

# We are Growing!



**WORLD POPULATION DAY**  
 11 JULY 2022

A WORLD OF  
**8 billion:**  
 Towards a resilient future for all  
 Harnessing opportunities and ensuring  
 rights and choices for all



**Syed Kamal Shah**  
 Chief Executive Officer  
 Rahnuma-FPAP

**CEO MESSAGE**

**World Population Day 2022:**

Pakistan currently has the largest youth population and our young people have the power to transform the stagnant conditions around them, and deserve to be nurtured and empowered with modern day knowledge and capacities. Rahnuma-FPAP specially focuses on youth and adolescent empowerment in many of its programmes.

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**Mr. Abdul Qadir Patel, Minister for National Health Services, Regulations & Coordination (NHSRC) emphasized to reach the marginalized people for creating awareness on family planning and Reproductive Health.** He was speaking in a seminar jointly organized by Ministry of National Health Services and UNFPA to commemorate World Population Day 2022 and the event was joined by parliamentarians, policy makers, religious leaders, media & CSOs representatives, development partners, academia etc. Rahnuma-FPAP established a social behaviour change communication (SBCC)/IEC stall at the event visited by various dignitaries.

Furthermore Rahnuma-FPAP being leading CSOs commemorated World Population Day 2022 along with other development partners and public sectors across Pakistan and in this regards Rahnuma-FPAP KP Region organized a walk and seminar to sensitize the general public on small family norms and family planning as our population is growing rapidly. Furthermore our Project Management Office Chakwal and Mardan organized community walk and sensitization sessions joined by local stakeholder including public sector officials.





International  
**YOUTH DAY** 2022

"INTERGENERATIONAL SOLIDARITY:  
CREATING A WORLD FOR ALL AGES"

**WORLD**  
**YOUTH DAY** 2022

Rahnuma-FPAP, UNFPA, Pakistan Girls Guide (PGGA) Association and Department of Youth Affairs, Sports & Culture Punjab commemorated the International Youth Day on 12th August, 2022 in E-Library Lahore. Mr. Malik Taimoor Masood Akbar Minister for Sports, Youth Affairs and Culture, Govt. of the Punjab was the chief guest and officially launched the Punjab Youth Helpline and co-working space for young RH entrepreneurs. Ms. Latika Maskay Pradhan, UNFPA Deputy Representative delivered welcome remarks, Mr. Tariq Qureshi DG sports, Youth Affairs & Culture, Syed Kamal Shah, CEO Rahnuma-FPAP, Ms. Sarwat Hamid PGGA, Ms. Zanaya Chaudhary Trans activist, Mr. Danish Tariq Youth Focal Person, Sahib e Asra National Female Track Athlete, Mr. Ahsan Ramzan World Snooker Champion gathered at the event and acknowledged the efforts of Rahnuma-FPAP for population stabilization in the country through it's innovative interventions.

Similarly Rahnuma-FPAP through it's outreach observed International Youth Day 2022 at the community levels while organizing youth peer groups sessions to highlight the importance of youth in population stabilization and creating awareness for small family norms.



#THEHUMANRACE

IT WILL MARK THE GLOBAL CHALLENGE FOR CLIMATE  
**ACTION IN SOLIDARITY**  
WITH PEOPLE WHO NEED IT THE MOST



WORLD

**HUMANITARIAN DAY** 19 AUGUST 2022

**Rahnuma-FPAP commemorated World Humanitarian Day “to show the importance, effectiveness, and positive impact of humanitarian work”** as it is our core objective and we remain at the forefront to support vulnerable people during disasters and emergencies through dedicated support of emergency service and supplies. During recent flood Rahnuma-FPAP organized flood relief medical camps at various locations in Sindh, KP, and Balochistan to provide immediate humanitarian support and essential health supplies. Through these medical camps more than 2000 women and children provided emergencies health services.

During the medical camps the medical teams consist of male, female doctors and paramedics. Most common ailments were skin infection, fever, UTI, Diarrhea, & eye infections. Pregnant women were provided ultrasound services at their doorsteps by female doctors.



WORLD

**CONTRACEPTIVE DAY** 26 SEPTEMBER 2022

Mr. Tamoor Ali Lali, Special Assistant to Chief Minister Punjab, on population emphasized the importance of family planning and reproductive health services for a health and prosperous society. He was speaking during a poster competition to commemorate World Contraception Day 2022. The event was jointly organized by Population Welfare Department (PDW) Punjab, in collaboration with UNFPA and Rahnuma-FPAP at Al-Hamra Hall Lahore. Syed Kamal Shah, CEO Rahnuma-FPAP presented shields among outstanding students who participated in the poster competition to highlight the importance of family planning.

**MoU SIGNED:**

Rahnuma-FPAP and Population Welfare Department (PWD) Sindh signed Memorandum of Understanding (MoU) for initiative to demonstrate the intervention and also work for execution of UNFPA funded project on Increasing Access of Long-Acting family planning methods through Task Shifting and Task Sharing in selected districts (Umerkot, Thatta, Tharparkar and Larkana).

Rahnuma-FAPP signed MoU with the District Health Authority Chakwal. The District Health Authority recognized Rahnuma-FPAP Family Health Model Clinic (FHMC) Chakwal as a static center for routine EPI. The MoU was signed in simple ceremony attended by Dr. Asif, Divisional Head WHO, Dr. Anjum Qadeer, CEO Health, Dr. Mukhtar Niazi Medical Superintendent District Headquarter Hospital Chakwal.



# PUBLIC SECTOR ENGAGEMENT:

Syed Kamal Shah, CEO Rahnuma-FPAP and FP2030 CSOs focal point participated 25<sup>th</sup> Country Engagement Working Group (CEWG) meeting under the chair of Dr. Sabina Durani, D.G. PPW, Ministry of National Health Services Regulations & Coordination (MNHSR&C), other participants of the meeting were Secretaries PWDs, Punjab, Sindh, Balochistan, KP, GB & AJK, along with representatives of development partners (USAID, UNFPA, INGOs) and Youth Focal Point. The meeting decided to institutionalize the periodic progress review on the implementation of National Action Plan through the use of web-portal/Dashboard and invite Media and Ulema Advisory Forums in the next CEWG Meeting.



FP2030 KP Provincial Forum under the chair of Mr. Zia-ul-Haq, Secretary PWD KP held at Peshawar to review the progress against FP 2030 provincial action plan and CCI National Action Plan on Population. The meeting was participated by all stakeholders from public and private sectors including Dr. Sahib Gul Add. DG Health, Director LHW's, Director MCH, Dr. Nadeem, Director HCC KP, Mr. Jamil Chaudary, Mr. Yalma along with Mr. Fazli Nabi Consultants UNFPA, Rep of GSM, AKHS, Mr. Gohar Zaman, Regional Director Rahnuma-FPAP KP Region etc.

Rahnuma-FPAP organized a CSOs and Youth consultation for alignment of FP2030 commitments and CCI National Action Plan on Population at Lahore. The meeting was chaired by Mr. Faiz Naeem Warriach (DG-SWD Punjab) and attended by various renowned CSOs/Youth led organizations and public sector representatives. The purpose of this consultation was to share the salient aspects of alignment of FP2030 Pakistan Commitments Framework with CCI National Action Plan on Population presented during recently held 25th FP2030 CEWG Meeting and record CSOs and youth feedback on the alignment plan.



Rahnuma-FPAP Gilgit Baltitan Office organized meeting with stakeholder/referral partners Skardu to develop a mechanism for the support and assistance of SGBV survivors. Various Public and Private Sectors partners including Population Welfare Department, People's Primary Health Care Initiative, AKRSP, Agha Khan Health Services, Social Welfare Department, Foundation 4 Health, Sihatmand Khandan, Saleem Welfare Foundation, Korakaram Disability Forum etc. joined the meeting. The participants formulated and suggested different issues confronting women and the ways to strengthen the mechanism to assist GBV survivors and to raise awareness on FP&RH to promote FP services in the region.

Provincial Task Sharing & Task Shifting Initiative meeting held under the chair of Mr. Najeeb Alam, Secretary Population Welfare, Women Development, Social Welfare, Human & Child Rights and Youth Affairs GB, to review the progress review meeting of task sharing & task shifting initiative. Participants from Public and Private Sectors joined the meeting and reviewed progress on incorporating of Task Sharing and Task Shifting Strategies at the community levels.



# FAMILY PLANNING AND REPRODUCTIVE HEALTH OUTREACH SERVICES:

Rahnuma-FPAP organized a community awareness session with the members of Al-Abbas Welfare Foundation at Abbas Town Skardu. Program Officer Rahnuma-FPAP GB Region briefed the participants about the valuable FP&RHR services available at our SDP's and shared the detail information about the services being provided at state of the art Family Health Model Centre (FHMC) Shigari Kalan Skardu supervised by a Medical Officer and other paramedical staff.



Organized medical camps (Gynae and Obs, Family Planning and Antenatal Ultrasound) under supervision of renowned Gynecologist Dr. Shabnam Naseer from CMH Lahore at Civil Dispensary Sadpara Village Skardu in collaboration with Agha Khan Rural Support Program, Population Welfare Department (PWD) Skardu and Peoples Primary Health Initiative Skardu. A large number of people from the adjoining communities benefitted from the medical camp.

Free FP&RH Mobile Medical Camp held for Transgender community under UNFPA Project at Muzaffargarh. Dr. Munaza Nasreen and her team provided free reproductive health services to the marginalized community.



Mobile FP&RH and antenatal care camp organized at Community Centre Hajigam Skardu. MO, Darul Shifa Hospital Skardu Dr. Nadia Sultan, Senior LHV, Ms. Maryam Kifayat and Medical Attendant, Ms. Zulikha from FHMC-Skardu.



An awareness session on FP&RHR with the faculty members of School of Early Child Development (Junior Campus) of Uswa Education System was held at FHMC-Skardu. This awareness session was organized in view of the multiple role of female faculty members as mothers, as nation builders, as early childhood development counsellors, Dr. Mariam Nisar, LMO, FHMC Skardu and Ms. Maryam Kifayat, LHV facilitated the session.



Celebration of Population Week, Rahnuma-FPAP (Punjab Region) arranged a free FP&RH Mobile medical camp at Family Health Clinic, Ferozian Wala where medical services were provided to the public and sensitized them on FP&RH followed by an awareness walk on small family norms, mother child health, women empowerment etc.

Free family planning and reproductive health medical camp and community awareness session organized at district Muzaffargarh, Skardu and Charsada under Respond Project and more than 1200 clients/patients including women, men and children benefitted from the free medical camp with the provision of general patient FP&RH, antenatal, USG and lab test services.



## CAPACITY BUILDING / TRAINING:

Rahnuma-FPAP Conducted a series of trainings of trainers (TOTs) of Punjab Vocational Training Council PVTC staff on Life Skilled Base Education (LSBE) at RTI Lahore. More than eighty participants attended this training from across Punjab. Syed Kamal Shah, CEO Rahnuma-FPAP welcomed all participants and briefed them about Rahnuma-FPAP working structure and its thematic areas. Mr. Shoaib Ahmed, Technical Specialist UNFPA Punjab shared an overview of the project and the partnership with PVTC. Major Ghazanfar Abbas, Senior Manager Curriculum PVTC was invited as chief guest who distributed certificates among the successful trainers.

Rahnuma-FPAP organized three days training on CAC at RTI, Lahore under LAD Project. Dr. Noreen Zafar, a renowned public health professional facilitated the training while Dr. Anjum Rizvi Director PMD Rahnuma-FPAP facilitated the topic of SAYANA press and IPES whereas Mr. Turab Ali demonstrate how to achieve efficiency in service delivery integration, training, supervision, monitoring and reporting. The focus of this training was to provide knowledge, skills and clinical training on the use of Manual Vacuum Aspiration (MVA), and family planning services.

Rahnuma-FPAP organized a training on "Humanitarian Goals for Organization" under Sprint Project facilitated by Mr. Adnan Sulemani. Qatar Charity, Sycope, Doaba, Hands, Sanjh, Hellow, Sukh, Insaf Foundation and Rasti participated in the workshop.

Rahnuma-FPAP organized two days training on "Value Clarification and Attitude Transformation (VCAT) in Regional Training Institute (RTI) Lahore. The objective of the VCAT was to provide a forum for each participant to revisit, and/or re-evaluate his/her own "Values" and 'Attitude' onwards issues pertaining to sexual and reproductive health matters in today's world, so that their get an awareness and sensitization on advocacy & provision of comprehensive reproductive health.

Rahnuma-FPAP conducted a series of Trainings of the PWD Sindh community staff members on implant Insertion & Removal for service providers under Task Sharing and Task Shifting (TS&TS) at Tharparker and Thatta Districts. More than one hundred Lady Health Workers training and reoriented on the long acting reversible contraceptives and task sharing and task shifting techniques.





Rahnuma-FPAP organized Minimum initial Service Package (MISP) online distance module training in Peshawar and Muzafargarh which was attended by the PMO staff and community volunteers and the participants of the training were awarded certification on MISP for SRH after qualifying the post test online on IAWG web portal.

Rahnuma-FPAP KP and Federal Regions organized two days refresher trainings on Long Acting Reversible Contraception (LARC) at RHSC Mardan and RHC Taraj, Mr. Nawsherawan, DPWO Mardan distributed certificates among the participants.

Rahnuma-FPAP organized three days training on "Value Clarification and Attitude Transformation (VCAT)" for service providers of Mardan, Chakwal and Rawalpindi at RTI Lahore.

An awareness session with the female faculty members of Uswa Girls College on Mother & Child Health, importance of family planning and its methods held at Uswa Girls College Yultar Skardu. The session was facilitated by Dr. Nazish, Deputy Director Family Planning. The faculty members and students actively participated.

Coordination Meeting with Social Welfare for Pre-Flood Moonsoon 2022 preparation about GBV held at Social Welfare Office Muzaffargarh. The purpose of the meeting was to develop working mechanism for GBV protection and assistance for survivals during emergency situations. Deputy Director, Malik Akram chaired the meeting and attended by District Coordinator DDMA, In charge Crises Center, Ms. Hina Javed, In charge Qaser-e-Behbood, Ms. Abidah Rehman, In charge Dar-ul-Aman, Ms. Aafia Bilal and CSOs representatives were part of the meeting.

Rahnuma-FPAP conducted two days Refresher Training of LHV's of Health Department on Implant insertion & removal successfully completed. Dr. Iftikhar Ahmad, District Health Officer Jhang was the Chief Guest and he distributed the Certificates amongst the participants.

Rahnuma-FPAP organized E-CMIS training on "Necessary Support and Orientation on e-CMIS/CMIS" at Rahnuma Training Institute Lahore. Rahnuma-FPAP staff members from all regions briefed about the old deployed OPENEMR version 4.1.3 to new users and later explained the enhanced features of new & recommended version of OPEN EMR 6.1 by IPPF. Patient Dashboard and other new features explained in detail. The group conducted exercises in order to get familiar with new features in producing accurate patient data and achieve quality of care services in our clinics.

## NETWORKING AND COORDINATION/MEETINGS:

Director PMD - Dr. Anjum Rizvi & Regional Director, Sindh Region Rahnuma-FPAP attended 6th GBV working group meeting, organized by UNFPA at UNFPA Sindh office. Meeting was attended by Development partners/GBV working group members. Opening remarks delivered by Dr. Jamil Ahmad Chaudhry - Program Specialist – SRH and technical session conducted by Dr. Leigh Ashlay Lipscomb, Regional Emergency GBV Advisor (REGA) for Asia-Pacific. The objectives of the meeting were to discuss the key priorities concerns, gaps in GBV flood emergencies and prioritization of GBV key action points for humanitarian phase.

Regional Director, Sindh Region-Rahnuma-FPAP joined with FP2030 partners on the eve of World population day, organized by CIP Sindh / PWD, Government of Sindh. Meeting was attended by Mr. Zulfiqar Ali Shah, Secretary Health; Ms. Shahnaz Wazir Ali, President, SZABIST; Ms. Linnea Eitmann, Program Officer, BMGF; Ms. Marlee Mottaff, Program Coordinator, BMGF; Dr. Talib Lashari, Technical Advisor, CIP/FP2030; Dr. Yasmeen Qazi, Senior Advisor in Pakistan, BMFG etc.

Rahnuma-FPAP, Balochistan Region organized Provincial Task Force (PTF) and Reproductive health Working Group (RHWG) meeting in collaboration with PWD Balochistan under Task Sharing and Task Shifting initiative. The meeting was chaired by Acting DG PWD Balochistan and participated by public and private sectors development partners including DoH, PWD, LHW Program and MNCH.

Rahnuma-FPAP and PWD Chakwal organized one day orientation sessions with AEOs and teachers of the Government Education Department on small family norms and LSBE integration. The session was jointly chaired by Dr. Javaid Iqbal Awan, CEO District Education Authority (DEA) Chakwal and Mr. Wajhat Ali Malik, District Population Welfare Officer (DPWO). The participants of the orientation session highly appreciated the efforts of Rahnuma-FPAP and PWD for providing an opportunity to the teachers for training and sensitization on family planning, MNCH, MMR&IMR etc.

District Technical Committee (DTC) meeting held at CEO Health Office Chakwal. District Population Welfare Officer (DPWO) Chakwal briefed the contraceptive availability and utilization in the district. The meeting was also briefed on the PWD and Rahnuma-FPAP joint activities to observe World Population Week. Dates for 2nd refresher training on implant insertion for mid-





level service providers of PWD and Health Departments also finalized.

District Technical Committee (DTC) meeting held at Jhang under the chair of Dr. Iftikhar Ahmad, DHO Jhang, Syed Zeshan Arif, District Population welfare Officer Jhang, Farrukh Bashir, Program Manager, Rahnuma-FPAP Faisalabad and other key stakeholders from the Jhang district joined the meeting and appreciated the efforts of Rahnuma-FPAP to implement the Task Sharing and Task Shifting implant project at District Jhang.

District Coordination Committee (DCC) Meeting was held at Jhelum under the chair of Mr. Noman Hafeez Deputy Commissioner Jhelum. The meeting was participated by representatives of PWD, District Health Authority, Rahnuma-FPAP, IRMNCH etc. The meeting discussed ongoing activities of the Task Sharing and Shifting Project of UNFPA. CEO Health Jhelum and DC Jhelum appreciates the efforts of Rahnuma-FPAP and UNFPA for providing technical support and enhancing the capacity of service providers which will have a great impact on health related issues.

Rahnuma-FPAP Project Management Office Chakwal organized an orientation meeting of Women Community Support Group attended by Satisfied Clients, Teachers, Social Workers and Village Health Committee members. During the orientation meeting Support Group Members were sensitized on FP&RH, PAC and gender issues.



## Rahnuma Training Institute



### Maintaining High Quality Standards

- 14 standard rooms of 28 beds capacity
- TVs/ACs and Refrigerators facility in standard rooms

### Affordable Expert Care and Comfort

- 9 Executive rooms of 11 beds capacity
- LCDs and ACs facility in executive rooms



- 2 air conditioned training halls with option to merge both to create seating capacity of about more than 75 participants
- Audio, Visual, Multimedia, LED facilities in training halls
- 1 Executive Conference Room
- 12 rooms for groups work
- 1 room with Training Tools/Kits/Moduls/IP etc.
- 2 Dining Halls
- 3 Office Rooms
- Medical store
- Canteen
- One resource centre (RH related books, training manuals, IEC material, training material)
- Internet Facility
- 3 Laundry systems one for each hostel
- Elevator
- UPS
- 2 Generators: 50KVA each (Branded)