

Highlights!

- 
15,653 zero-dose and under-immunized children get vaccinated in Punjab.
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30,427 clients reached through humanitarian interventions in flood-affected districts of Punjab and Gilgit-Baltistan.
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119 healthcare and protection staff trained on PSEA and PFA to strengthen Punjab's emergency preparedness and response capacity.
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Our Strategic Partners support marginalized communities to gain access to essential healthcare and diagnostic services through installation of GeneXpert machine, expansion of OPD services and CVA.
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Advocacy for Change Rahnuma-FPAP advocates for youth engagement and women empowerment for communities to grow at FP2030 working group meeting and policy workshop.









Protecting Every Child through Immunization

Rahnuma-FPAP delivers vaccines to 4,080 zero-dose and 11,573 under-immunized children in Punjab!

Through the support of Gavi, the Vaccine Alliance, and in partnership with SPHERE Consultants, Rahnuma-FPAP made significant achievement in reaching out zero-dose and missed children – ensuring improved vaccination coverage in Punjab.

Community support group meetings were conducted to raise awareness, address misinformation, and mobilize parents and caregivers to ensure that the children are fully vaccinated. During the meetings, Lady Health Workers and community volunteers were encouraged to actively conduct mapping of unvaccinated and missed children, ensure parental consent, and strengthen referral mechanisms to EPI static centers. The field teams also raised awareness on HPV vaccine to help protect the adolescent girls from cervical cancer.

Quarterly Immunization Highlights (January to March 2026)

Target Group	Vaccines Administered
 Children aged 0-11 months	64,135
 Pregnant Women	12,197
 Children aged 12-23 months	14,662
 Zero-dose Children	4,080
 Under-Immunized Children	11,573
 HPV Vaccine	658

Humanitarian Response for Flood-Affected Communities

Rahnuma-FPAP Continues its Humanitarian Efforts for the Vulnerable Flood-Affected Communities in Punjab and Gilgit-Baltistan with UNFPA's Support!



In Punjab's Rajanpur district, Sexual and Reproductive Health (SRH), and Mental Health and Psychosocial Support (MHPSS) coverage in remote and riverine areas were expanded through a combination of one static health facility (DHQ Rajanpur) and two Mobile Service Units (MSUs). In Tehsil Alipur of district Muzaffargarh, service provision continued through deployment of four MSUs, three public health facilities, and a Women and Girls Friendly Space (WGFS) in THQ Alipur.

Rahnuma-FPAP's clinical services were complemented by distribution of different kits. These kits addressed the immediate menstrual hygiene, maternal and reproductive health needs of flood-affected women, girls, and newborns. Additionally, two coordination meetings were organized in Rajanpur, bringing together the

District Disaster Management Authority (DDMA), District Health Department, Social Welfare Department, Women Protection authorities, and civil society organizations. The platform enabled participants to strengthen referral pathways and survivor-centered approaches during flood crisis.

In Gilgit-Baltistan, Rahnuma-FPAP established two WGFS in Skardu and Ghanche districts to provide safe spaces, SRH and FP services, dignity kits, mental health and psychosocial support services, and GBV support and referrals to flood-affected and vulnerable women and girls.

Group counselling sessions were conducted addressing trauma, anxiety, stress, and flood-related psychosocial needs, whereas, one-to-one counselling addressed high-risk and complex psychosocial cases.

Strengthening Emergency Preparedness and Response



Training of Healthcare Staff on PSEA, Psychological First Aid, and MISP/SRH in Emergencies

Facilitated by UNFPA, Rahnuma-FPAP trained 119 healthcare and protection staff from the flood-affected districts of Multan, Muzaffargarh, Rajanpur, and Rahimyar Khan on Prevention of Sexual Exploitation and Abuse (PSEA) and Psychological First Aid (PFA), Minimum Initial Service Package (MISP) and Sexual and Reproductive Health (SRH) in Emergencies. The training strengthened frontline workers capacity to provide safe, ethical, and timely SRH and psychological support to affected communities, particularly women and children. The sessions emphasized coordination between health and protection teams to ensure integrated service delivery in humanitarian settings.

Empowering Women, Strengthening Communities!

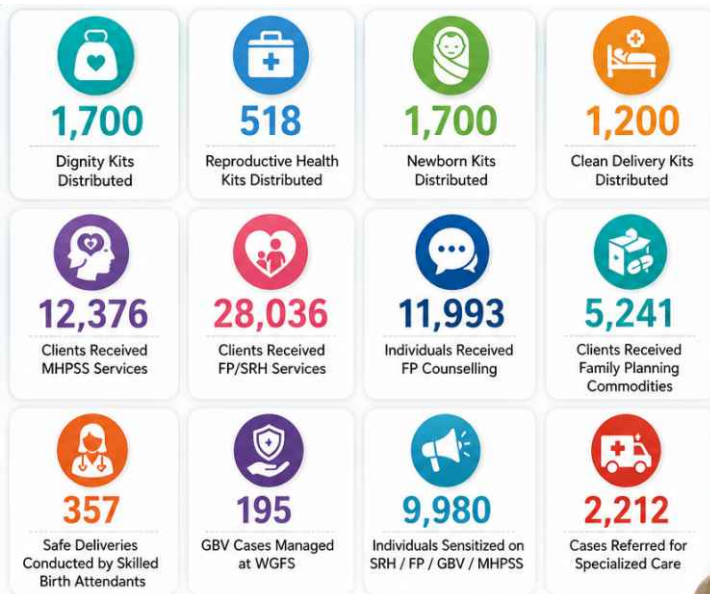


Rahnuma-FPAP commemorated International Women's Day across Pakistan under the global theme "Give to Gain", reaffirming its commitment to recognizing contributions of women towards society and giving them the opportunities to lead, inspire, and shape a better future for all. Across Family Health Clinics and Women & Girls Friendly Spaces, awareness sessions and interactive sessions were held emphasizing the rights of women to healthcare, reproductive health, mental well-being, education, dignity, equal opportunities, and access to safe spaces.

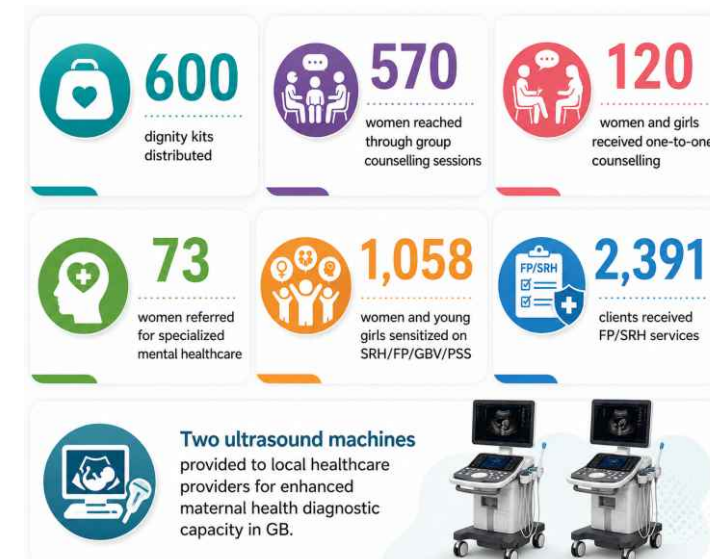
"Women are the cornerstone of every society. In order for the communities to grow and succeed, it is essential that we empower the women in our workplaces and in our homes, and give them the due respect and the credit they deserve."

Zahid Ali,
CEO Rahnuma-FPAP

Key Achievements (Punjab)



Key Achievements (Gilgit-Baltistan)



Enhancing Mental Health Services in GB

With the support of Mental Health Strategic Planning & Coordination Unit (MHSP&C Unit), Rahnuma-FPAP successfully trained 68 community volunteers and 19 Primary Care Physicians using mhGAP tools for mental health management in GB. By building the local capacity, the model strengthened referral systems connecting WGFS, Hamdard Force volunteers, PCPs, and specialized mental health services, and enhanced maternal health support and access to reproductive health services through integration within primary healthcare.

Strategic Partnerships Driving Better Healthcare



Installation of GeneXpert machine at FHH Gilgit

In partnership with Marie Adelaide Leprosy Centre (MALC) and with the support of Mercy Corps, Rahnuma-FPAP launched free treatment, medicines, and diagnostic testing facilities for tuberculosis (TB) patients at its Family Health Hospital (FHH), Gilgit. An inauguration ceremony was held with Dr. Saleemuddin, Director General Health as the chief guest, alongside participation of representatives from various government and non-government organizations.



Expanding OPD Services in AJK

Rahnuma-FPAP formed strategic partnership with Basit Diagnostic Center (BDC) to extend outpatient services through its Family Health Model Clinic in AJK. The initiative aims to improve healthcare access for underserved communities who face barriers in accessing timely medical care. The partnership promotes efficient use of local resources, reducing services gaps while contributing to sustainable service delivery.



Strengthening FP/SRH Services through Cash and Voucher Assistance

Rahnuma-FPAP and Islamic Relief Pakistan signed an MoU under UNFPA's Cash and Voucher Assistance (CVA) project to strengthen FP & SRH Services, including safe deliveries, C-sections, transportation, and referral mechanisms. The partnership emphasizes on ensuring timely, accountable, and equitable healthcare access for vulnerable populations.

Bridging Access to Essential Healthcare



Ultrasound Mobile Camps Bring Diagnostic Services Closer to Communities

Rahnuma-FPAP initiated regular ultrasound mobile camps in Chakwal to improve access to essential diagnostic services in underserved and remote areas. During the first quarter of 2026, a qualified doctor from Rahnuma-FPAP's Family Health Model Clinic (FHMC) in Chakwal conducted 13 ultrasound mobile camps, providing services to 167 patients at highly subsidized and affordable cost.

The initiative significantly reduced travel costs for vulnerable populations, enabled the remote communities to gain access to specialist consultations closer to their homes, enhanced early diagnosis, and improved maternal and child health outcomes.



Strengthening Emergency Care at Family Health Hospital Lahore

Rahnuma-FPAP operationalized medical emergency services at its Family Health Hospital Lahore, improving its emergency response capacity. The initiative enhanced the hospital's ability to manage emergency cases, particularly minor trauma patients and short-stay patient management. The step demonstrates our commitment to clinical excellence, teamwork, and patient-centered care.

Advocating for Youth and Women Rights



FP2030 Working Group Meeting Convened in Islamabad

Rahnuma-FPAP organized the 17th National CSOs and Youth FP2030 Working Group Meeting in Islamabad. Supported by UNFPA, the meeting brought together representatives from CSOs, youth networks, government departments, professional bodies, and development partners to review Pakistan's progress on FP2030 commitments, and identified priorities for 2026. The discussions focused on sustainable financing, domestic resource mobilization, policy advocacy, innovation, results-based management (RBM) approaches, expanding public-private partnerships, and strengthening youth engagement in FP initiatives.



Policy Workshop on Youth Development in Balochistan

At a policy workshop on the roadmap for socio-economic development of youth organized by the Directorate of Youth Affairs, Government of Balochistan, Mr. Mushtaq Ahmed, Rahnuma-FPAP's Regional Director Balochistan, highlighted key challenges faced by youth including unemployment, limited healthcare access, lack of Life Skills-Based Education (LSBE), and gaps in FP/SRH services. He emphasized on the need for integrated, youth-centered policies to ensure sustainable development in the province.



Balochistan Commission on the Status of Women Visits Rahnuma-FPAP's Regional Office

The Chairperson of the Balochistan Commission on the Status of Women, Ms. Kiran Baloch visited the Regional Office of Rahnuma-FPAP to review its ongoing interventions, including the Family Health Hospital, Youth Resource Centre, Youth Helpline, Vocational Training Centre, and Women & Girls Friendly Health Spaces (WGFHS). Ms. Baloch acknowledged Rahnuma-FPAP's interventions in the region and reinforced collaboration towards advancing women's health, protection, and economic empowerment in the province.