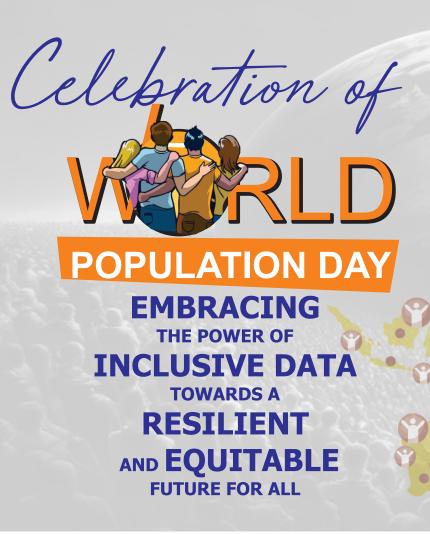
RAHNUMA-FPAP QUARTERLY E-NEWSLETTER



Rahnuma-FPAP commemorated World Population Day 2024 by organizing different activities in collaboration with Health and PWD in South Punjab. A seminar with the collaboration of PWD was organized in District Council Muzaffargarh. People from different walks of life attended the seminar. An awareness walk was organized of public Medical Service Providers in district Vehari to highlight the importance of Family Planning. Rahnuma-FPAP actively participated in a district level seminar lead by PWD at District Council Rahim Yar Khan.







Experience Sharing Seminar Developing an eco-system of volunteers for effectively responding to

the essential sexual and reproductive health and rights needs of vulnerable and marginalized sections of society including women, children, and adolescents during disaster and emergency situations. This was highlighted during an Experience Sharing Seminar organized by Rahnuma Family Planning Association of Paksitan (Rahnuma FPAP) in Islamabad. The seminar was organized to disseminate project learnings, innovations and insights with stakeholders at the conclusion of a 35 months project which was supported by the Department of Foreign Affairs and Trade (DFAT). The event was overwhelmingly joined by public sector officials, representatives from UN agencies, INGOs, NGOs, and donor organizations. The seminar was attended by honorable Secretaries, DGs, and Directors of Health and Population Welfare Departments of KP, Punjab, Balochistan and Sindh. The event was attended by Dr. Shabana Saleem DG PPW MNHSR&C, Dr, Jamil Ahmed SRH Advisor UNFPA, Dr. Sabina Durrani DG NEHS, Dr. Talib Lashari Technical Advisor CIP Sindh, Dr. Yasmin Sabih Qazi CEO QZ Catalyst, Dr .S.A Rab CEO GSM, Dr. Masuma Zaidi KFW, Mr. Faisal Nazir MSS, Mr. Shahzad Amir CEO Punjab Charity Commission and Mr. Idrees Abbasi Secretary to President AJK. Representatives from GWHI, PPIF, UN Women, WHO, DKT, IRC, Pathfinder, and UNHCR, contributed in the discussion.



community members in the local community of Muzaffargarh district. These sessions focused on Life Skills-Based Education under the Youth and Women Empowerment Project. Participants were sensitized about their human rights, personal health and hygiene, as well as gender and genderbased violence (GBV). They were also encouraged to discuss their physical and social concerns through Youth Resource Centers and the toll-free Rahnuma-FPAP Youth Helpline. Community Engagements

Rahnuma-FPAP organized separate Peer Education Sessions with adolescent girls and

The Australian High Commission team, comprising Ms. Stephanie Werner, First Secretary of Development, and Mr. Shoaib Tayyab, Senior Program Manager, visited Rahnuma-FPAP Regional Office & Family Health Hospital in Karachi. Rahnuma-FPAP Regional Director Sindh welcomed the distinguished guests and briefed them about our program interventions. The visiting team had a detailed meeting with Rahnuma-FPAP staff and met with youth peer educators and a youth BOG member. They also visited the Rahnuma-FPAP Youth Resource Center (YRC) and expressed appreciation for engaging youth in addressing their SRH&R issues and providing quality SRH services. UNFPA mission visited Rahnuma-FPAP Family Health Hospital Gilgit Baltistan

and inspected various sections of hospital, meeting with consultants, family planning section, laboratory and diagnostic. The visiting team had a detailed meeting with Rahnuma-FPAP staff, met with youth peer educators and expressed appreciation for engaging youth in addressing their SRH&R issues and providing quality SRH services. A PPCT Center will be established at Rahnuma-FPAP Family Health Hospital (FHH) Quetta for HIV/Aids Patients, and BACP will strengthen the center with

provision of equipment along with requisite medical supplies. This was agreed during a meeting held with Rahnuma-FPAP Regional Director Balochistan Mr. Mushtaq Ahmed Mengal and Balochistan Provincial Program Manager Aids Control Program Dr. Khalid Qambrani at his office. The meeting was joined by CEO Social Pakistan, Head of Programs HARD Balochistan etc. During the meeting the progress of all the partners were shared and subsequently some actions points were agreed.







Youth centered FP & RH services are key to overcome high population growth rate in Pakistan. This was highlighted during FP 2030 CSOs and Youth Working Group Consultative Meeting at Karachi hosted by Rahnuma-FPAP being the FP 2030 CSO Focal. The consultative meeting was joined by prominent development partners from

public and private sector including Dr. Talib Lashari, Technical Advisor CIP/FP 2030

PWD Sindh, Government of Sindh, Ms. Renuka Swami of UNFPA Sindh office, Dr. S. A. Rab CEO Green Star Social Marketing Pakistan, Dr. Yasmeen Qazi, CEO QZ Catalyst, Ms. Sheena Hadi, CEO Aahung etc. Director Program Management Division Rahnuma FPAP Dr. Anjum Rizvi welcomed all the participants and emphasized the importance of youth engagement, and their participation, in planning & decision making forums. During the meeting Dr. Talib Lashari, Technical Advisor CIP-PWD & FP 2030, briefed the meeting participants about International Family Planning Meeting he has recently attended at Manila - Phillipine. Ms. Renuka Swami of UNFPA Sindh office shared her views about youth participation and their capacity building through LSBE sessions. The representatives of MSS, PSI, Willows International, Pathfinder International, NCMNH, Vital Pakistan, IPAS, DKT, also shared their view during the session.







Public Sector Engagement: Strengthening Partnership with PDMA Balochistan To strengthen family planning and reproductive health services for Afghan refugees,

(PMO) Badin organized a District Coordination meeting of District Disaster Management Authority (DDMA) as part of its Flood Emergency Response - SPRINT Project. The meeting, held at the Family Health Hospital, was attended by members of the

DDMA and focused on reviewing preparations for potential flooding and the provision of MISP (Minimum Initial Service Package) services. Dr. Laila, Medical Officer at FHH Badin, delivered a detailed presentation outlining the key objectives and significant features of the project. The DDMA team commended Rahnuma-FPAP for its robust disaster preparedness and emergency response efforts. Rahnuma FPAP Sindh Region in collaboration with District Disaster Management Authority (DDMA) Badin, organized community outreach free medical camp to provide FP& RH and other essential healthcare services to the flood-affected community of Chak 52 Village Abdul Rehman, UC Muhammad Saleh Golarchi, as part of the SPRINT project. Rahnuma-FPAP healthcare outreach team attended seventy community

members including fifty women, seventeen children and three men provided them a comprehensive package of services including clean delivery kits and dignity kits.

Afghan Refugees at Quetta. During the meeting, the CEO provided an overview of Rahnuma-FPAP's humanitarian activities across Pakistan focusing on vulnerable and marginalized populations. In recognition of Rahnuma-FPAP's contributions and services for Afghan refugees, the Commissioner presented a souvenir to Dr. Asif.

Additionally, the CEO met with the UNFPA team to discuss ongoing and upcoming projects, where the UNFPA Provincial team highly commended the quality of

Rahnuma-FPAP's family planning and reproductive health services. Dr. Hussain also had an important meeting with the Deputy Program Manager Balochistan AIDS Control Program and expressed gratitude for their support in establishing the PPCT OT at Rahnuma-FPAP Saiban Hospital. During the meeting the DPM acknowledged and appreciated Rahnuma-FPAP's efforts in HIV/AIDS control, screening, and referrals in Balochistan.

Dr. Syed Asif Hussain, CEO Rahnuma-FPAP, held a meeting with the Commissioner of



Transforming Commitments into Action Plans in KP Mr. Malik Liaqat Ali Khan, Special Assistant to Chief Minister of KP, acknowledged the critical role of CSOs in providing universal family planning and reproductive health (FP & RH) services in line with the FP 2030 Commitments. He made these remarks while serving as the Chief Guest at the FP 2030 Provincial CSOs Coalition Meeting organized by Rahnuma-FPAP in collaboration with UNFPA Pakistan at Peshawar. The

Education (LSBE). DG PWD Punjab, Ms. Saman Ray, while acknowledging Rahnuma-FPAP's historical significance and its leading role as an advocate and service provider

expressed her commitment to further strengthening public-private partnerships through innovative FP & RH approaches and appreciated Rahnuma-FPAP's contributions in this regard. **Provincial CSOs Coalition Meeting**



Showcasing Rahnuma FPAP Best Practices to Public Sector in **Balochistan** Ms. Hadia Nawaz, Parliamentary Secretary for Population Welfare Department, Government of Balochistan, visited Rahnuma-FPAP Regional Office Balochistan to explore ways of strengthening FP & RH services through public-private partnerships.

populations in Balochistan. Ms. Nawaz also reviewed operations of Rahnuma-FPAP Family Health Hospital and the KATO Women Development Center expressing her deep appreciation for Rahnuma-FPAP's efforts towards women's empowerment and population development.

Public Sector Capacity Building

Rahnuma-FPAP Project Management Office (PMO) Muzaffargarh organized one day training of Healthcare Providers on Sayana Press under UNFPA project at Government Nursing College Muzaffargarh. During the Training more than fifteen Public Sector Healthcare Providers from IRMNCH and PWD were trained on SAYANA Press through lectures and hands on training. District

Coordinator IRMNCH presented Certificates among participants. Rahnuma-FPAP Balochistan Region conducted 5 Days Comprehensive Trickle down Training of Trainers (TOT) on the single-rod contraceptive implant (Implanon & Sayana Press DMPA-SC) for the Participants of PWD and Health Departments with the support of UNFPA. The participants were from Districts, Chaghi, Noshki, Kharan and Washuk. The closing ceremony was attended by DG PWD Mr. Mustafa Hambi who presented certificates among the successful participants. The DG PWD



Youth Helpline [080044488]

Balochistan appreciated Rahnuma-FPAP for building the capacity

public sector health care providers.