



Rahnuma-FPAP Elected New Board of Governance:

Rahnuma-Family Planning Association of Pakistan (Rahnuma-FPAP) successfully conducted elections for key leadership positions during the Board of Governors (BOG) meeting held on 11 August 2025. The process was observed by the Deputy Director, Social Welfare & Bait-ul-Maal, Government of Punjab, along with his team, ensuring smooth, transparent, and democratic proceedings. Following the elections, Mr. Gul Muhammad Khan was elected as President, Prof. Dr. Tazeem Shahbaz as Chairperson, and Mr. Unwan Uddin as Treasurer of Rahnuma-FPAP. The Member/Secretary BOG, together with the senior management team, formally welcomed the newly elected office bearers and extended best wishes as they assume their roles to further advance the organization's mission and impact.

Australian High Commissioner visited Rahnuma-FPAP Family Health Model Clinic Faisalabad:

The Australian High Commissioner to Pakistan, Mr. Neil Hawkins, accompanied by Ms. Dianne Hawkins, Ms. Georga Nonnenmacher (Political Secretary), and Mr. Mateen Amin (Program Officer, Political- Economic), visited Rahnuma-FPAP Family Health Model Clinic (FHMC) in Faisalabad. They were warmly received by Dr. Hafiz Muhammad Fayzan Akhter, Director PMD, along with the Project Coordinator Project Management Office (PMO) Faisalabad and the FHMC team.



Under the patronage of the Provincial EPI, Health and Population Department, Government of Punjab, Rahnuma-FPAP and SPHERE Pakistan have collaboratively launched the Routine Immunization Service Expansion (RISE) project, funded by Gavi, the Vaccine Alliance and managed by Mannion Daniels and Oxford Policy Management (OPM). Through this initiative,

48 Vaccination Centers have been established in densely populated but underserved urban areas across eight districts of Punjab.

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Routine Immunization Service Expansion (RISE) through Public-Private Partnership (PPP)



RISE is a fixed-site immunization service delivery model aimed at improving vaccine coverage in low-performing union councils. Vaccines, cold chain equipment (ILRs), and logistical support are being provided by the Government of Punjab. For the first time in Pakistan, Civil Society Organizations (CSOs) are being formally engaged in immunization service delivery. While the implementation comes with its challenges, the collaboration offers promising outcomes. A key feature of the project is the integration of data into the Government's reporting system—Health Management Information System (HMIS) for Primary Care, supported by Electronic Medical Records (EMR) to ensure transparency and efficiency.



A delegation from the MD-OPM team Karen, Paul, Huma, and others visited one of the Rahnuma-FPAP-managed vaccination sites in Lahore. They were warmly received by Ms. Samina Ashraf, Regional Director Punjab. During the visit, Dr. Hafiz Muhammad Fayzan Akhter, Director PMD, and Dr. Amber, Project Director, discussed key challenges, visit objectives, and strategies to enhance social mobilization and community engagement around the new centers. Dr. Naeem Majeed from SPHERE Pakistan also presented a detailed briefing on the EMR systems being implemented, highlighting their role in enabling real-time, accurate data collection and management.

Gavi, the Vaccine Alliance team, held a review meeting with key CSO stakeholders to plan the introduction of HPV-related activities in Punjab. Hosted by SPHERE Consulting, the session brought together representatives from Rahnuma-FPAP, Rural Education and Economic Development Society, AGAHE, and other partner organizations. The Gavi delegation Mr. Craig Beyerinck, Ms. Emily Kobayashi, and Ms. Manal engaged in constructive discussions, sharing insights and technical expertise to ensure the successful rollout of the initiative. Ms. Huma Khawar from Mannion Daniels also joined the deliberations.

The meeting witnessed the participation of key stakeholders, including representatives from the Gates Foundation, the Ministry of National Health Services, Regulations & Coordination, the Health & Population Department, Government of Punjab, and the Expanded Programme on Immunization (EPI) at both federal and provincial levels.

As part of the broader initiative, Rahnuma-FPAP Punjab Region organized a seminar in Lahore to officially launch the Cervical Cancer Awareness



Campaign and to introduce the Human Papillomavirus (HPV) vaccine. The event served as a collaborative platform that brought together renowned development practitioners, healthcare professionals, and community representatives to discuss the significance of cervical cancer prevention and the integration of HPV vaccination into public health priorities.

The session commenced with a warm welcome by Dr. Hafiz Muhammad Fayzan Akhter, Director PMD, and Ms. Samina Ashraf, Regional Director Punjab, who expressed their gratitude to the distinguished guests for their presence and continued commitment to improving women's health in Pakistan. Among the notable attendees were Dr. Rafia Rafiq (Director, Applied Sciences, Punjab University), Dr. Noor Zamaan (CEO, Phonex), Mr. Mubarak Ali Sarwar (CEO, Agahe), Mr. Saleem Bhatti (Media Communication Coordinator, PPP), Dr. Bashir (Healthcare Provider), and Dr. Umer (Deputy District Health Officer, Health Department).



Quarterly Performance

District	Tehsil	Male parents/ caregivers	Female parents/ caregivers	Healthcare profession nals (LHVs, LHWs)	Out-of-school girls	Formal in-school girls	Informal in-school girls	Total District
		# of Participants	# of Participants	# of Participants	# of Participants	# of Participants	# of Participants	# of Participants
Lahore	Allama Iqbal Town	73	309	0	0	935	0	1317
	DGBT	209	312	0	0	573	30	1124
	Wahgah	100	215	0	0	414	20	769
	Gulberg	212	313	10	23	736	0	1294
	Aziz Bhatti	32	185	10	119	659	0	1005
Faisalabad	City	880	1620	360	60	1820	200	4940
Rawalpindi	Rawalpindi Rural	200	180	105	80	360	60	985
	Taxila	80	180	20	60	500	40	880
Multan	Multan Saddar	40	506	28	0	864	20	1458
	Jalalpur Pirwala	0	190	0	0	289	0	479
	Shujabad	312	379	0	0	146	0	837
Bahawalpur	Bahawalpur Saddar	200	440	20	140	346	140	1306
	Ahmad Pur East	400	200	20	80	560	20	1260
Total		2738	5029	573	562	8202	530	17654





Rahnuma-FPAP Commemorated International Population, Youth, Independence and Contraceptions Days 2025:

To commemorate World Population Day 2025, themed “Empowering Young People to Create the Families They Want in a Fair and Hopeful World,” the Government of Balochistan organized a high-profile event in Quetta. The event was graced by the Honorable Governor of Balochistan, Sheikh Jaffar Khan Mandokhail, as the Chief Guest. Chairman of the Balochistan Revenue Authority (BRA), Mr. Abdullah Khan, also attended the event in a key capacity. Mr. Zafar Ali Buledi, Secretary Population Welfare Department (PWD) Balochistan.

Rahnuma-FPAP celebrated International Youth Day (IYD) 2025 under the theme “Local Youth Actions for the SDGs and Beyond,” underscoring the vital role of youth in advancing community-driven solutions for sustainable development.

Rahnuma-FPAP Commemorated Pakistan Day while reaffirming its commitment to building a Pakistan where every individual enjoys dignity, equality, and access to their rights. Together, let’s strive for a future where health, empowerment, and freedom of choice are the hallmarks of our independence.

Additionally, Population Welfare Department Balochistan, in collaboration with UNFPA and Rahnuma-FPAP, celebrated World Contraception Day with enthusiasm. Speakers highlighted that universal access to contraception is crucial for improving maternal and child health indicators and fostering socio-economic development across Pakistan.

Empowering Youth, Shaping Futures!

Rahnuma-FPAP, in collaboration with academic institutions, launched the Youth Internship Program 2025 to equip young students with practical experience, personal growth opportunities, and leadership development. Spanning 6 to 8 weeks, the program offers hands-on training in office management, field assignments, entrepreneurship, and Life Skills-Based Education (LSBE). This comprehensive learning approach reflects Rahnuma’s commitment to fostering confident, responsible, and skilled young leaders, prepared to make meaningful contributions to their careers and communities.





Rahnuma-FPAP Engages Punjab Assembly Leadership to Advance Population and Rights Agenda in Punjab:

To strengthen parliamentary oversight on population and development issues, Ms. Samina Ashraf, Rahnuma-FPAP Regional Director Punjab held a meeting with Mr. Malik Zaheer Iqbal Channer, Deputy Speaker of the Punjab Assembly, and Mr. Rana Arshad, Member Provincial Assembly (MPA). During the discussion, Ms. Ashraf presented Rahnuma-FPAP's vision and mission, emphasizing the need to address Pakistan's rapid population growth, promote women's rights, and empower young people particularly in humanitarian and underserved contexts. She underscored the importance of political leadership in driving sustainable and rights-based solutions. Both Mr. Channer and Mr. Arshad expressed keen interest in supporting practical and policy-level interventions to address these pressing challenges.



Country Representative UNFPA Pakistan visited Rahnuma FPAP Balochistan:

Mr. Luay Shabaneh, Country Representative UNFPA Pakistan visited Rahnuma-FPAP Regional Office and Family Health Hospital Quetta. During visit Dr. Shabaneh observed the Youth Section, where he engaged with young people and Peer Educators actively involved in awareness and outreach initiatives for LSBE. He also toured the Women and Girls Empowerment Skill Enhancement Center and interacted with the enrolled students, appreciating the efforts being made to build their capacities and improve their livelihoods. Dr. Shabaneh acknowledged and appreciated FPAP's significant contributions in the areas of Sexual and Reproductive Health (SRH) and Gender-Based Violence (GBV). He recognized FPAP as a valuable and potential Implementing Partner (IP) for UNFPA.

Visit of Dr. Luay Shabaneh, Country Representative of UNFPA:

Dr. Luay Shabaneh, Country Representative of UNFPA Pakistan accompanied by the UNFPA Provincial Team, visited the Rahnuma-FPAP Head Office and Regional Office Punjab in Lahore. The delegation held a meaningful and forward-looking meeting with Rahnuma-FPAP's Senior Management Team (SMT). Mr. Zahid Ali, CEO Rahnuma-FPAP, warmly welcomed the mission and shared his reflections on ongoing partnership between UNFPA and Rahnuma-FPAP.



Review meeting of UNFPA funded projects:

Dr. Jamil Ahmed, Program Specialist for SRHR at UNFPA Pakistan, held a detailed review meeting with Mr. Zahid Ali, CEO Rahnuma-FPAP, in Lahore to assess the ongoing progress of UNFPA-supported initiatives. The discussion covered multiple areas of partnership, including the effectiveness of current project interventions, operational challenges, and opportunities to further strengthen coordination between the two organizations.



The Australian Deputy High Commissioner, visited Rahnuma FPAP Maternity Home, Skardu

The Australian Deputy High Commissioner, Ms. Nicole Guihot, and Ms. Emily Lyons, First Secretary (Development), visited Rahnuma FPAP Maternity Home, Skardu, to observe the impacts of the DAP Project implemented in the GB Region. During the visit, the achievements, lessons learned, and key challenges faced during implementation were shared. The PM GB and PM PMD, along with the FHMC Skardu team, warmly welcomed them. The delegation conducted a comprehensive visit to the FHMC, where they interacted with the facility's team and gained first-hand insights into ongoing activities.

The Australian High Commission (AHC) representatives expressed their satisfaction and appreciation for the commendable efforts of Rahnuma-FPAP in extending quality services to remote communities and serving vulnerable populations across the GB region and ensure their strong commitment for the future interventions under the DAP initiative.



Rahnuma-FPAP organized Provincial Stakeholders' Consultations on FP2030 and Costing of National Action Plan (2025–2030):

The Population Welfare Department (PWD) Balochistan, in collaboration with UNFPA Pakistan and Rahnuma-FPAP, organized a two-day Provincial Stakeholders' Consultation on the Revising and Costing of the National Action Plan (2025–2030). The consultation brought together a wide range of stakeholders from both the public and private sectors to review, align, and strengthen strategic priorities for population and reproductive health programming in the province. Participants represented key government departments and development partners, including the Department of Health, MNCH Program, LHW Program, University of Balochistan, Medical Store Depot (MSD) Health, Planning Cell, Planning and Development Department, PPHI, Riz Consulting, Pathfinder International, Balochistan Rural Support Program (BRSP), Aurat Foundation, and media personnel.

Rahnuma-FPAP convened the 15th CSOs and Youth FP2030 Working Group Meeting at Islamabad, bringing together civil society leaders, youth advocates, and technical experts to advance Pakistan's FP2030 commitments. The meeting featured valuable contributions from Ms. Asifa Khanum (Rahnuma-FPAP) who welcomed participants, and Dr. Jamil Ahmed (UNFPA) who shared insights on strengthening SRH programming. From the FP2030 Regional Hub, Ms. Sadia Rehman and Mr. Dakhshitha Wickremarathne highlighted regional progress and launched the "Made Possible by FP" campaign. Dr. Talib Lashari (CIP/FP2030, PWD Sindh) presented the salient features of the Revised National Action Plan. Policy and advocacy dimensions were addressed by Mr. Ali Mazhar (Population Council), focusing on tax abolishment for contraceptives. The meeting concluded with closing remarks by Dr. Shabana Saleem, DG MONSHRSC.

Humanitarian Work



NDMA hosted a high-impact Humanitarian Conference on “Enhanced Coordination for Early Warning & Preparedness – Monsoon 2025” at its headquarters in Islamabad. With overwhelming participation from UN agencies, NGOs, INGOs, and development partners, Rahnuma- being an important civil society stakeholders was represented by Mr. Adnan Sulemani, Program Coordinator SPRINT Project, in the event.



To strengthen Family Planning (FP) and Reproductive Health (RH) services during humanitarian situations, Rahnuma-FPAP is building strong partnerships with key public sector stakeholders. In this regard, Mr. Gohar Zaman, Regional Director Rahnuma-FPAP KP, held an important meeting with Mr. Mohammed Riaz Khan Masood, DEO KP Rescue 1122, along with his teams from Charsadda, Buner, and Swat, as well as Mr. Mohammed Arif Marwat, Assistant Director PDMA KP.



In response to the devastating floods in South Punjab that have displaced thousands of families, Rahnuma-FPAP, in partnership with the District Government, has set up Flood Relief Camps across Muzaffargarh district. These camps are ensuring that affected communities continue to access family planning and reproductive health services, even in times of crisis.

Strengthening Partnerships for Reproductive Health in Emergencies

Rahnuma-FPAP Sindh Region convened a meeting of the Reproductive Health Working Group (RHWG) under its flagship SPRINT Project in Karachi. The event brought together key stakeholders and development partners including HANDS, Pathfinder International, Willows International, Jhpiego, NCMNH, Sindh Healthcare Commission, Vital Pakistan, MSS, Mezrab, Aahung, and Shirkat Gah fostering collaboration to enhance sexual and reproductive health services in humanitarian settings. Dr. Fayzan Akhter, Director Program, and Mr. Adnan Sulemani, Program Coordinator – SPRINT Project, joined the session virtually.

Rahnuma-FPAP is committed to ensuring the availability of quality Family Planning (FP) and Sexual and Reproductive Health (SRH) services for flood-affected communities. Punjab Region is actively conducting community outreach medical camps to reach vulnerable groups, particularly women, adolescent girls, and persons with disabilities. These camps provide essential services including FP & SRH, Maternal, Newborn and Child Health (MNCH), menstrual regulation, and psychosocial support. In addition, community awareness sessions are organized on FP & SRHR, Gender-Based Violence (GBV), MNCH, health and hygiene, as well as child and women's nutrition.

