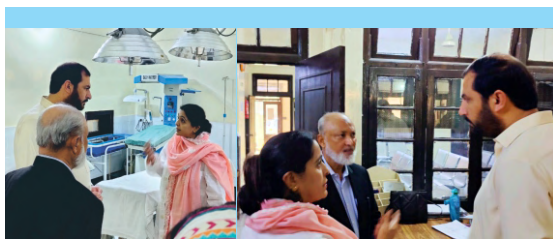




Rahnuma-FPAP commemorated International Women's Day 2025 with a strong pledge to champion Rights, Equality, and Empowerment for every woman and girl by organizing seminars, community sessions, and walks across Pakistan to raise awareness about gender-based violence, child marriages, and other harmful practices affecting women's health and well-being. Rahnuma-FPAP remained committed to breaking barriers and building a future where everyone can thrive!



## President Rahnuma-FPAP visited Family Health Hospital, Karachi

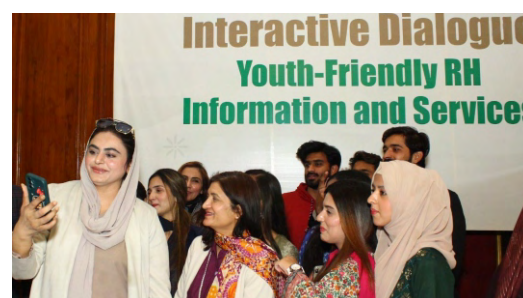
Mr. Muhammad Idrees, President Rahnuma-FPAP visited Family Health Hospital, Karachi, where he observed various departments and interacted with medical and support staff, gaining firsthand insights into the day-to-day functioning of the facility and the quality of healthcare services being provided to the community.

Following the FHH visit, Mr. Idrees also visited Rahnuma-FPAP Regional Office where the Regional Director Sindh provided a detailed briefing on the region's programmatic strategies, ongoing initiatives, and key challenges being faced in the field. The discussion also highlighted upcoming plans and opportunities to enhance the effectiveness and outreach of the organization's interventions in Sindh.



## Parliamentarians Reaffirmed their Commitment to Youth Reproductive Health Rights

Ms. Shazia Abid, Chairperson Parliamentary Standing Committee on Population Welfare Department (PWD) Punjab reaffirmed her commitment to safeguarding youth rights while advocating for youth-friendly reproductive health information and services at public health facilities in Punjab. She expressed these views during an interactive dialogue with parliamentarians and youth, organized by Rahnuma-FPAP with the support of Chanan Development Association under its Amplify Change (Young Omang) Project. The dialogue brought together key stakeholders, including Ms. Shamalia Rana, MNA; Ms. Kanwal Liaqat, MPA; Ms. Bibi Waderi, MPA; and Mr. M. Saleem Akhtar Bhatti, Deputy Secretary Information, PPP Punjab, Youth Champions, Public Sector officials, Media, and CSOs representatives. The participants collectively voiced their commitment to strengthening youth representation and amplifying their SRH&R concerns at all relevant forums.





## Governance and Management Joined Together

Rahnuma-FPAP organized a two-day Gender Assessment Workshop for a newly launched project “Ensuring Inclusive SRH&R Delivery for Women, Girls and Marginalized Communities funded by Global Affairs Canada (GAC) joined by Governance and Management, prominent among them were Mr. Muhammad Idrees President Rahnuma-FPAP, Dr. Riffat Sardar Chairperson, Dr. Robina Sohail Member Rahnuma-FPAP BoG, Ms. Mahrukh Qambarani Youth Member Rahnuma-FPAP BoG.

The project has been executed in 6 Family Health Hospitals (Lahore, Islamabad, Peshawar, Kohat, Karachi and Quetta) and Family Health Model Clinic district Chakwal focusing on enhancing understanding of adolescents, women, and gender-diverse individuals to claim their sexual and reproductive health and rights (SRHR). It also aims to foster an improved legislative and policy environment in support of SRHR, menstrual regulation (MR), Life Skills Based Education (LSBE) and gender equality at national and sub-national levels.



## Conducted Community theatre and dialogues to promote FP&RH:

Rahnuma-FPAP organized series of interactive theatre performances followed by Community Dialogues on FP&RH in selected areas of KP and Balochistan. The theater performances were in local languages delivered by youth volunteers and professional TV actors and it highlighted critical societal issues such as gender-based violence, and domestic violence. This interactive and engaging approach served as a powerful communication tool for the community. This interactive theater and community dialogue attracted a large number of participants from diverse backgrounds, including local representatives and influencers from various socio-economic and cultural groups. The audience responded positively, appreciating Rahnuma-FPAP's efforts in addressing these important issues through an engaging and culturally relevant medium. To gauge impact, exit interview forms were collected, capturing valuable feedback from participants.



## FP2030 CSOs and Youth Working Group Meeting

Rahnuma-FPAP hosted a Civil Society Organizations CSOs and Youth FP2030 Working Group Meeting in Peshawar, bringing together key stakeholders to assess progress and shape the future direction of FP2030 in Pakistan. The meeting started with introduction and reflections on previous CSOs Working Group & CEWG meeting. Dr. Jamil Ahmed, Program Specialist SRH at UNFPA, in his opening remarks highlighted UNFPA Pakistan's initiatives in advancing family planning and reproductive health. Mr. Ikram ul Ahad, Deputy Manager Communication at the Population Council, presented the Progress Monitoring Scorecard. Ms. Rabia Shah, Treasurer, Rahnuma-FPAP emphasized the need for an integrated strategy.



## Stakeholder Engagement and Linkages Strengthening Meeting:

Rahnuma-FPAP hosted a Stakeholder Engagement and Linkages Strengthening Meeting in Lahore to discuss strategies for enhancing and integrating improved sexual and reproductive health (SRH) services, including youth-friendly health services. The meeting brought together young advocates from youth-led organizations to foster collaboration among key stakeholders for sustainable implementation of these initiatives. Young Omang partners, including Development for Health, Education, Work & Awareness (DHEWA) Chakwal, Youth Advocacy Network (YAN) Lahore, Center for Social Development (CSD) Lahore, ECO-HOPE Trust Islamabad, Youth Employability Network (YEN), Bargad, and the Institute for Social Youth & Development (ISYD), participated in the meeting and shared updates on their respective initiatives.



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## FP&RH Services for Refugees:

Rahnuma-FPAP KP Region conducted community outreach Family Planning (FP) and Reproductive Health (RH) camps, along with awareness sessions in refugee camps, targeting marginalized and vulnerable sections of society. These initiatives aimed to promote the adoption of improve access to a comprehensive range of high-quality, person-centered reproductive health care services, particularly for women and young people. During these sessions, over 300 participants were provided with essential information on various reproductive health topics, including menstrual regulation (MR) care, sexually transmitted infections (STIs), family planning methods, and gender-based violence (GBV) prevention and response. These activities not only enhanced community awareness but also facilitated better access to reproductive health services for underserved populations, fostering informed decision-making and overall well-being.

## Meeting with Secretary of Pakistan Red Crescent Society AJ&K:

Rahnuma-FPAP AJ&K Project Manager held a meeting with Secretary of Pakistan Red Crescent Society (PRCS) AJ&K to discuss avenues for resource mobilization and fundraising. The meeting aimed to explore collaborative opportunities that would enhance the impact of Rahnuma-FPAP's community outreach programs in Azad Jammu & Kashmir. During discussion, the Secretary of PRCS AJ&K reaffirmed her commitment to supporting Rahnuma-FPAP's initiatives.





## Strengthening FP&RH through Capacity Building Workshop:

Rahnuma-FPAP conducted a two days advanced capacity strengthening workshop on Youth Friendly Health Services (YFHS). The objective of the workshop was to educate participants about youth-friendly health services to develop an advocacy plan aimed to promote these services effectively. Through this training participants gained insights into the importance of youth-friendly health services, understand their impact on youth well-being. Moreover training participants were trained to develop effective advocacy strategies for Young Omang initiatives through their respective civil society organizations.



## Community Outreach through Medical Camps:

Rahnuma-FPAP Balochistan Region organized community outreach FP&RH medical camps, along with community awareness sessions, under UNFPA funded project. These camps were conducted in the districts of Killa Saifullah, Loralai, Chagai, Nushki, Pishin, and Quetta. During the outreach camps, 293 clients were provided with essential Sexual and Reproductive Health (SRH), Gender-Based Violence (GBV), and Family Planning (FP) services. Additionally, 218 women sensitized on GBV and its crisis mitigation strategies. Furthermore, 178 women and girls visited the Women and Girls Friendly Spaces (WGFS).



## FP&RH Community Awareness Sessions:

Rahnuma-FPAP KP Region conducted awareness sessions in the villages of Muhammad Zai and Bahadar Kot with marginalized communities. The objective of these sessions was to promote the use of and improve access to a comprehensive range of quality, person-centered sexual and reproductive health care for women, young people, and marginalized communities. More than 30 participants received basic information on comprehensive abortion care, STIs, SRHR, family planning, and gender-based violence.



## Public Private Partnership:

Rahnuma-FPAP Punjab Region organized a coordination meeting with the District Disaster Management Authority (DDMA) and other key stakeholders under IPAS funded project at the District Emergency Operation Center, DC Office Muzaffargarh. The meeting was attended by representatives from DDMA, the District Women Protection Office, the District Population Office, Rescue 1122, and various NGOs. During the meeting, after comprehensive deliberations, it was decided to address the urgent needs of the Anti-Rape Crisis Cell. Civil society organizations were urged to play an active role in supporting this initiative.

