



Restoring Access Amidst Crisis:

Rahnuma-FPAP Expands Family Planning, Sexual and Reproductive Health, Post-Abortion Care, and Psychosocial Support Services in Climate-Induced Humanitarian Emergency Districts of Khyber Pakhtunkhwa and Punjab

Through the support of Ipas, Rahnuma-FPAP organized 150 mobile medical camps in Buner, Mansehra, Muzaffargarh and Rajanpur, reaching 9,042 clients, including 11 persons with disabilities, 2,641 FP consultations and 152 PAC clients. Community engagement remained a key component as 217 community awareness sessions were conducted, educating 4,849 participants on reproductive health, hygiene, and gender equality. Rahnuma-FPAP also distributed 478 dignity kits and 378 clean delivery kits, supporting safe maternal care and dignity of vulnerable populations. Additionally, Rapid Needs Assessment (RNA) and coordination meetings with Health Department were conducted to guide service prioritization and strengthen referral pathways.



With additional support from UNFPA, Rahnuma-FPAP deployed 4 Mobile Service Units (MSUs) in Tehsil Alipur, District Muzaffargarh. Through 124 mobile medical camps, the project reached 6,875 clients delivering life-saving emergency obstetric and newborn care (EmONC), GBV, Mental Health and Psychosocial Support (MHPSS), and referral services. The organization further equipped three health facilities, namely, THQ Hospital Alipur, RHC Seet Pur, and RHC Khair Pur Sadat with essential equipment, medicines, and trained staff including Clinical Psychologists, for effective service delivery. Furthermore, a Women and Girls Friendly Space (WGFS) was established in THQ Alipur, offering safe spaces, psychosocial first aid and GBV case management to flood affected women and girls. In District Rajanpur, 60 mobile medical camps and 60 community awareness sessions were conducted, benefitting 3,901 clients, including 1,237 women receiving FP services, and 1,297 clients receiving MHPSS services.



Integrating Reproductive Health into Emergency Response Protocols

Rahnuma-FPAP undertook significant advocacy efforts with Rescue 1122 and District Disaster Management Authorities (DDMAs) in Balochistan for institutionalization of life-saving SRH services, including maternal health, family planning, and GBV response within provincial emergency response protocols, and ensuring post-emergency SRH follow-up care service delivery, strengthening referral pathways, and improving coordination mechanisms during and after emergencies.



Encouraging Male Participation in Reproductive Healthcare:

Rahnuma-FPAP Launches a Targeted Initiative to Increase Men's Awareness and Supportive Involvement in FP, RH, and PAC

Recognizing the importance of male involvement, Rahnuma-FPAP in collaboration with Ipas provided one-day training on SBC tools, FP, and PAC, followed by a virtual orientation on standardized data tools to 36 experienced male social mobilizers in Chakwal and Peshawar (18 per district).

The trained social mobilizers further conducted 144 structured sessions, reaching 2,313 community men. The sessions provided a platform for discussion in order to eradicate myths and promote supportive environment for women's decision regarding their reproductive health.



Strengthening Systems, Transforming Care



Rahnuma-FPAP successfully convenes the 16th quarterly national-level meeting of the CSOs and Youth FP2030 Working Group

The meeting was conducted in order to review Pakistan's progress towards FP2030 commitments, strengthen youth and civil society engagement in FP/SRH programming, advance evidence-based strategies for FP/SRH across the country, foster public-private partnerships, integrate insights from the International Conference on Family Planning (ICFP) 2025, and initiate planning for 2026.



Providing Technical Support to the Government of Pakistan for updating the Costed Action Plan (CAP) on Family Planning

Two-day consultations on CAP for the revised National Action Plan (NAP) 2025–2030 on FP were held across all provinces and at national level with key stakeholders including representatives from government departments. The discussions emphasized evidence-based and financially sound costing exercise, aligned with national and provincial priorities to address population growth challenges.



Initiating Quantification Capacity Assessment (QCA) to Strengthen FP Commodity Security and Supply Chain Management in Sindh & Balochistan

Supported by a technical consultant, the QCA assessed the maturity of existing practices, identified systemic gaps, and generated evidence-based recommendations to improve FP commodity forecasting, quantification, and inventory management across public and private sector stakeholders. The assessment successfully engaged key stakeholders from Population Welfare Department (PWD), Department of Health (DOH), UNFPA, and development partners, reflecting strong inter-sectoral collaboration.



Nationwide Training on New and Lesser Used (NLU) Contraceptives – Implanon-NXT

To improve contraceptive services, Rahnuma-FPAP, with technical and financial support from UNFPA, trained 125 government healthcare providers from PWD and DOH across 35 districts in Pakistan on New and Lesser Used (NLU) long-acting reversible contraceptives (LARCs), specifically Implanon-NXT.

Strengthening TB Care through Strategic Partnership: Free GeneXpert Services at Family Health Hospital

Rahnuma-FPAP developed a strategic partnership with Mercy Corps to strengthen tuberculosis prevention, diagnosis, and treatment services, alongside improving data reporting and coordination with sub-recipients, and ensuring the provision of free, quality TB diagnostic and treatment services in line with national guidelines and Global Fund support. Through this collaboration, a GeneXpert site was established in Family Health Hospital Islamabad to provide free TB testing services – contributing significantly towards improving early detection and access to timely care for the community.



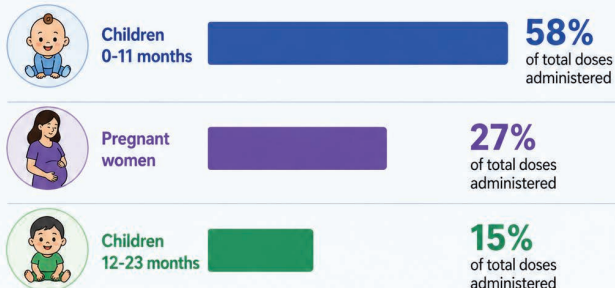
Reaching Every Child: Rahnuma-FPAP Expands Routine Immunization Services

Rahnuma-FPAP made significant strides in vaccine delivery, administering 54,094 doses at 8 project locations in Punjab, namely, Lahore, Faisalabad, Gujranwala, Multan, Rawalpindi, Bahawalpur, Rajanpur, and Dera Ghazi Khan between October to December 2025.

Aligned with EPI priorities, the majority of doses were administered to children aged 0-11 months, followed by pregnant women and children aged 12-23 months



DISTRIBUTION OF DOSES ADMINISTERED



 Focus on the most vulnerable ensures better protection and stronger communities.

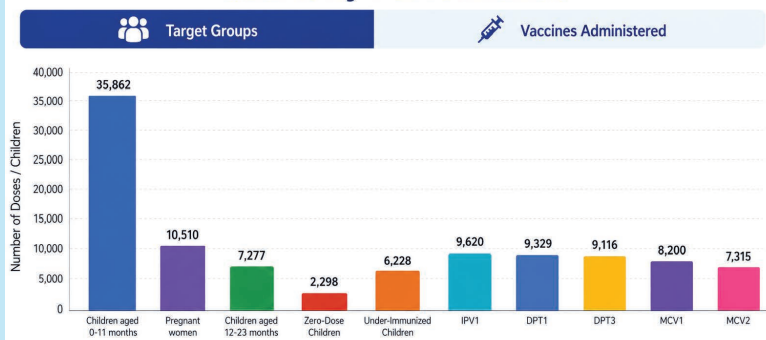
IMMUNIZATION PERFORMANCE – CHILDREN IDENTIFIED



 These results indicate **improved immunization performance**, driving us closer to better protection for every child and a healthier future. 



Quarterly Performance





Rahnuma-FPAP's success in higher-than-anticipated turnout at vaccination centers lies in its strong mobilization as the social mobilizers conducted 62,640 household visits and 49 community support group meetings reaching 731 participants to address misconceptions and increase acceptance of vaccination, particularly for zero-dose and defaulter children in hard-to-reach areas. Rahnuma-FPAP also gave reminders to mothers for follow-up vaccine via WhatsApp, hence improving community trust and ownership.

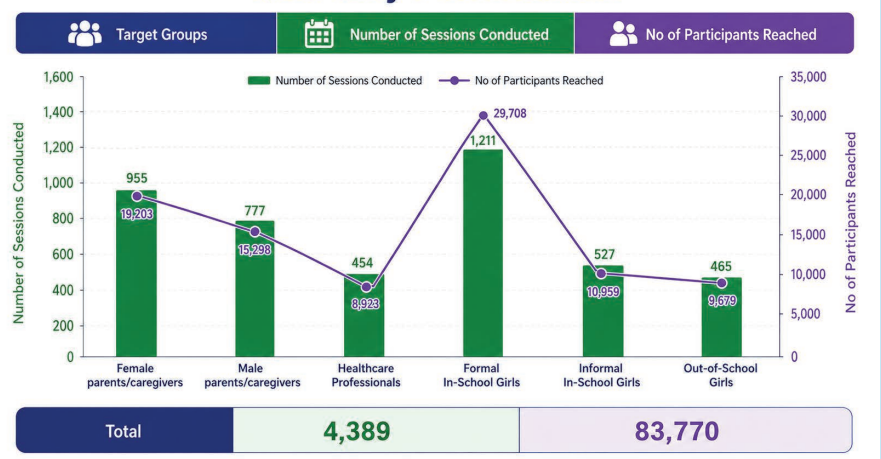
On 27th November, 2025, DHO Faisalabad, Mr. Azmat Abbas Kachi Sahib, paid a surprise visit to Rahnuma-FPAP's Static EPI Centre in UC 249, Faisalabad, acknowledging the organization's effective service delivery and dedication of staff. The program is being implemented in close coordination with Provincial and District EPI teams for smooth functioning of routine immunization programs.

Empowering Girls for Her Healthy Tomorrow: Leading HPV Awareness and Vaccination

As part of the immunization services, Rahnuma-FPAP took a step forward and implemented a large-scale community centered initiative to raise awareness on HPV Vaccine and increase demand generation among girls aged 9-14 across 13 tehsils in five districts of Punjab: Lahore, Faisalabad, Rawalpindi, Multan, and Bahawalpur. Extensive community mobilization sessions were held with parents, healthcare providers, in-school and out-of-school girls, highlighting key information about Human Papillomavirus (HPV), its health risks, prevention strategies, and the importance of timely vaccination and screening. Leveraging its strong footing in the community, Rahnuma-FPAP held a total of 4,389 awareness sessions, while successfully reaching 93,770 participants, achieving 120% of the set target. Through dedicated outreach efforts, Rahnuma-FPAP was able to administer HPV vaccine to 13,382 girls during the national HPV Vaccination campaign in October 2025. The post-campaign advocacy and community mobilization continued to sustain demand for HPV vaccination at static EPI centers.



Quarterly Performance



Rahnuma-FPAP Commemorates World AIDS Day

In coordination with Balochistan AIDS Control Program (BACP), the organization conducted awareness sessions, stakeholder dialogues, and coordination meetings to strengthen collaboration on HIV prevention, reduce stigma, and enhance service delivery interventions across Balochistan



Empowering Youth through Life Skills-Based Education and Counselling Services

Under its Life Skills-Based Education (LSBE) Program, Rahnuma-FPAP empowered 6,173 young people through single LSBE sessions, 1,313 young people through partial LSBE sessions, and 5,959 young people through full LSBE sessions. The sessions educated them on reproductive health, family planning, life skills, and informed decision-making regarding their health and well-being through structured and tiered interventions.

Additionally, Rahnuma-FPAP's Youth Helpline (YHL) provided free SRH counselling services to 2,918 young people through trained counsellors, while ensuring confidentiality.

