

Campaigning for FP2030 Pakistan Commitments

FP 2030 Provincial Civil Society Organizations (CSOs) Coalition has been a crucial platform for addressing key population challenges and reinforcing collaborative efforts to meet FP2030 targets. In this context, Rahnuma-FPAP organized FP 2030 CSOs Coalition Meetings in Lahore, Peshawar, Quatta Multan and Karachi aimed at strengthening and showcasing the efforts of CSOs in FP&RH. These meetings brought together key stakeholders to strengthen family planning and reproductive health in alignment with Pakistan's FP2030 Commitments. These meetings were attended by representatives from the public sector, UN agencies, civil society organizations (CSOs).



Capacity Building of Public Sector Healthcare Providers on FP &RH

To further enhance the capacity of public healthcare providers in contraceptive logistics management information systems (cLMIS), Rahnuma-FPAP organized a training session for healthcare professionals from the Department of Health, Gilgit-Baltistan, in Skardu. The event was inaugurated by Dr. Ashraf Hussain, Director Health Baltistan Region, while Ms. Asifa Khanum, Director MER at Rahnuma-FPAP, moderated the session. Additionally, Mr. Syed Najimul Hasan, Consultant UNFPA, and Mr. Abdul Karim, Program Manager Rahnuma-FPAP Gilgit-Baltistan, also Rahnuma-FPAP organized a five-days training of trainers on Implanon, DMPA-SC, and the Sayana Press injection at Quetta, Karachi, Lahore Skurdu and Faisalabad. The officials commended Rahnuma-FPAP's efforts in organizing such productive training sessions to build the capacity of public healthcare providers on modern contraceptive methods and expressed a desire to conduct similar sessions in the future to further enhance healthcare provider capabilities.



Community Outreach Medical Camps to bridge the FP&RH unmet Need

Rahnuma-FPAP conducted community mobile medical camps and awareness sessions to strengthen FP&RH services across Pakistan to address health disparities in remote areas, where access to quality FP&RH healthcare is often limited. The objective of these mobile medical camp is to provide comprehensive FP&RH information & services to vulnerable and marginalized communities.

Rahnuma-FPAP Balochistan Region organized community outreach medical camps along with awareness and counseling sessions under the UNFPA initiative in various locations across the districts of Killa Saifullah, Loralai, Chaghi, Noshki, and Quetta. During these outreach camps, 318 clients received services related to SRH, Gender-Based Violence (GBV), and FP. Additionally, 184 women were trained on GBV awareness and its mitigation strategies. Furthermore, 438 women and girls visited Women & Girls Friendly Spaces (WGFS).



COMMITTED TO CHANGING LIVES

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RAHNUMA-FPAP QUARTERLY NEWSLETTER



Rahnuma-FPAP Board of Governance held its meeting

Rahnuma-FPAP Board of Governance (BOG) meeting held in Islamabad, on December 20, 2024, Mr. Muhammad Idrees (President), Dr. Riffat Sardar (Chairperson), Ms. Rabia Shah (Treasurer), and other esteemed board members were present. The President warmly welcomed the Board members and expressed appreciation for the contributions of both the Board members and the management, acknowledging their roles in significantly improving R-FPAP's operations.

During the meeting, several significant decisions were made, including approval of the Annual Program Budget (APB) for 2025, the appointment of an External Auditor, and a substantial enhancement in the salary structure for all Rahnuma-FPAP employees, with additional increases for staff ranging from auxiliary to managerial levels. This initiative, strongly advocated by the Rahnuma-FPAP CEO, underscores the organization's commitment to the well-being and motivation of its workforce.

New Project Launched To Strengthen SRH

Rahnuma-FPAP launched a new project, **“Ensuring Inclusive SRHR Delivery for Women, Girls, and Marginalized Communities”** funded by Global Affairs Canada. Through this project, we aim to ensure increased use of and access to a comprehensive range of high-quality, person-centered sexual and reproductive health care services, including sexual health and wellbeing, contraception, and menstrual regulation in Six Family health hospitals (Lahore, Islamabad, Peshawar, Kohat, Karachi and Quetta) and One Family Health Model Clinic (Chakwal). The project also focuses on enhancing understanding of adolescents, women, and gender-diverse individuals to claim their sexual and reproductive health and rights (SRHR).



Rahnuma-FPAP interactive meeting with Regional Director IPPF, AWR and his Team in Tunis

Rahnuma-FPAP President, Chairperson and CEO attended an interactive meeting with Regional Director IPPF, Arab World Region (AWR) and his Team in Tunis during December, 2024. Dr. Fadoua Bakhadda, Regional Director, IPPF, AWR welcomed the newly elected President and expressed her encouragement and support. During this meeting the performance, review of programs, achievements and bottlenecks of Rahnuma-FPAP were discussed. The President Rahnuma-FPAP shared the performance in field of SRHR and also shared contribution of hospitals & Clinics. The President assured that both the Management and Governance are working together for well-being of the organization.

Audit Committee meeting of Rahnuma-FPAP was held on 19th December 2024. Committee reviewed reports of internal and external auditors and gave recommendations to improve the organizational system of internal controls and risk management activities. Internal Audit plan for 2025 was also reviewed and approved by the committee. Committee also approved appointment of External Auditors for the audit of financials statements for the year 2024.

ACTIVITIES HIGHLIGHTS

Ms. Hadia Nawaz, Parliamentary Secretary for Population Welfare Department, Government of Balochistan, visited Rahnuma-FPAP Regional Office Balochistan to explore ways of strengthening FP&RH services through public-private partnerships. During her visit, she was briefed on Rahnuma-FPAP's achievements and ongoing activities, particularly those aimed at supporting vulnerable and marginalized populations in Balochistan.

Ms. Saman Ray, Director General of Population Welfare Department (PWD) Punjab, visited Rahnuma-FPAP Punjab Region to strengthen public-private partnerships in family planning (FP) and reproductive health (RH).

Furthermore Rahnuma-FPAP Regional Director Punjab, Ms. Samina Ashraf, visited the office of Mr. Usman Ali Khan, Secretary Women Development Department, Government of Punjab.

Rahnuma-FPAP signed Memorandum of Understanding (MoU) with Rescue 1122 KP to strengthen their capacity on MISP and other disaster related components Dr. Muhammad Ayaz Khan, Director General Rescue 1122 KP signed the MoU.

Rahnuma-FPAP Balochistan Region organized a three-days training for Balochistan Rescue 1122 personnel on the Minimum Initial Service Package (MISP) for Sexual and Reproductive Health in Emergencies (SRHiE) in disasters under the Sprint project at Quetta.



Chief Executive Officer Punjab Charity Commission, Col (R) Mr. Shehzad Amir, visited Rahnuma-FPAP Punjab Regional Office Lahore. Rahnuma-FPAP Regional Director, Ms. Samina Ashraf, while welcoming the guest provided an overview of the organization's programmatic areas and extensive network of Family Health Service Delivery Points.

The Population Welfare Department (PWD) Punjab and Rahnuma-FPAP have joined forces in a strategic partnership to enhance family planning and reproductive health (FP&RH) services. This collaboration focuses on sharing innovative best practices, expertise, and resources to strengthen the capacity of healthcare service providers in delivering effective and accessible FP&RH services.

Rahnuma FPAP KP Region organized a training of KP Rescue 1122 officials under its Flood Emergency Response to strengthen local resilience for the delivery of family planning and reproductive health (FP&RH) services during disasters and emergencies under SPRINT Project.



Mr. Arif Tehseen, the Additional Secretary Population Welfare and Social Welfare Department, Government of Gilgit-Baltistan, visited Rahnuma-FPAP's Family Health Hospital (FHH) Gilgit. The hospital's staff provided an overview of their programs and initiatives aimed at improving the well-being of individuals and families in the region, with particular emphasis on serving marginalized and underserved communities.



"Towards Beijing +30: UNITE to end violence against women and girls"
The campaign will focus on the urgency to end violence against women and girls, with a particular focus on femicide

Rahnuma-FPAP organized various activities and events across Pakistan to observe the 16 Days of Activism against Gender-Based Violence. These initiatives aimed to raise awareness among participants about gender-based violence and other harmful social practices. The events also emphasized the ongoing struggle to end violence against women and girls, encouraging participants to recognize its impact and take a stand for a more equitable and inclusive future. Participants pledged to contribute to building a society grounded in respect, safety, and empowerment. Rahnuma-FPAP conducted various activities as a part of the 2024 16 Days of Activism Against Gender-Based Violence (GBV) and one of the activities included a session with adolescent girls at a local school, where more than fifty young participants actively engaged. During the session, the girls created posters to highlight GBV in their communities and shared ideas on how to prevent it. Additionally, a session for family planning (FP) and reproductive health (RH). The session focused on GBV, essential medical services, and the referral mechanisms for rape survivors.

Rahnuma-FPAP Balochistan Region under 16 Days of Activism organized Community Outreach FP & RH Camps and Community Awareness Sessions in the districts of Killa Saifullah, Loralai, Chaghi, Noshki, Pishin, and Quetta under the UNFPA and DFAT/PRM projects. During these outreach camps and sessions, clients were provided with family planning (FP), reproductive health (RH), and gender-based violence (GBV) information and services. Additionally, over seven hundred women and girls visited Rhanuma-FPAP established Women & Girls Family Spaces (WGFS) to receive psychosocial support on GBV and orientation on local vocational skills.



INTERNATIONAL
HUMAN
Rights
DAY
10 DECEMBER 2024



National Commission on Human Rights (NCHR), Government of Pakistan, commemorated International Human Rights Day by organizing the Annual National Human Rights Conference 2024 (#NHRC2024) in collaboration with the Khawaja Sara Society at Lahore and brought together a diverse range of stakeholders, including representatives from public and private development sectors, to discuss and reaffirm the nation's commitment to human rights. The theme for this year's conference, "Dignity, Equality, and Justice for All: Advancing Human Rights in Pakistan", set the tone for robust discussions on fostering inclusivity, promoting equality, and addressing systemic challenges in achieving a just and equitable society.

World AIDS Day 01 December

In observance of World AIDS Day 2024, Rahnuma-FPAP, in collaboration with various development partners, organized a series of events across Pakistan to raise awareness and mobilize communities around the theme, "Empowering Communities, Ending AIDS". One notable event was an awareness seminar organized under the auspices of the Balochistan AIDS Control Program in partnership with UNDP, UNICEF, and Rahnuma-FPAP.