

COMMITTED TO CHANGING LIVES

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1967 TO 2016

RAHNUMA-FPAP TRBB TES TO BEGUM SURAYYA JABEEN

FPAP

**RAHNUMA-FPAP QUARTERLY E-NEWSLETTER** 

(EX-PRESIDENT AND EX-CHAIRPERSON RAHNUMA-FPAP) IS NO MORE WITH US. التَّالِيَعَرَّا اليَعَرَّا اليَعَرَّا اليَعرَانِ MAY ALMIGHTY ALLAH REST HER SOUL IN ETERNAL PEACE & JANNAH AND GRANT PATIENCE & SOLACE TO HER FAMILY TO BEAR SUCH A GREAT LOSS.

BEGUM SURAYYA JABEEN A SEASONED AND HIGHLY ACCLAIMED SOCIAL WORKER, WHO REMAINED ASSOCIATED WITH RAHNUMA-FPAP AS A LIFE MEMBER/VOLUNTEER FOR MORE THAN 5 DECADES (AS A CHIEF EXECUTIVE OFFICER, CHAIRPERSON AND PRESIDENT).

SHE HAS UNFLINCHING COMMITMENT AND IS ONE OF THE PIONEERS WHO SPEARHEADED THE CAMPAIGN FOR FP&HR IN PAKISTAN. SHE HAS DISTINCTION TO BE PART OF VARIOUS GOVERNMENT DELEGATIONS AND REPRESENTED THE ORGANIZATION IN VARIOUS NATIONAL AND INTERNATIONAL CONFERENCES. BEGUM SURAYYA JABEEN REMAINED INSTRUMENTAL TO PROVIDE HIGHEST LEVEL OF OVERSIGHT TO REALIZE FP&RH AT VARIOUS LEVELS. THE ORGANIZATION IS INDEBTED TO HER COUNTLESS SERVICES AND CONTRIBUTIONS.



# NETWORKING WITH PARTNERS:

Regional Director Rahnuma-FPAP (Sindh,) attended PAPAC Steering Committee Meeting organized by Marie Stops Society at their Support Office Karachi.

The Noticeable features of the meeting include PAPAC updates, Planning of the PAPAC National assembly (Proposed in August 2022) followed by a discussion on the Steering Committee Election, and Participants' feedback/experience sharing about their work. Meeting attended by representatives of Pathfinder, Aman Foundation, Ipas, Shirkat Gah, Marie Stops Society, Rahnuma FPAP, Aahung Greenstar





# HUMANITARIAN WORK:

Rahnuma-FPAP (Balochistan Region) carried out the distribution of nutrition packs to the Afghan Refugees at the Katavi and Zar Karez Loralai camps. Mr. Sadiqullah, Representative of Afghan Commissioner Loralai facilitated the event.

Rahnuma FPAP (KP Region) carried out the distribution of nutrition packs to the Afghan Refugees Turkman Camps along with ARC staff.







## CELEBRATION OF INTERNATIONAL DAYS:

#### MOU SIGNED:

A Memorandum of Understanding (MoU) has been signed between the Department of Youth Affairs and Rahnuma-FPAP.

The contract seeks to reactivate of Punjab Youth Helpline and Kamyab Jawan Markaz to provide counseling services for marginalized youth under the UNFPA project. Provide authentic information, skills, and opportunities.

A Memorandum of Understanding (MoU) has been signed between Willows International and the Rahnuma-FPAP. The MoU was signed by the Country Head Dr. Samina Afzal, and Representative, of Rahnuma-FPAP Region Office Sindh. The MoU seeks to establish institutional cooperation between Willows International and the Rahnuma-FPAP to collaborate/facilitate the referral services of the No-Scalpel Vasectomy cases. The partnership established under the MoU looks to use the expertise of Rahnuma-FPAP in the subject areas of referring clients for Vasectomy services to the Family Health Hospital of Rahnuma-FPAP. The MoU also provided for holding a National Narrative on Population based on interlinked principles of Rights, Responsibilities, and Balance (Tawazun).





The International Day against Drug Abuse and Illicit Trafficking, or World Drug Day, is observed on 26 June annually. The global event highlights the physical and psychological impact of substance abuse, drug overdose deaths, and drug-related humanitarian crises. Rahnuma-FPAP organized a walk under the youth and women Empowerment Project at Basti Mehar Shah YRC, DHANAK, Muzaffargarh, Punjab. The event spread awareness about the danger of drug abuse not just among adults but also among youth who are the most vulnerable. Participants took the pledge "We continue to advocate to protect the right to health for the most vulnerable, including children and youth, people using drugs, people with drug use disorders, and people who need access to controlled medicines".

World Health Day is a global health awareness day celebrated every year on 7 April, Rahnuma-FPAP organized "World Health Day" with the theme of the contribution of nurses and midwives. Rahnuma-FPAP acknowledges the critical role that nurses and midwives play in keeping the world healthy. Investing in nurses and midwives improves health, promotes gender equality, and supports economic growth.



### NATIONAL EXECUTIVE COMMITTEE MEETING :

Rahnuma-FPAP National Executive Committee Meeting of 1st quarter 2022 was held on 19 April at Avari Hotel. The meeting was chaired by Ms. Rashida Panezai (President, Rahnuma-FPAP) attended by all distinguished members of the committee. Organizational performance was reviewed by sections and Audit Report 2021 was also approved. A detailed briefing was carried out by all managers of their respective departments.



#### COMMUNITY OUTREACH:

Medical camps are set up with a sacred aim to bring awareness to the deprived population of the area who have no access to basic healthcare services or knowledge about the diseases they are suffering from. So, Rahnuma-FPAP provides the importance and objectives of the medical camp, free medical advice, medicine, and antenatal Ultrasound in Afghan refugee camps in Baluchistan & KP, Madina colony, and FHMC Skardu.

Beneficiaries of these medical camps are not merely limited to the camp place, a large number of populations from surrounding villages benefited from this Event.

Four community awareness sessions were arranged in FHMC Skardu, Hoto valley Skardu, FHMC Khanpur, and FHC Lutkaran Muzafar Garh. These camps make sure people are getting healthcare at the right time, and seeing the doctor early enough before a small health problem turns serious. Ms. Lubna Senior Lady Health Visitor and Dr. Munnaza medical officer shared the importance of Family Planning and Reproductive Health & Rights in detail with the participants.









#### WORKING WITH TRANSGENDER COMMUNITY:

Rahnuma-FPAP in collaboration with Sathi Foundation arranged a free mobile medical Camp in Faisalabad city for transgender persons, who are the most neglected community. 26 transgender persons benefitted from the medical camp. Consultations for FP&RH services, general diseases, and free medicines were also provided to everyone coming to the medical camp. The participants were educated about preventive measures and healthy lifestyles to maintain good health.

The beneficiaries were glad to see such a useful step taken by Rahnuma-FPAP for them. They believed that Rahnuma-FPAP is providing health facilities to everyone with the camps like this the hospital reaches out to underprivileged communities to deliver quality care at their doorstep. They thanked the Rahnuma-FPAP and expressed their wish to have more such medical camps regularly.

#### PUBLIC SECTOR ENGAGEMENT:

A meeting was conducted at Family Health Hospital Quetta. Director Women Development Department – Balochistan Ms. Sajeela Naveed, Dr. Jamil Ahmad, Program Specialist UNFPA Pakistan and Dr. Tauseef Ahmed, Technical Expert UNFPA were also present. A brief discussion was carried out on medics, YPAs, Youth Counselors, and peer educators.

A meeting was held with the public sector, CSOs, UNFPA, and INGOs/ NGOs under the chairpersonship of Dr. Nayla Altaf -Additional Secretary PWD Punjab at the Committee Room of PWD Punjab. The meeting was held to understand the "Task Shifting and Task Sharing" project and what works in progress in Pakistan by Rahnuma-FPAP and to shed light on areas where improvement is required in existing services to understand their sensitivity. Rahnuma-FPAP organized a meeting with Mr. Javed Chohan, DG Punjab Youth Affairs & Sports Department. Ms. Sabrina Khan, Programme Analyst Adolescence/ Youth UNFPA, also attended this meeting. The meeting aimed to finalize the establishment of a co-working space for young people (RH & Business entrepreneurs) and its rollout plan in Elibrary Punjab -Lahore. Mr. Najeeb Alam, Secretary Population Welfare, Women Development, Social Welfare, Human & Child Rights and Youth Affairs GB along with Mr. Akramullah Baig Director Population Welfare GB, and Mr. Muhammad Saleem DPO Skardu visited the newly established Family Health Model Clinic Skardu. They visited all the facilities and expressed satisfaction with the quality of work. During the, visit Rahnuma-FPAP team updated about interventions in Baltistan, in collaboration with PWD, GB. Rahnuma-FPAP organized a review meeting of Provincial Task Force (Sindh) on the Task Shifting and Task Sharing Initiative at Karachi. The meeting was chaired by Dr. Talib Lashari, Technical Advisor CIP, Focal person FP2030. Mr. Ashiq Ali Khawaja Vice President, Rahnuma-FPAP Sindh Region welcomed the participants. Other participants of the meeting were Ms. Bayramgul, Head of office UNFPA- Sindh, Dr. Kashif Khanzada-Deputy Director - RMNCH, DPWOs / DDPWOs / DPOs from Thatta, Umerkot, Mithi & Larkana, representatives from GSM, Pathfinder, MSS, HANDS and Willows International. Regional Director Rahnuma-FPAP, Sindh Dr. Abdul Qayoom attend a preparatory meeting on ICFP 2022, organized by CIP Sindh/PWD, Government of Sindh. The meeting was chaired by Dr. Talib Lashari, Technical Advisor, CIP, Representatives from CSOs and development partners attended the meeting. During the meeting Mr. Abdul Qayoom, Regional Director shared that two abstracts of poster presentations submitted by Rahnuma-FPAP were PAP accepted for presentation in ICFP.





#### **CAPACITY BUILDING:**

Rahnuma-FPAP Sindh Region organized a training on "Counseling Skills" for its healthcare professionals, healthcare providers, and program management teams. The objectives of the training were to enhance the communication & counseling skills of the health care providers, this training will enhance their skills for the provision of quality FP&RH services.

Two days refresher of Punjab Youth Helpline Counselors on FP&RH issues held in RTI Lahore. Mr. Ahmed Bilal (Trainer & Doctor of Psychology) facilitated this training.

A group of 27 nursing students of Saifee

















Burhani Nursing School visited Regional Office & Family Health Hospital Karachi. MS- Family Health Hospital Dr. Nighat Nadeem & Regional Program Manager, Mansoor Ali facilitated the team and presented a detailed orientation of Rahnuma-FPAP, about its Vision, Mission, and Program interventions.

Rahnuma-FPAP organized two days of training on "Value Clarification and Attitude Transformation (VCAT)" in Lahore. Dr. Noreen Zafar facilitated the training.

One day refresher was organized by Rahnuma-FPAP on implant insertion & removal of mid-level service providers under the Task Shifting and Task Sharing project by UNFPA for PWD & Health Department at THQ Talagang, District Chakwal.

15 mid-level service providers of PWD completed their training organized by Rahnuma-FPAP, Haripur. DPWO Haripur, Mr. Ashfaq, also participated in the training. Mr. Akbar Ayub Khan MPA (Ex-Minister, Local Government) KPK distributes the certificate among the successful participants. Mr. Akbar Ayub Khan appreciates the Rahnuma-FPAP role at the National and provincial levels.

Review Meeting for integration of LSBE Booklets in PWD Training Manual at Rahnuma Training Institute in collaboration with Punjab Vocational Training Council (PVTC). The training was joined by representatives from Punjab Vocational Training Council (PVTC), UNFPA Islamabad, Population Welfare Department, School Education Department, Punjab Texts Board, and Youth volunteers.

Provincial Task Force (Balochistan) meeting under Task Shifting and Task Sharing held at Quetta. Dr. Jamil and Dr. Tauseef Ahmad briefed the DG Population Welfare Department, Mr. Muzafar Zeshan. PWD, MNCH, DOH, WHO, PPHI, BRSP, LHW, HIV, and PDMA representatives were also present.











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