retirement benefits	18,670,797	35,093,679
<i>Items that may be reclassified subsequently to income and expenditure</i>		
Other comprehensive surplus for the year	18,670,797	35,093,679
Total Comprehensive Deficit for the Year	<u>(967,358)</u>	<u>(5,870,381)</u>

The annexed notes from 1 to 33 form an integral part of these financial statements.

Car


 Director Finance & Budget


 Chief Executive Officer


 President


 Honorary Treasurer / Chairperson

RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN
STATEMENT OF CHANGES IN FUNDS
FOR THE YEAR ENDED DECEMBER 31, 2025

Particulars	Unrestricted Fund	Restricted Funds					Total
	General Fund	Sustainability Fund	Benevolent Fund	Asset Replacement Fund	Zakat Fund	General Inventory Fund	Medicine Inventory Fund
	Rupees	Rupees	Rupees	Rupees	Rupees	Rupees	Rupees
Balance as at December 31, 2023	902,924,133	72,451,079	31,084,807	35,741,341	1,121,322	30,560,411	25,235,446
Net deficit for the year	(40,964,000)	-	-	-	-	-	-
Other comprehensive surplus for the year	35,093,679	-	-	-	-	-	-
Total comprehensive deficit for the year	<u>(5,870,381)</u>	-	-	-	-	-	-
Transfer of grant	(2,701,740)	-	-	2,701,740	-	-	-
Receipt of restricted grant	-	-	-	-	-	64,384,176	43,059,804
Disbursement / adjustment of restricted grant	-	-	(1,618,223)	(18,476,238)	(50,249)	(65,860,381)	(57,085,798)
Balance as at December 31, 2024	894,272,212	72,451,079	29,466,584	22,046,861	1,053,073	29,084,200	11,209,452
Net deficit for the year	(19,638,155)	-	-	-	-	-	-
Other comprehensive surplus for the year	18,670,797	-	-	-	-	-	-
Total comprehensive deficit for the year	<u>(967,358)</u>	-	-	-	-	-	-
Transfer of grant	(3,490,650)	-	-	3,490,650	-	-	-
Receipt of restricted grant	-	-	-	-	50,000	51,421,838	68,122,020
Disbursement / adjustment of restricted grant	-	-	(1,301,315)	(1,585,781)	(67,836)	(53,652,867)	(56,775,631)
Balance as at December 31, 2025	889,814,204	72,451,079	28,165,269	23,951,720	1,035,178	26,853,171	23,685,801
	<u>(19,638,155)</u>	-	-	-	-	-	-
	<u>18,670,797</u>	-	-	-	-	-	-
	<u>(967,358)</u>	-	-	-	-	-	-
	<u>(3,490,650)</u>	-	-	3,490,650	-	-	-
	-	-	-	-	50,000	51,421,838	68,122,020
	-	-	(1,301,315)	(1,585,781)	(67,836)	(53,652,867)	(56,775,631)
	<u>889,814,204</u>	<u>72,451,079</u>	<u>28,165,269</u>	<u>23,951,720</u>	<u>1,035,178</u>	<u>26,853,171</u>	<u>23,685,801</u>
	<u>(19,638,155)</u>	-	-	-	-	-	-
	<u>18,670,797</u>	-	-	-	-	-	-
	<u>(967,358)</u>	-	-	-	-	-	-
	<u>(3,490,650)</u>	-	-	3,490,650	-	-	-
	-	-	-	-	50,000	51,421,838	68,122,020
	-	-	(1,301,315)	(1,585,781)	(67,836)	(53,652,867)	(56,775,631)
	<u>889,814,204</u>	<u>72,451,079</u>	<u>28,165,269</u>	<u>23,951,720</u>	<u>1,035,178</u>	<u>26,853,171</u>	<u>23,685,801</u>
	<u>(19,638,155)</u>	-	-	-	-	-	-
	<u>18,670,797</u>	-	-	-	-	-	-
	<u>(967,358)</u>	-	-	-	-	-	-
	<u>(3,490,650)</u>	-	-	3,490,650	-	-	-
	-	-	-	-	50,000	51,421,838	68,122,020
	-	-	(1,301,315)	(1,585,781)	(67,836)	(53,652,867)	(56,775,631)
	<u>889,814,204</u>	<u>72,451,079</u>	<u>28,165,269</u>	<u>23,951,720</u>	<u>1,035,178</u>	<u>26,853,171</u>	<u>23,685,801</u>
	<u>(19,638,155)</u>	-	-	-	-	-	-
	<u>18,670,797</u>	-	-	-	-	-	-
	<u>(967,358)</u>	-	-	-	-	-	-
	<u>(3,490,650)</u>	-	-	3,490,650	-	-	-
	-	-	-	-	50,000	51,421,838	68,122,020
	-	-	(1,301,315)	(1,585,781)	(67,836)	(53,652,867)	(56,775,631)
	<u>889,814,204</u>	<u>72,451,079</u>	<u>28,165,269</u>	<u>23,951,720</u>	<u>1,035,178</u>	<u>26,853,171</u>	<u>23,685,801</u>
	<u>(19,638,155)</u>	-	-	-	-	-	-
	<u>18,670,797</u>	-	-	-	-	-	-
	<u>(967,358)</u>	-	-	-	-	-	-
	<u>(3,490,650)</u>	-	-	3,490,650	-	-	-
	-	-	-	-	50,000	51,421,838	68,122,020
	-	-	(1,301,315)	(1,585,781)	(67,836)	(53,652,867)	(56,775,631)
	<u>889,814,204</u>	<u>72,451,079</u>	<u>28,165,269</u>	<u>23,951,720</u>	<u>1,035,178</u>	<u>26,853,171</u>	<u>23,685,801</u>

The annexed notes from 1 to 33 form an integral part of these financial statements.


 Director Finance & Budget


 Chief Executive Officer


 President

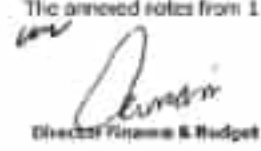
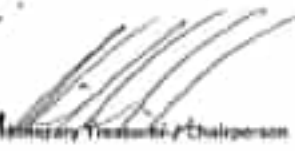

 Honorary Treasurer / Chairperson

Page 5 of 21

RAHNUMA FAMILY PLANNING ASSOCIATION OF PAKISTAN
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED DECEMBER 31, 2025

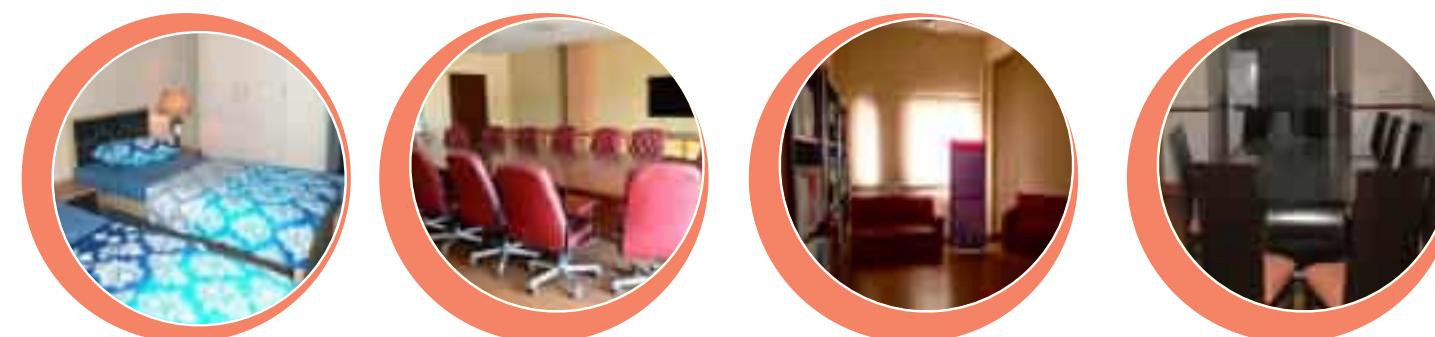
	Note	2025 Rupees	2024 Rupees
Cash Flows from Operating Activities			
Deficit before taxation		(19,636,135)	(40,964,060)
Adjustments for:			
- Depreciation on property and equipment	4	83,168,371	77,441,168
- Gain on disposal of property and equipment	24	(3,490,650)	(2,781,740)
- Amortization of fixed assets fund	22	(83,168,371)	(77,441,168)
- Post employment benefit obligations	17	46,043,552	89,702,979
- Exchange (gain) / loss		(19,018)	1,707,210
- Adjustment of restricted fund		(110,370,538)	(122,946,179)
- Interest income on investment and saving accounts	14	(182,128,109)	(239,745,101)
Deficit before working capital changes		(269,610,910)	(315,027,791)
Working capital changes			
(Increase) / decrease in current assets:			
- Receivables		(24,243,083)	87,105,342
- Advances to employees		1,147,853	(2,358,783)
- Inventory		6,030,446	74,979,893
- Security deposits		(442,000)	-
(Decrease) / increase current liabilities:			
- Accounts payable		(2,034,683)	(25,624,616)
- Deferred income / grant		14,140,822	14,976,856
		(4,600,485)	149,077,892
Cash used in operations		(274,211,403)	(165,949,899)
Gratuity paid	17	(106,834,763)	(52,370,769)
Receipt of restricted fund		119,593,858	107,443,574
Security deposits - net		401,854	50,508
Benevolent fund	12	(1,301,315)	(1,619,273)
Zakat fund	14	(67,895)	(50,249)
Net Cash Used in Operating Activities		(262,419,664)	(112,502,666)
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of property and equipment	4	(17,365,049)	(130,912,235)
Proceeds from disposal of property and equipment		3,490,650	2,781,740
Investments made - net	8	-	(100,800,000)
Receipt from special saving and deposit accounts		195,189,616	234,837,567
Long term loans and receivable - net	5	10,181,383	(5,554,912)
Net Cash Generated from Investing Activities		191,416,600	1,152,160
CASH FLOWS FROM FINANCING ACTIVITIES			
Decrease in Cash and Cash Equivalents		(71,003,064)	(111,350,506)
Net foreign exchange difference on cash and cash equivalents		19,018	(818,028)
Cash and cash equivalents at the beginning of the year		508,437,170	620,605,704
Cash and Cash Equivalents at the End of the Year		437,453,124	508,437,170

The annexed notes from 1 to 33 form an integral part of these financial statements.

 Director Finance & Budget
  Chief Executive Officer
  President
  Secretary Treasurer / Chairperson



Rahnuma Training Institute (RTI) Lahore



A fully functional facility with all amenities of a modern live-in-training centre

Maintaining High Quality Standards:

- 14 standard rooms of 28 beds capacity
- TVs/ACs and Refrigerators facility in standard rooms

Affordable Expert Care and Comfort:

- 9 Executive rooms of 11 beds capacity
- LCDs and ACs facility in executive rooms

- 2 air conditioned training halls with option to merge both to create seating capacity of about more than 50 Participants
- Audio, Visual, Multimedia, LED facilities in training halls
- 1 Executive Conference Room
- 2 Rooms for Groups Work
- 1 Room with Training Tools/Kits/Models/IP etc.
- 2 Dining halls
- 1 Office Rooms
- Medical store
- Canteen
- One resource centre (RH related books, training manuals, IEC material, training material)
- Internet facility
- 3 Laundry systems one for each hostel
- Elevator
- UPS
- 2 Generators: 50KVA & 25KVA