

COMMITTED TO CHANGING LIVES

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RAHNUMA-FPAP QUARTERLY eNEWSLETTER

## **Driving Progress:** Advancing Family Planning & Sexual Reproductive Health Agenda







### New Diagnostic Center & Pharmacy in Skardu

Rahnuma-FPAP established diagnostic centre & pharmacy at its Family Health Model Clinic and Maternity Home Skardu to strengthen FP & SRH services for marginalized and vulnerable communities.

#### Pakistan Criminalizes Child Marriage

The Govt. of Pakistan has passed landmark legislation outlawing child and early-age marriages. This historic reform aims to protect girls from adolescent pregnancies and GBV, marking a significant advancement in safeguarding women's rights.

### **Collective Commitment to Population Stabilization**

Punjab Health & Population Department Govt. of Punjab organised Punjab Population Conference bringing together public and private stakeholders for reaffirming its commitment for population.

# Rahnuma-FPAP Marked Immunization Day: Call for Vaccination

Rahnuma-FPAP, with support from GAVI under the RISE Project, marked World Immunization Week 2025 through awareness and engagement activities across seven districts of Punjab. The initiative aimed to enhance public knowledge, address vaccine hesitancy, and encourage timely vaccination. Activities included community sessions, health walks, youth and school-based engagement, influencer dialogues, and social media campaigns. These efforts fostered community trust and strengthened support for immunization.







# Strengthening Immunization through Public and Private Partnership

Rahnuma-FPAP, under its RISE (Routine Immunization Service Expansion) Project, organized an inception meeting and training session. A total of 56 vaccinators and field staff participated, receiving orientation, technical training, and sensitization on organizational policies to build a strong foundation for effective project implementation across Punjab's target districts. The Punjab Government's EPI Department played a key role in facilitating and validating the training modules. Through this initiative, Rahnuma-FPAP reaffirmed its commitment to sustained collaboration with government partners while equipping staff with the skills and knowledge necessary to deliver high-quality, safe, and equitable immunization services.



At the federal level, the Federal Directorate of Immunization (FDI), Government of Pakistan, through the Expanded Programme on Immunization (EPI), hosted an onboarding meeting for Civil Society Organizations (CSOs) under the Gavi CSO Fund Manager mechanism, marking a milestone moment for routine immunization in Pakistan. Chaired by Dr. Shabana Saleem, Director General Health / FDI, the session brought together CSOs, development partners, and EPI stakeholders from all provinces. In her remarks, Dr. Saleem expressed gratitude to Gavi, the Vaccine Alliance, Mannion Daniels, Oxford Policy Management (OPM), and the 17 selected CSOs for their collective commitment to reaching underserved populations.

Reaffirming this vision, Carrie Madison Gheen, Senior Country Manager at Gavi, highlighted the importance of strong federal and provincial leadership in CSO engagement as a driver for improved immunization coverage.

#### Fostering Resilience among Refugee's

Rahnuma-FPAP extended humanitarian support to refugees communities through FP & SRH medical camps, awareness sessions, and training programs. In Ghamkol Sharif, District Kohat, more than 300 refugees accessed FP &, SRH, and GBV prevention and response services, while 78 men and women received training on FP & SRH, GBV, and crisis management.

Under the Respond Project II, outreach efforts in refugee settlements of Jalal, Baghecha Dehri, and Kagano (District Mardan) promoted safe birth spacing, reproductive health, and rights. Awareness activities also built community capacity and strengthened linkages with partner organizations.











## **Building Momentum for FP2030:**Rahnuma-FPAP Leads Pakistan's CSOs and Youth Champions

Rahnuma-FPAP, in collaboration with UNFPA Pakistan, organized a series of orientation sessions for Civil Society Organizations (CSOs) in Quetta, Lahore, and Peshawar on the Progress Monitoring Scorecard to track progress on Pakistan's FP2030 and CCI commitments at the Nation and Provincial levels.

Rahnuma-FPAP organized first bi-annual meeting of FP2030 CSOs and Youth FP2030 Working Group at Islamabad, bringing together CSOs and youth partners to review progress, share reflections, and discuss future directions for FP2030 in Pakistan. Speakers included representatives from Rahnuma-FPAP, UNFPA, Provincial Population Welfare Departments, and partner organizations, who emphasized the importance of integrated strategies and strengthened partnerships to achieve FP2030 goals.

## **Extending Care:** FP & SRH Services to Refugee Communities

Rahnuma-FPAP KP Region, under the RESPOND II project, launched a series of community outreach medical camps and awareness sessions to support refugee settlements in Ghulam Banda and Cheechana, district Kohat. These initiatives aimed to bridge critical healthcare gaps and provide vulnerable communities with access to quality FP & SRH and GBV services.

During the outreach activities, 132 clients benefitted from essential FP & SRH, and GBV services, ensuring their immediate health needs were addressed with dignity and care. Furthermore, 81 men and women participated in training sessions designed to enhance knowledge on FP & SRH and GBV, while also equipping them with crisis mitigation strategies. These efforts not only improved individual awareness but also contributed to empowering refugees to respond effectively to receive FP & SRH services during crises situations.





## Strengthening Skills, Expanding Access: Capacity Building of Public and Private Sector Healthcare Providers on FP & SRH



## Sindh Badin (Thalassemia Care Center)

Rahnuma-FPAP Sindh Region, under the Ipas-funded project, held a three-day hands-on training on Manual Vacuum Aspiration (MVA) and Long-Acting Reversible Contraceptives (LARC) for public and private healthcare providers to enhance family planning and reproductive health capacity.



## Punjab Muzaffargarh (Nursing College)

A three-day MVA and LARC workshop was conducted in collaboration with Ipas, inaugurated by Dr. Zubair (DMLO Muzaffargarh). The training strengthened providers' skills and improved access to quality reproductive health services.



### Sindh Training on NLU Contraceptives

In partnership with the Population Welfare Department Sindh, Rahnuma-FPAP organized a three-day training on Implanon-NXT and DMPA-SC (Sayana Press), led by PWD Master Trainers to build provider expertise in new contraceptive methods.



## Punjab Lahore (Implanon Training)

Rahnuma-FPAP Punjab Region conducted a three-day training on Implanon for 13 Health Department providers. The session included remarks by Ms. Samina Ashraf (Regional Director Punjab), Ms. Hasna Batool (UNFPA), and Dr. Bilal (IRMNCH), highlighting the importance of family planning and provider capacity building.



## Sindh Badin (Lessons Learned Workshop)

A Lessons Learned Workshop was organized under the IPAS project, engaging physicians and mid-level providers previously trained on Trauma-Informed Care (TIC), FP, and Woman-Centered Post-Abortion Care (WCPAC) to share experiences and strengthen practice.



## Khyber Pakhtunkhwa Swat (FP&SRH Training)

Rahnuma-FPAP, in collaboration with DoH and PWD KP, held a training workshop in Mingora, Swat, focusing on FP & SRH and Long-Acting Reversible Contraceptives (LARC). The initiative aimed to improve quality, rights-based family planning services in the province.