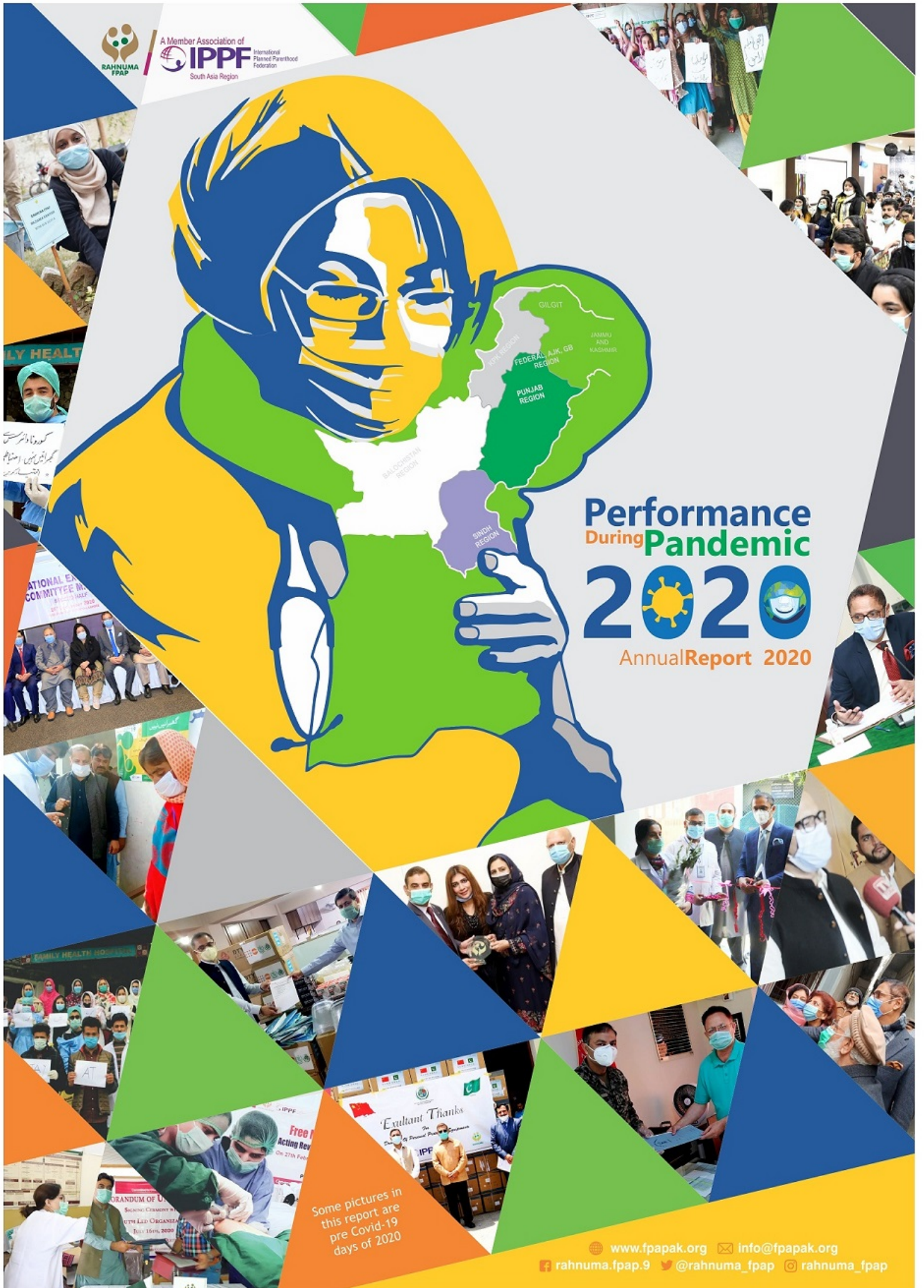




A Member Association of  
**IPPF** International Planned Parenthood Federation  
South Asia Region



# Performance During **Pandemic** **2020** Annual Report 2020

Some pictures in  
this report are  
pre Covid-19  
days of 2020



## Vision:

"All people in Pakistan are empowered to make choices about their SRH and well-being in a world without discrimination".

## Mission:

For the Strategic Plan 2016-22, the Mission has been redefined and merged into two legs as follows:

- To lead a movement for SRHR and FP as a basic human right in Pakistan.
- To provide and enable sustainable and quality SRH including FP information and services to all particularly vulnerable and underserved in partnership with government and all other stakeholders.



### Editorial Panel:

Syed Kamal Shah  
Chief Executive Officer

Ms. Saima Murtaza  
Director Advocacy & Communication

Mr. Amjid Latif  
Manager Advocacy & Communication

Mr. Jahangir Ali  
Graphic Designer



**Dr. Rashida Panezai**  
President Rahnuma-FPAP

*"The world needs huge positive energy to fight against the negative forces"*



## NATIONAL executive COMMITTEE 2020



**Ms. Mahtab Akbar Rashdi**  
Chairperson, Rahnuma-FPAP

*"Our actions & preventive measures holds the key to a fast recovery for the entire humankind specially in this horrific global health crisis"*



**Ms. Zarine Aziz**  
Treasurer, Rahnuma-FPAP

*"keeping your attitude positive is one of the most important things you can do to keep moving forward in such adverse times"*

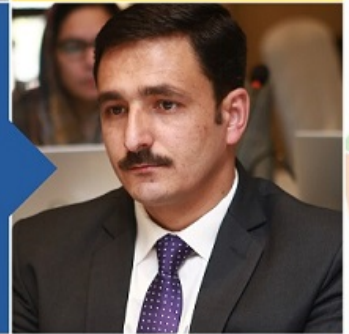
**Mr. Zahoor Ahmad Qureshi**  
Vice President, Punjab Region  
Rahnuma-FPAP

*"I am praying for relief & recovery for all humanity"*



**Mr. Imran Hussain Mir**  
Vice President, Federal GB & AJK Region  
Rahnuma-FPAP

*"Its always darkest before dawn, so stay positive, healthy, protected & blessed"*



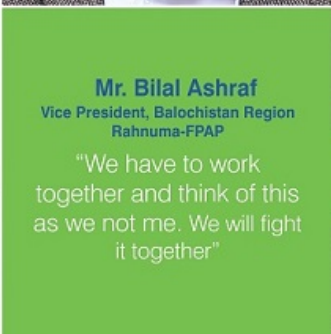
**Mr. Ruhul Ameen**  
Vice-President, KP Region  
Rahnuma-FPAP

*"Fear knocked at the door. Faith answered. No one is there." I don't know who wrote this but it does comfort me, have faith this time will pass for sure!*



**Mr. Ashiq Ali Khawaja**  
Vice President Sindh Region  
Rahnuma-FPAP

*"Nothing is particularly hard, follow the simple SOPs to stay protected from this epidemic disease"*



**Mr. Bilal Ashraf**  
Vice President, Balochistan Region  
Rahnuma-FPAP

*"We have to work together and think of this as we not me. We will fight it together"*



**Ms. Mahrukh Qambarani**  
Chairperson NYN/ Youth Member,  
Rahnuma-FPAP

*"It is always very important to show kindness, love, compassion, care, patience, and empathy during this hard time"*



**Ms. Zoha Riaz**  
Youth Member

*"COVID-19 brought me to a point where I look at my life from the inside out rather from the outside in"*



**Syed Kamal Shah**  
Chief Executive Officer  
Member/Secretary without Vote  
Rahnuma-FPAP

*"Often when you think you're at the end of something, you're at the beginning of something else. Always take out some positivity out of negativity"*



## MESSAGE FROM

President,  
Rahnuma-FPAP



"With the current COVID-19 health crisis changing norms, work-life balance is no longer a binary concept, but one that has evolved into a challenging confluence of needs between work, home, and family, all under one roof. Our first priority is protecting and supporting our front line healthcare professionals and support staff. Even under these extremely strained circumstances we cannot lose sight of our goal to "realize a society that allows access to reproductive health services, whenever and wherever it may be". Rahnuma's staff across Pakistan are making sacrifices every day, working under difficult circumstances and deserve our full support.

Despite lockdown, our SDPs are functional and we are also providing counselling and urgent consultation through our free helplines. All staff have been provided with PPE, and other protection tools, and our headquarter and regional staff are working from their homes on roster basis. Our community engagement services and outreach activities have been worse hit, which includes mobilization, training, counselling, community outreach sessions, peer-to-peer-sessions, mobile outreach and door-to-door home visits, and youth engagement channels. However, we are providing SRH counselling through our six dedicated helplines.

The world is going through a period of crisis, but whether we look at it as a crisis or as an opportunity to reshape our thinking depends on us. So use this period as a lesson on how to live life with a concern for all humankind. We will pull through it together as we all are one – together we are stronger!

We are carrying on our work together through advocacy, service delivery, information, and education to ensure access to SRH and to respond to gender-based violence at a time when women and girls need these services most. I want to thank staff and volunteers for making great efforts to enable SRH care even in the time of COVID-19. We must look at this pandemic as an opportunity to innovate in the way that we need to keep our focus on providing SRH services that keep our community safe and healthy.

It is in times of crisis that heroes are born. In all modesty, we want Rahnuma-FPAP values to shine at this difficult hour. This is the moment for extra effort, for going the extra mile to make a huge difference for our society.

Dr. Rashida Panezai  
President Rahnuma-FPAP



We are living through a difficult time for society and our economies. The crisis around the COVID-19 pandemic has left no one untouched and so has affected Pakistan's economy. The pandemic is hitting marginalized communities particularly hard, at this time when nations across the world are implementing, "keep calm and stay at home measure", the outbreak has disrupted access to family planning, reproductive health and gender-based violence services and commodities which are often overlooked in times of crisis. It's a wake-up call for Pakistan when its statistics of MMR and IMR are already worrisome keeping in view all efforts will go down the drain which were made to reduce IMR and MMR, moreover the shortage/non availability of contraceptives and antibiotics (to treat STIs) due to disruptions in supply chain is another serious concern. We are blissful to share that Rahnuma-FPAP is a leading member of Pakistan's civil society playing its vital role from day one in the combat zone to provide necessary support to contain the spread of COVID-19. Despite lockdown we have extended our RH and FP services across Pakistan. The only organization across Pakistan that did not close down its clinic not even for a single day. We being a member association of IPPF in Pakistan following all WHO and GoP guidelines to protect our patients and service providers. Our staff has been provided with PPEs and other staff protection tools. Our LHV's are providing MESO at doorsteps nationwide. Our IEC material in regards to COVID protocols and guidelines is kept on all necessary spots where community at large can see and get aware of it.

More than 80% services are targeted towards vulnerable and marginalized sections of society who have been hit hard by this pandemic, including those living with disabilities, HIV/AIDs, women and children, and poorer people. We are working with other stakeholders not to leave them behind and ensure the availability of RH services despite the pandemic. I am extremely proud of the innovative work and dedicated commitment our team members' exhibit on a daily basis while caring for each other and the communities we serve. We are confident that we will make a positive contribution in this crisis, thanks to our remarkable ingenuity and teamwork of organization.

Understandably, there is a great sense of unease everywhere. My heart goes out to associates who lost their loved ones, who are sick or are caring for loved ones or friends. Let us all together put humanity above all and serve for the right cause, this tough time will surely pass and will be sunshine everywhere.

**Stay healthy & safe!**

**Deep gratitude**



**Syed Kamal Shah**  
Chief Executive Officer,  
Rahnuma-FPAP

## **MESSAGE FROM**

Chief Executive Officer,  
Rahnuma-FPAP



LET'S STOP COVID-19  
**Stay  
Home  
Stay Safe**





# ACRONYMS:

AACM	Alliance Against Child Marriage	MMR	Maternal Mortality Rate
AIDS	Acquired Immune Deficiency Syndrome	MNA	Member of National Assembly
AJK	Azad Jammu & Kashmir	MNCH	Maternal Neonatal Child Health
BCC	Behaviour Change Communication	MSI	Marie Stopes International
BHU	Basic Health Unit	NCSW	National Commission on the Status of Women
CBDs	Community Based Distributors	NDMA	National Disaster Management Authority
CBOs	Community Based Organizations	NHEPRN	National Health Emergency Preparedness and Response Network
CCI	Council of Common Interest	NYN	National Youth Network
CEDAW	Convention on the Elimination of All Forms of Discrimination against Women	PAC	Post Abortion Care
CEWG	Country Engagement Working Group	PAC	Post Abortion Contraception
CIP	Costed Implementation Plan	PACs	Provincial Advisory Committee's
CMRS	Clinical Management of Rape Survivors	PAP	Population Association of Pakistan
CPD	Commission on Population Development	PAPAC	Pakistan Alliance for Post Abortion Care
CPR	Contraceptive Prevalence Rates	PCMI	Pakistan Child Marriage Initiative
CSE	Comprehensive Sexuality Education	PCSW	Punjab Commission on the Status of Women
CSOs	Civil Society Organization	PDMAs	Provincial Disaster Management Authority
DCMC	District Cluster Management Committee	PHC	Primary Health Care
DFID	Department for International Development	PMSEU	Poor Marginalized Socially Excluded and Underserved
FHC	Family Health Clinic	PoA	Program of Action
FHMC	Family Health Model Clinic	PPIUD	Postpartum Intrauterine Contraceptive Device
GCHCI	Global Comprehensive Health Care Initiative	PPs	Private Practitioners
GUSO	Get Up Speak Out	PWD	Population Welfare Department
HBW	Home Based Workers	QAD	Quality Assurance Doctor
HDI	Human Development Indicator	QoC	Quality of Care
HI	Humanitarian International	RCC	Regional Coordination Committee
HIV	Human Immuno Deficiency Virus	RH&RE	Reproductive Health & Rights Education
ICPD	International Conference on Population & Development	RHRN	Right Here Right Now
IDR	Internally Displaced Population	RNYN	Rahnuma National Youth Network
IDUs	Intravenous Drug Users	SDGs	Sustainable Development Goals
IEC	Information Education Communication	SDP	Service Delivery Points
IMR	Infant Mortality Rate	SGBV	Sexual and Gender Based Violence
INGO	International Non Governmental Organization	SOPs	Standards Operating Procedures.
IPPF	International Planned Parenthood Federation	SRHR	Sexual and Reproductive Health & Rights
IRMNCHNP	Integrated Reproductive, Maternal, New Born and Child Health and Nutrition Program	STDs	Sexually Transmitted Diseases
IUCDs	Intrauterine Contraceptive Device	STI	Sexual Transmitted Infections
LARC	Long Acting Reversible Contraception	TFR	Total Fertility Rate
LGBT	Lesbian Gay Bisexual Transgender	UNCRC	United Nations Convention on the Rights of the Child
LSBE	Life Skill Based Education	VCAT	Value Clarification and Attitudinal Transformation
MDGs	Millennium Development Goals	WHO	World Health Organization
MISP	Minimum Initial Service Package	YFS	Youth Friendly Services
MLA	Member Legislative Assembly	YRC	Youth Resource Centre



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# Executive Summary

This year Annual report is based on our "Performance during Pandemic 2020." As we all know that COVID-19 was declared as an outbreak by World Health Organization (WHO) since December 2019. The virus reached Pakistan on 26 February 2020, when two cases were recorded. On 18 March 2020, cases had been registered in all four provinces, the two autonomous territories, and Islamabad Capital Territory, by 17 June each district in Pakistan had recorded its cases of COVID-19.

We are proud to share that Rahnuma-FPAP is a leading member of Pakistan's civil society playing its vital role from day one in the combat zone to provide necessary support to contain the spread of COVID-19. Despite lockdown we have extended FP&RH services across Pakistan. We being a member association of International Planned Parenthood Federation (IPPF) in Pakistan following all WHO and GoP guidelines to protect our patients and service providers.

Under the supervision of CEO, Rahnuma-FPAP following IPPF footsteps formed core committee on COVID-19 to look into all matters related to COVID-19 whether safety items, staff and programs matters etc, every matters were dealt under emergency protocols of Rahnuma-FPAP. Our staff has been provided with PPEs and other staff protection tools. We provided all requisite equipment's and necessary logistics to all services delivery points as our services delivery apparatus is composed of nine fully equipped Family Health Hospitals, more than one hundred Family Health Centers and thousands of Community Based Distributors and Private Practitioners reaching millions of people annually.

Our non-clinical staff have been working from their homes on roster basis. Whereas our community engagement services and outreach activities have been hit, which includes mobilization, training, counselling, community outreach sessions and youth engagement channels. However, we have provided counselling through our six dedicated helplines and IEC material in regards to COVID-19 protocols and guidelines.

The Health Care Workers were considered for the various tasks related to maternal health and comprehensive post abortion care, including awareness raising, counselling, birth preparedness, lactation management etc. other related to pregnancy, delivery and/or postpartum care. Multiple



approaches were adapted to ensure and reach the poor, marginalized and underserved communities including door to door visits.

Rahnuma-FPAP signed MoUs with National and Provincial governments, developing partners and CSOs including NDMA, PWD, UNFPA, DoH, Pakistan Rangers and Ministry of Environment. These MoUs focused on the health, RH & FP, disaster resilience, COVID-19 related concerns and environment. These MoUs were also aim to improve access and availability of Implants through service providers including paramedics at public sector facilities and to address choice of method available, overcome missed opportunities and improve contraceptive method mix.

Rahnuma-FPAP implemented Humanitarian Capacity Development Center (HCDC) as a lead along with other IPPF member associations (Yemen, Sudan, Burundi, Burkina Faso and Central African Republic. The project's main objective is to improve the capacity and capability of MAs in countries with high risk to natural disasters or spikes in conflicts or epidemics, so that they can respond rapidly & effectively and scale up the delivery of life-saving and essential RH & FP services. Due to COVID-19 inception meetings were conducted virtually through zoom link.

The biggest success during this phase of Global Comprehensive Health Care Initiative (GCHCI) project was to maintain and adapt service delivery to ensure access to FP&RH services for clients. GCHCI Services Delivery Points (SDPs) remained functional all over Pakistan, adopting strict protection and safety measures for service providers and clients. They were also provided FP&RH counselling through six dedicated toll free helplines. During the year 2020 a

total 565,825 clients visited the GCHCI SDPs, in which 470,464 were RH & FP clients.

IPPF accreditation is carried out for all of its full members associations globally after every 5 years. Accreditation system aims to ensure that all the Federation's Member Associations meet and comply with IPPF standards. Rahnuma-FPAP has already been accredited twice by IPPF and currently the process of phase-III of the IPPF accreditation was conducted online as well as by a third party engaged by IPPF.

Rahnuma-FPAP has so far utilized over 200,000 units of DMPA SC through FPAP outlets with a generous support received from UNFPA. The first ever National level operational study on utilization of Sayana Press under private sector was also conducted by Rahnuma-FPAP during 2020 and its findings were shared with all stakeholders.

FP2030 Pakistan Country Engagement Working Group (CEWG), established by Government of Pakistan, Ministry of National Health Service, Regulation and Coordination (MNHSRC) formed an Advocacy and Media Sub-group to further streamline the SBCC Strategy in line with recently formulated CCI Recommendations. The Advocacy and Media Sub-group of CEWG further constituted the Advocacy & Media SBCC Strategy Formulation Sub-group. The SBCC Media Strategy Formulation Sub-group is chaired by PWD-Punjab with Rahnuma-FPAP as a Co-Chairperson.

The Data and Program Review Group held meetings, where Rahnuma-FPAP is a member, software to capture data and expedite analysis has been processed. The contraceptive commodity security group with FPAP as member has lead to contraceptive security.

Despite of COVID-19 pandemic Rahnuma-FPAP was able to achieve 1.65 million CYPs in 2020 under its operations across Pakistan. It is pertinent to mentioned here that more than 17.7 million FP&RH services were provided, out of which 7.5 Million services were exclusively targeted to young people. Moreover Rahnuma-FPAP provided 0.80 Million HIV related services and remained a leading CSO contributor of FP&RH services in Pakistan. More than 62.6% clients were poor & vulnerable and 86% services were exclusively targeted for women.





DG IPPF is presenting shield to NDMA Pakistan, RAhnuma-FPAP President, Chairperson, Chief Executive Officer and other SMT members are also present



## Director General IPPF Dr. Alvaro Bermejo VISIT TO PAKISTAN

DG IPPF visited Pakistan during 2020. He has more than 20 years experience as a senior executive in global federations. Prior to joining IPPF he was Executive Director of the Survive and Thrive portfolio at the Children's Investment Fund Foundation (CIFF). Has also led the International HIV/AIDS Alliance for more than a decade, where he oversaw rapid growth in its program and new country expansion as well as achieving significant policy influence.



DG IPPF is visiting Rahnuma-FPAP Family Health Hospital Islamabad



Pre-COVID  
VISIT

Dr. Alvaro Bermejo, DG IPPF is holding a Multi Stakeholders Dialogue on Family Planning and Reproductive Health issues confronting Pakistan and its implications on current situation.

DG IPPF is being briefed on family planning and reproductive health related contraceptives methods and their application on different segments of society.







**DG IPPF during his visit to one of the Rahnuma-FPAP Family Health clinic along-with Governance and Management Team of Rahnuma-FPAP**



DG IPPF is visiting one of Rahnuma-FPAP Youth Resource Centre



DG IPPF is being briefed by CEO, Rahnuma-FPAP on SBCC activities at Information Resource Centre



DG IPPF is holding youth dialogue at one of Rahnuma-FPAP Youth Resource Centre

### Brief recordings

An interview with Alvaro Bermejo, DG IPPF Pakistan

## Reproductive rights make economic sense

Alvaro Bermejo, DG IPPF Pakistan, is visiting Pakistan to support the reproductive rights movement. He is being briefed by the CEO of Rahnuma-FPAP on SBCC activities at the Information Resource Centre. He is also holding a youth dialogue at one of the Rahnuma-FPAP Youth Resource Centres. He is visiting different sections of FHH Islamabad and recording his valuable feedback. He is concluding his Pakistan tour with a group photo with the Rahnuma-FPAP Family Health Clinic team.

**While Visiting different sections of FHH Islamabad and recording his valuable feedback**



DG IPPF with Rahnuma-FPAP Family Health Clinic while concluding his Pakistan Tour





**Dr. Alvaro Bermejo**  
Director General IPPF

## VISITED

Rahnuma-FPAP

**Family Health  
Clinic at  
NADIRABAD  
Lahore**

on

February 27, 2020

During his visit, DG IPPF  
impressed with overall  
structural and management  
of the clinic moreover  
ranked this clinic as one of  
the best clinics he has ever  
visited.

Brilliant small clinic. Do well  
organized and managed. Very  
impressive. Congratulations to  
all the staff!

AKW, 27/2/20  
DG IPPF.



I am so impressed by the  
excellent work of all the  
service provider, & intention  
wish them best of luck.

Dr. Panigrahi  
President  
27/2/20





This motivational poster developed on the very start of COVID-19 pandemic with individual pictures of Senior Management of Rahnuma-FPAP



COVID-19 Pandemic Rahnuma-FPAP

# Awareness Campaigns

## Chief Executive Officer's interview on the impact of COVID-19 by IPPF. Some recaps of the interview.

### How badly has Pakistan been affected by the Coronavirus?

The COVID-19 pandemic has wreaked havoc on overall economies worldwide and so has affected Pakistan's already trembling economy; the virus has led to a global economic shutdown and upended life.

### What impact is it having when it comes to sexual and reproductive health & rights (SRHR)?

The provinces under COVID-19 list, FP/SRH services have not been fully addressed in the essential service lists, moreover doctors and paramedics are placed at the disposal of the Health Department for use under COVID-19 response. Shortage/non availability of contraceptives and antibiotics to treat STIs due to disruptions in supply chains are another serious issues.

### Is frontline staff still able to go into the community? If yes what challenges they are facing?

We are happy that our staff from day one is working with the Government and other organizations to raise awareness about complying with the rules on Coronavirus prevention. Our LHV's are providing services at door steps nationwide information. Banners have been developed and displayed at points where community can see them; leaflets have also been developed and distributed to clients.

### What are you doing to keep providing services to people in all the regions in Pakistan?

Despite lockdown our SRHR and FP services delivery network across the Pakistan remained functional with initial staff, we also provided counseling and urgent consultation through our helpline, all staff has been provided with PPEs and other staff protection tools. Our headquarter and regional staff are working from their homes on roaster basis to ensure continuity of contraceptives.

For complete interview detail, visit IPPF website :

<https://www.ippf.org/blogs/covid-19-impact-what-we-know-so-far-pakistan>





**QAD**

shall remain in touch with the field staff.

**Ensure**

strict IP protocols implementation in SDPs including waste disposal.

All medical  
**Services Providers**  
perform their functions with proper personal protection equipment's (PPE).

# **SAFETY** **COMES** **FIRST**

**What Role**

has been assigned to RHF and community mobilizer.

**COVID BCC material**

developed by Rahnuma-FPAP be displayed at all prominent places in and around the SDPs.

**How and where**

are we partnering with the Public sector, PDMAs, 1122 or other local organizations.

Share what strategies has been developed at the  
**SDPs to ensure**

that we continue providing the SRH, FP and MR services to the dependent communities.

If any **positive case** is detected, it shall be ensured that he may not be sent back but is to be reported to the designated authorities for proper testing and management.

**Ensure Social Distancing** while providing services and during the activities.





"Fighting COVID-19 together and keep our friendship forever" Rahnuma-FPAP is thankful to China Family Planning Association (CFPA), on donation of PPEs, with generous assistance and facilitation from Embassy of Pakistan in Beijing and the NDMA.



## COVID-19 SOPs for SDPs:

Rahnuma-FPAP devised the strategy to cope and share the government burden by ensuring continues services through their SDPs while taking effective preventive measures for staff and communities.

**SDP's Staff Safety:** Avoiding meeting of more than 3 staff, discontinuation of activities like provider trainings, community gatherings and larger meetings at offices.

**Providing information to providers as per WHO, NDMA and NCOC guidelines:** Providers were immediately contacted through respective PMOs and informed about the evolving situation.

**Keeping Community Connected with the Network:** Rahnuma-FPAP staff remain connected with their referral partners, community awareness was carried out by displaying posters and leaflets in local languages at prominent places.

**Supportive supervision and refreshers using technology:** Refresher training through video links were conducted for services providers to keep them update about COVID-19 prevention and precautions.

### Brief list of Procurement of Protective item and its delivery at locations for immediate measures:

Corana testing kits, Clenil Aerosol Nebulising Sol 800mg, Zetro Cap, Softin Tab, Handsanitizer, Dettol Solution, Pump of Spray, Disposable Gloves, Protective Gloves, Infrared thermometer Gun were provided across operations (HO, Punjab, Sindh, Federal, KP and Balouchistan).

### Development of Dissemination of COVID-19 SBCC material:

Developed and disseminated posters, leaflets, pamphlets and standees in local languages for their display at all the prominent places at SDPs.







# Rahnuma FPAP Role of Action in Pandemic | 2020

Rahnuma-FPAP a leading member of Pakistan's Civil Society played an indispensable role in the frontlines to provide necessary support to contain the spread on COVID-19 as we have our extended service delivery apparatus all over Pakistan





## Rahnuma-FPAP Role of Action in Pandemic:

Rahnuma Family Planning Association of Pakistan a Member Association of International Planned Parenthood Federation (IPPF) is one of the largest and oldest civil society organization established much before the constitution of IPPF, back in 1953 exclusively devoted to working in Reproductive Health (RH) and Family Planning (FP). IPPF was constituted by eight of these associations (including FPAP) to mobilize resources for these associations for the very cause of FP (initially for FP and over time covered the entire RH sector). Over time IPPF grew big, currently it covers 150+ countries across the globe with its head office at London and covering the globe through six Regional Structures and Rahnuma-FPAP is part of the South Asia Region.

Rahnuma-FPAP is recognized both nationally and internationally as a leading advocate and service provider for RH & FP. It has distinction to collaborate with all major national and international development agencies (INGOs, UN Systems, public sector, government institutions).

## FP and RH Community Outreach Services during the COVID-19:

Rahnuma-FPAP adopted all national & international protocols and guidelines for the FP&RH community outreach services during the COVID-19 pandemic ensuring that FP&RH services in the community should be more targeted towards poor. Community Health Care Workers were provided guidance of referring COVID-19 patient to nearby facility as needed while undertaking all necessary personal protective precautions. The Antenatal registration was continued during home visits and family planning services were provided in an uninterrupted manner. Furthermore postpartum care was provided at household level to identify new-borns/children for starting/continuing routine immunization and home visits. It was also decided to deliver key messages on FP&RH during the community visits to all the pregnant women and ensure hand washing and social distancing in one to one meeting. Advocate for home quarantine and self-isolation for healthy people with high-risk contacts. The Health Care Workers were considered for the various tasks related to maternal health and post abortion care, including awareness raising, counselling, birth preparedness, lactation management, issues related to pregnancy, delivery or postpartum care.

### Service Delivery Infrastructure:



### Services Delivered during Pandemic:





Rahnuma FPAP CEO, Syed Kamal Shah and Chairman NDMA Lt. Gen Muhammad Afzal are signing an MOU in presence of Director General IPPF Dr. Alvaro Bermejo and FPAP Team. This is only of his kind, where NDMA signed an MOU with an NGO on strengthening community participation for disaster resilience.



Rahnuma-FPAP and Jhpiego Pakistan signed MoU and through this MoU Jhpiego will handover 9,000 units of DMPA-SC (expiry date of April, 2021) to FPAP for its timely utilization and that in exchange FPAP will return 9,000 unit of DMPA-SC to Jhpiego on receipt of the same from IPPF/UNFPA.

## Partnerships (MoUs) Signed:

### **Rahnuma-FPAP signed MoU with PWD) under its UNFPA funded Project:**

Rahnuma-FPAP signed MoUs with PWD-Sindh, KP, Punjab, Balochistan, GB and AJK under its UNFPA funded Project to promote the Long Acting Reversible Contraceptives. The main objectives of this MoU was to increase the access of Long-Acting Family Planning Methods through task shifting and task sharing and support capacity building of service providers of PWD & DoH for providing long term family planning methods. It was further aimed to support Provincial Government's task shifting and task sharing strategies under CIP FP 2020 for expanding long-term family planning services.

As per the MoU Rahnuma-FPAP provided dedicated capacity building and ToTs to the selected PWDs services providers, including orientation sessions at provincial levels, monthly District Technical Committee (DTC) meetings and trainings on implant insertion and removal. Rahnuma-FPAP further trained public sector health care providers through eight specific trainings on LARC and conducted bi-annual

Review Meetings with Project Task force on Task Shifting/Task Sharing. Rahnuma-FPAP aim was to build a strong voice for the LARC at the policy making level and conducted consultative meetings with parliamentarians on family planning advocacy at provincial level.

Training of trainers/refresher trainings in counseling and demand creation and referrals of clients for modern contraceptive methods. The PWDs, also supported Rahnuma-FPAP to develop a supervision mechanism to undertake supervision visits across all facilities ensuring quality and standardized service delivery.

### **Rahnuma-FPAP signed MoU with Department of Health (DoH) KP on FP&RH referrals and collaboration for COVID-19 cases:**

Rahnuma-FPAP signed MoU with Department of Health (DoH) KP on





Regional Director Balochistan receiving MoU from a Youth led organization



Minister for Environment Protection Department Punjab presenting Shield to CEO R-FPAP



Rahnuma-FPAP signed MoU with Department of Health (DoH) KP Region



RD Punjab receiving signed MoU from Pakistan Ranger at Phuklian Bajwat, Sialkot, Dir. Admin and Logistics are also seen in the picture

FP&RH referrals and collaboration for Covid-19 cases. This Memorandum of Understanding (MoU) was signed between Health Department, KP and Rahnuma-FPAP for execution of UNFPA funded project on task sharing in district Haripur. The main objective of this initiative was to 'improve access and availability of implants through service providers including paramedics at public sector facilities. It was also aimed to address choice of methods available, overcome missed opportunities and improve contraceptive method mix. It was transpired that the objectives of the project can only be reached through a well-coordinated effort in which all the partners/stakeholders join hands.

#### **Rahnuma-FPAP signed MoU with Pakistan Rangers to provide FP&RH services at Phuklian Bajwat, Sialkot:**

Rahnuma-FPAP signed Memorandum of Understanding (MoU) with Pakistan Rangers to provide FP&RH services. The MoU is aimed at to overcome missed opportunities and improve contraceptive method mix. It was transpired that the objectives of this MoU can only be reached through a well-coordinated effort in which all the partners/stakeholders join hands together. The MoU further expand the FP&RH outreach services through Rahnuma-FPAP infrastructure in areas managed by Pakistan Rangers at Phuklian Bajwat, Sialkot.

#### **Rahnuma-FPAP signed MoU with Environment Protection Department Punjab (EPD):**

Rahnuma Family Planning Association of Pakistan, signed MoU with Environment Protection Department Punjab. The MoU was signed by Minister for Environment Protection Department Punjab and CEO, Rahnuma-FPAP. The main objective of this MoU is to ensure sustainable and equitable use of resources without degrading the environment or risking health/safety. It was further aimed to raise awareness and understanding of the link between environment and development and Usage of Eco-friendly resources.





## World Population Day 2020:

Rahnuma-FPAP organized poster competition in partnership with PWD Punjab & UNFPA on World Population Day 2020 under the theme **"Putting the brakes on COVID-19: How to Safeguard the Health and Rights of Women and Girls Now"**. Under this poster competition received plenty of creative and innovative posters in view of World Population Day theme and it was really tough and time taking exercise to figure out the first, second and third position amongst plenty of masterpieces from participants taking part in the poster competition from all over Pakistan. Later, award distribution ceremony was held to award certificates to all participants and cash prizes to position holders at Rahnuma Training Institute (RTI). Secretary Population Welfare Department Punjab was guest of honor and distributed shields among the successful winners of the competition. Secretary Population Welfare Department Punjab in his concluding remarks highlighted the high population growth rate, a main reason for poverty and malnutrition. He further shared that Population Welfare Department is working hard to increase contraceptive prevalence rate (CPR), in line with international commitments.

Rahnuma-FPAP celebrated world population day all across its system of operation throughout Pakistan.

## Medical Camps:

Rahnuma-FPAP has been working as a frontline soldier for humanitarian services. In this regard, Rahnuma-FPAP organized medical camps in the flood-affected areas in Muzaffargarh under WISH2ACTION project. The medical camps provided free medicines and family planning services to the target population. We also organized outreach service delivery camp in collaboration with BHU Doaba in the flood-affected area Basti Dhund, Doaba. DCMC members Respected Dr. Muhammad Kazim DoH HR (DHA) and Dr. Iqbal Makwal DoH PS (DHA) and Malik Khair Muhammad Budh visited the camp. The members of Community Flood Response Team also contributed in tenting and other local arrangements.





## LSBE Taskforce:

Life Skill Based Education (LSBE) is an important part of Rahnuma-FPAP's strategic plan and is being integrated with different initiatives. LSBE is being imparted at two levels, first is to generate public discourse for the acceptability of LSBE in youth policies and second is to advocate for prioritizing LSBE issue at policy level. Rahnuma-FPAP has joined hands with the like-minded organizations to formulate a national level coalition/taskforce to raise a strong collective voice in favor of LSBE. Rahnuma-FPAP is working with UNFPA, and other partners. This Taskforce has worked in close collaboration to develop a framework to outline what will constitute Life Skill Based Education in context of Pakistan. A number of well researched and informative IEC tools were developed and disseminated to divulge comprehensive LSBE information and education to young people, parents and community leaders through peer education and sensitization sessions. Different lobbying meetings were held with line departments, including education departments, curriculum wing, policy makers and provincial education departments. These meetings successfully develop advocates in parliament, government departments, youth and media to advocate for LSBE at the policy level.



Rahnuma-FPAP is working with public sector to provide LSBE training to Teachers in selected locations

## National Youth Network (NYN):

Rahnuma-FPAP under its overall youth and adolescent capacity development program transpired to form Rahnuma-FPAP National Youth Network (RNYN). Rahnuma-FPAP National Youth Network (RNYN) shares the same core values of Rahnuma-FPAP and IPPF. RNYN is committed to implement the Government International commitments regarding young people and is mandated to initiate Youth programs which empower young people in Pakistan by building their capacities and skills to access reproductive health services.

The core functional areas of RNYN are to advocate for Life Skills Based Education in Pakistan with parliamentarian, policy makers, media, and civil society. It is also mandated to work against child marriage through social media Campaign, awareness raising, and lobbying for legislative change.



A view of youth sensitization session on LSBE at a local university





# COVID-19

## Impact on FP&RH

Pakistan along with other developing countries of South Asia, East Asia and Africa were affected by the pandemic. IPPF Director-General Dr. Alvaro Bermejo has termed the COVID-19 pandemic as a health crisis across every setting, and that includes family planning and reproductive healthcare



## COVID-19 Impact on FP&RH:

COVID-19 pandemic is having a major impact on the delivery of reproductive healthcare around the world as per IPPF across Member Association survey conducted during 2020. The survey shared that, 633 static and mobile clinics and community-based care outlets have been closed because of the outbreak, across 64 countries. They make up 14% of the total service delivery points IPPF members ran in 2018. Pakistan along with other developing countries of South Asia, East Asia and Africa were affected by the pandemic. IPPF Director-General Dr. Alvaro Bermejo has termed the COVID-19 pandemic as a health crisis across every setting, and that includes family planning and reproductive healthcare.

Rahnuma-FPAP has been amongst member associations of IPPF that did not close down its clinics and continuously provided FP&RH services using innovative approaches, throughout Pakistan (while other partner organizations have to close their SDPs for some time).



## Women Integrated Sexual Health (WISH2ACTION)

Rahnuma-FPAP "In partnership with IPPF, Women's Integrated Sexual Health (WISH) is a flagship family planning (FP) program to deliver 20% of the UK's FP global commitments for FP2020. WISH2ACTION aims to enable women to safely plan their pregnancies and improve reproductive health. The Foreign, Commonwealth and Development Office (FCDO), earlier called DFID, funded WISH2ACTION program aims to ensure access to reproductive health, particularly family planning for all, especially the poorest women and girls and to make sustainable improvements in their reproductive health.

Rahnuma-FPAP, Humanity & Inclusion (HI) and Options are the WISH consortium partners in Pakistan are working with country level collaborating partners including the Departments of Health, Population Welfare Departments, and Integrated Reproductive, Maternal, New Born and Child Health and Nutrition (IRMNCH&N) Program of the Primary and Secondary Healthcare Department (PSHD) Punjab, to deliver WISH outputs. The project is implemented in 10 districts of Pakistan including AJK through cluster model.

The outcome for the program is 3.8 million CYPs generated by expanded access to FP services; 317,000 additional users of family planning among which 5% of the FP services to be provided to the young people under the age bracket <20 years and targeting the poorest."





Training on Counselling, FP Methods, Cervical Cancer Screening through VIA, SGBV Screening and Quality of Care under WISH project

## Community Outreach:

Later we covered outreach by adapting COVID-19 preventive measures and Government SOPs. Multiple approaches were adapted to ensure and reach maximum people and communities. We conducted door to door visits, individual counselling, small group sessions, social distancing and social media networks etc used for dissemination of COVID-19 messages, IEC/SBCC material (Supported by other donor project) and community engagement activities. Furthermore OSD camps were organized and conducted with increased infection prevention and hygiene practices to ensure access to the underserved communities. The Community outreach was adapted by COVID-19 preventive measures and Government SOPs. Multiple approaches were adapted to ensure and reach the poor, marginalized and underserved communities. Shared COVID-19 IEC material to the government offices at district levels, strengthened the referral system with government for COVID-19 suspected clients (Testing & Treatment) through public sector support. Capacity building of Public Service providers was done at 10 clusters (163 service providers) on COVID-19 preventive measure & messages. Along with this distribution of short acting methods and use of PPEs/emergency medical equipment were supplied to the community. Other than this 10 virtual Trainings of FPAP service providers were conducted and attended by 158 FPAP service providers (51 Male and 107 Female). Enhanced Risk of SGBV during crises, and provide support and training to enable supportive counselling and specialist referral was also provided.

## WISH2ACTION COVID-19 Adaption:

As Government and NDMA has declared National Health Emergency across the country and provincial governments have moved toward partial and complete lock down therefore FPAP device the strategy to cope, while keeping in view the professional commitments & obligations, sharing government burden and ensure the non-stop services delivery at all the clusters while adapting the effective preventive measures for staff and communities.

## Package of Integrated Services:

RH and FP services delivery continued at SDPs level with increased Infection Prevention, hygiene practices and close government coordination. Besides, strategy of visiting door to door for the provision of short acting FP methods, counselling, SGBV counselling and manageable treatment, referral for specialized consultation and other RH consultation proved as a key element of success.



## Improving Access to Long Acting Reversible Methods through Task Sharing/Shifting:

This project continued in collaboration with UNFPA from last many years to strengthen provincial capacities to manage the delivery and accessibility of FP&RH. The main goal of this project was to provide training on FP counseling, infection prevention, and hormonal methods of FP to health service providers. We also worked with the provinces to develop strategies on FP Task Shifting (Implants), and to improve the delivery and uptake of RH and FP services. Another objective of the project was to develop task sharing and task shifting strategies for Govt. adoption.

Under this TS/TS project we developed IEC material and case studies to better showcase our work this include 72000 pamphlets and 6000 posters which were printed in local languages and shared with Tharparkar and Killa Abdullah team for dissemination. Case studies/documentary were being developed. Billboards on FP (with rights based approach and inclusion of disability) were posted at different locations/districts by PWD in GB. These included Nager, Khaplu-Kharmung, Gilgit, Astor, Diamar, Nagar, Hunza and Skardu. A ToT was conducted for young advocates on "Youth and Adolescents SRH&R" arranged at Rahnuma Training Institute (RTI), Lahore. The training was attended by 23 youth members including 12 young girls and 11 boys from four Districts of Lahore, Muzaffargarh, Chakwal and Faisalabad. 4 trickle down trainings were organized at District level with



Rahnuma-FPAP organized capacity building session with services provider on FP Task Shifting (Implants) and to improve the delivery and uptake of RH and FP services

16 TGs, 40 Young girls and 15 young boys. A total of 102 community awareness sessions were organized during project life, through these sessions 2865 young girls and boys were sensitized on their SRH&R needs and Rights. (Rahnuma-FPAP followed strict SOPs during all these trainings).

As part of initiative to promote interactive dialogues between youth and policy makers on FP&RH of youth and adolescents issues in Pakistan, a workshop was organized and a youth-led community mobilization platform was formed, oriented and engaged in RH/gender awareness raising and sensitization. This Workshop was attended by 30 representatives from youth led organizations, young advocates and CBOs run by young people.

A Technical Committee was notified by the Secretary PWD/GB and its members were oriented/sensitized on CCI recommendations/FP 2020. The Committee main roles were to work as a secretariat to support the Task Force meetings on population issues and to provide technical support in development of 5 years PC 1 for PWD.





Rahnuma-FPAP under its Reproductive Health Program in Crisis and post crisis situations (Sprint I, II and III) organized capacity building session to improve the delivery and uptake of RH and FP services

## Reproductive Health Program in Crisis and Post Crisis Situations (Sprint I, II and III)

The SPRINT Initiative (Reproductive Health Program in crisis and post-crisis situations) was designed to address gaps in the implementation of the Minimum Initial Service Package (MISP) for Reproductive Health, a set of priority activities to be implemented at the onset of an emergency. The main objectives of this initiative was to develop relationships & coordination with Government stakeholders, and ensure that the health sector/cluster lead the implementation of the MISP and prevent and manage the consequences of sexual violence. It further aims to develop a mechanism to reduce STIs, including HIV transmission of maternal women, and prevent excess maternal and neonatal mortality and morbidity in selected areas. SPRINT Initiative is funded by the Department of Foreign Affairs and Trade (DFAT) under the Australian Government and managed by International Planned Parenthood Federation (IPPF). The initiative ensures access to essential lifesaving RH services for women, men and children in times of crises, when services are most needed yet are not prioritized by key humanitarian responders. Through MISP, practical solutions were formulated, and humanitarian workers were trained to deal with issues relating to pregnancy, childbirth, reproductive

health and the aftermath of rape and violence. Saving lives is the core aspect of the SPRINT Initiative.

Under this project coordination's meetings were conducted with PDMA in four provinces Punjab, KP, Baluchistan and Sindh. Liaison meeting were conducted with District Disaster Management Authority in four provinces (Muzffargarh in Punjab, Badin in Sindh, Peshawar in KP and Quetta in Baluchistan). The main purpose of the meeting was follow up on inclusion of MISP in their agenda during the emergency situations. Rahnuma-FPAP organized a two days training of 21 young people and disable persons on "MISP" The objective of this training was to enhance the capacity and establish a pool of youth resources at national levels with awareness, knowledge and understanding of the MISP.



## Humanitarian Capacity Development Centre (HCDC) Project:

Rahnuma-FPAP implemented a Humanitarian Capacity Development Project (HCDC) as capacity building lead along with other IPPF Member Associations (Yemen, Sudan, Burundi, Burkina Faso and Central African Republic under the first phase. The main aim of the project is to set up and implement IPPF's Humanitarian Capacity Development Centre to build relevant expertise and capacity among MAs and Collaborative partners in at least 10 high-risk countries. The overall objective of the project is to improve the capacity of the priority MAs to ensure that agile and responsive systems are put in place to enable rapid (within 72 hours of disaster event/ upsurge) lifesaving humanitarian response. It's further aim is to strengthen the capacity and capability of MAs in countries with high risk to 'natural' disasters or spikes in conflict or epidemics (acute crisis) and/or are experiencing significant levels of protracted/complex crisis, so that they can respond rapidly (within 72 hours) effectively scale up the delivery of life-saving and essential SRH services and transition to comprehensive as the situation allows.

The project has to undertake Inception meeting with priority Member Associations (Mas), Visioning Workshop, Establish a surge roster at national level, Humanitarian capacity assessment and developing capacity development plans to undertake MISP trainings and provision of lifesaving MISP services, conducting operational research study and



Rahnuma-FPAP organized capacity building session to improve the delivery and uptake of RH and FP services

develop mainstreaming and service delivery curriculum in crisis situation.

It is an 18 months project (August 2020 to January 2022) and Rahnuma-FPAP is implementing the project as Lead partner while Reproductive Health Uganda (RHU) is Co-Lead. There will be 10 priority MAs, which will implement HCDC activities in their countries during project life. Due to COVID-19 situation, inception meetings were conducted virtually through Zoom Link with MA Yemen on 20<sup>th</sup> August attended by 09 participants (03 from FPAP, 01 from RHU, 02 from Humanitarian Hub and 03 from MA Yemen), 17<sup>th</sup> December with MA Burkina Faso attended by 08 participants (03 from FPAP, 02 from RHU and 03 from MA Burkina Faso), 22<sup>nd</sup> December with MA Burundi attended by 06 participants (02 from FPAP, 02 from RHU and 02 from MA Burundi) and 23<sup>rd</sup> December with MA Sudan attended by 06 participants (02 from FPAP and 04 from MA Sudan). During 2020 Work Planning/Budgeting by MAs (MA Yemen finalized and others in process) and four meetings were conducted of Technical Advisory Committee (TAC) dated 15 Oct, 13 Nov 08<sup>th</sup> Dec, 10<sup>th</sup> Dec 2020 which were attended on average by 07-10 representatives of FPAP, RHU, SARO, Humanitarian Hub and ARO.



## Global Comprehensive Health Care Initiative (GCHCI) Phase-V:

In the year 2020, COVID-19 Pandemic has affected the normal functioning of the community. The service areas that showed the biggest decrease in 2020 as compared to 2019 across country were maternal and child health, such as antenatal care, RH services, facility deliveries, postnatal care and FP services which decreased in the first half of 2020 in comparison to 2019, however, delivery of these services began to recover in the second half of the year, which now again is affected with the current third wave of COVID.

The major success of GCHCI was to maintain and adapt service delivery to ensure access to SRH services for clients. GCHCI SDPs remained functional all over the Pakistan, adopting strict protection and safety measures for service providers and clients. They are also providing RH counselling through six dedicated toll free helplines. During the year 2020 a total 565,825 clients visited the GCHCI SDPs, in which RH (including FP) clients were 470,464. In addition, community door to door visits by LHV were increased for the provision of counseling, FP&RH services. Moreover, clients were also oriented on self-injection of DMPA-SC/Sayana Press, self-testing for pregnancy and blood sugar with rapid kits.



Rahnuma-FPAP organized in a Seminar to Empower Youth under Get Up Speak Out (GUSO) Project at Quetta Balochistan

## Get Up Speak Out Project (GUSO):

The Pakistan GUSO Country partnership comprised of Family Planning Association of Pakistan, Idara-e-Taleem-o-Agahi (ITA) and Blessings Welfare Association (BWA). In 2018 Rahnuma-FPAP started to work on GUSO as host Organization with Idara-e-Taleem-o-Agahi (ITA), and Blessings Welfare Association (BWA).

During 2020 under GUSO project, Rahnuma-FPAP adapted the safeguarded existing strategies through online peer educator training sessions and trained young people as peer educators and peer providers keeping in mind COVID-19 situation. These trained Peer Educators and Peer Providers conducted online trainings & sessions on Life Skills Based Education during July & August, 2020. They also conducted online sessions with youth on the importance of COVID-19 prevention keeping in mind SoPs designed by the government to counter and limit the spread of pandemic in the communities. These Peer Educators and Peer Providers worked as agents of change, disseminating information on COVID-19 during critical situation. 108 young people & teachers were trained as a Peer Educators including 4 transgender persons. These trained peer educators conducted sessions with 18,676 in schools and out of schools young people and provided the information on Life Skills Based Education and Reproductive Health Issues of young people.

During the year 2020, 18 Schools were identified in Lahore, Quetta and Karachi and MoUs were signed with School management for smooth implementation of project activities at school level by involving teachers, management and students to impart LSBE. In-school activities could not be conducted due to pandemic situation as schools remained closed while community related activities were conducted in





Child marriages and adolescent pregnancies are a leading cause of poverty and malnutrition among vulnerable sections of society especially women and girls

the last few months of the year. Trained teachers conducted sessions with 3,676 in schools students in the last quarter when the lock down situation got normal and schools were re-opened. Service providers were also trained on how to talk about different RH issues of young people. 41,073 direct services were provided to young people. 2850 young girls and women were also engaged during the community sensitization sessions. Moreover, information on RH issues were also provided through toll free Helpline and face to face counselling services. Helpline counselors were capacitated on Youth friendly health services. These sessions were conducted through inclusive approach and young people and parents from diverse background took part in these sessions. 30 skill development trainings were organized with 1068 girls and boys. The purpose of these trainings was to assist them to become self-reliant by sharpening their current skills and developing new ones, as well as by increasing their self-confidence.

Rahnuma-FPAP launched a social media campaign during the month of October, 2020 under Get Up Speak Out project through Twitter, Facebook, Instagram, Radio, Celebrities/Influencers endorsements for key youth empowerment related messages. A total number of 1,951,504 individuals were reached through radio and social media campaign. GUSO social media campaign remained top trend in Pakistan for five consecutive hours on 22<sup>nd</sup> October, 2020.

## Poverty Alleviation Program (PAP):

Rahnuma-FPAP is empowering women and addressing existing gender economic and social inequalities through Poverty Alleviation Program (PAP). The project was started in 2002 in collaboration with Khushhali Microfinance Bank Limited (KMBL) as part of private public sector partnership. Over years, project has benefitted 316,686 women, men and youth across Pakistan. The main activities include loans disbursement, awareness raising sessions on FP&RH, provision of counseling & referral services, capacity building of borrowers on basic literacy & numeracy, and capacity building of staff on program policies/procedures and RH.

### Objectives:

- I. The primary objective of the program is to "enhance social capital through community mobilization and strengthening solidarity, skills and social awareness of the poor by enabling their participation in and access to financial services" for poverty alleviation.
- II. Empowering women and youth to express their views in decisions directly affecting their lives, and Enhancing their access to reproductive health and family planning services.

### Outcomes/Results 2020:

- I. 4,720 community members with 2944 groups formed and provided awareness on Microfinance.

During the first quarter of 2020 PAP team achieved 81% targets. However, in March 2020 due to COVID-19, national level lockdown was imposed by the Government of Pakistan. KMBL management decided to halt new client's sale from March-August, 2020. Carrying out the planned activities during the period was a major challenge. Later, in the month of August, the government started to implement smart lockdowns where specific areas were sealed due to high number of COVID-19 patients.

In response to these challenges the team had to re-strategize the program and to mitigate losses by phasing out low performance locations and managing HR & operational costs. Eventually, in Q3 & Q4 when the intensity of the COVID-19 decreased and the lockdown was reverted activities were performed according to the targets in smooth way.





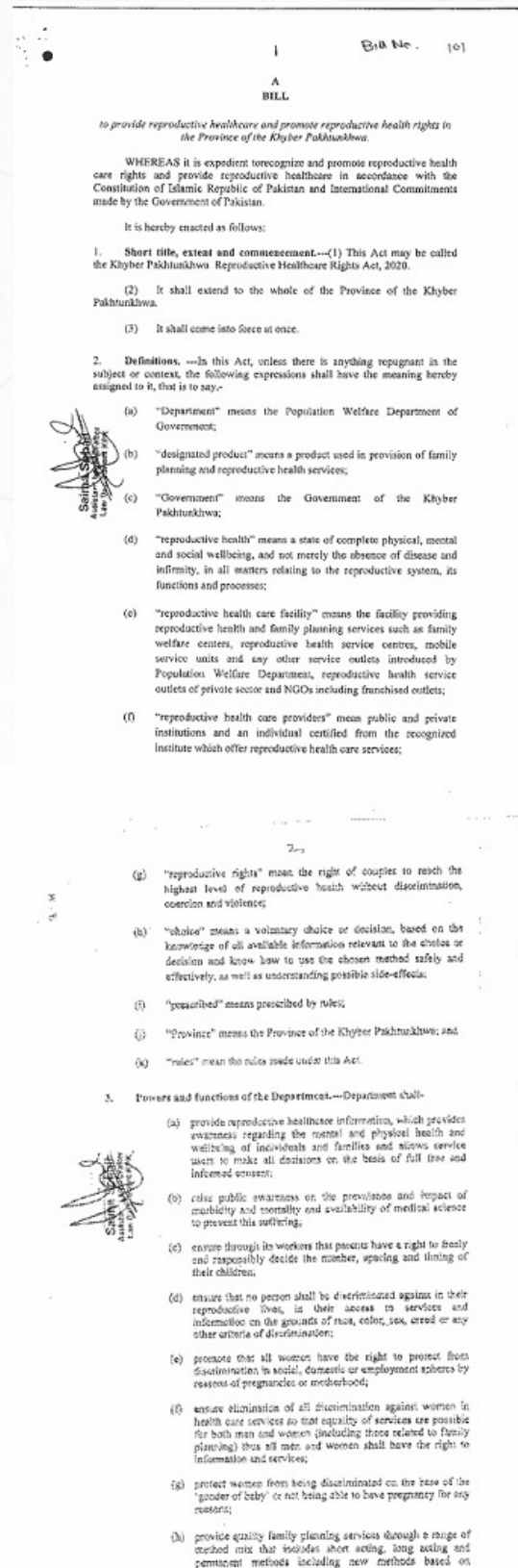
# Innovations & Celebrations

We don't take COVID-19 as crisis, we take it an opening to Technology which now allows people to connect anytime, anywhere, to anyone in the world, from almost any device. This is dramatically changing the way people work, facilitating 24/7 collaboration with colleagues who are dispersed across time zones, countries, and continents



# Khyber Pakhtunkhwa Reproductive Health Bill 2020:

The Government of Khyber Pakhtunkhwa on July 27th 2020 passed the Reproductive Healthcare Rights Act 2020 with an objective to promote and strengthen the reproductive healthcare rights of all segments of society including vulnerable and poorest section of the society. The RH bill has been passed in line with CCI Recommendations and FP 2020 international commitments. The salient features of the bill are to provide reproductive healthcare information, which provides awareness regarding the mental, physical health and wellbeing of individual and families and allows services users to make all decisions on the basis of full free and informed consent. It also stipulates to raise public awareness on the prevalence and impact morbidity and mortality and availability of medical science to prevent them from suffering. The bill also seeks to ensure through the PWD workers that parents have a right to freely and responsibly decide the number, spacing and timing of their children and no person will be discriminated against their reproductive lives, in their access to services and information on the grounds of race, colour, sex, creed or any other criteria of discrimination. The bill also seeks to ensure all women have a right to be protected from discrimination in social, domestic or employment spheres by reasons of pregnancies or motherhood.







A snapshot of online accreditation review meetings (IPPF South Asia Region and Rahnuma-FPAP staff are seen in the pictures)



Mr. Ali Bahadar Qazi along with other stakeholders during a Inaugural session of SAYANA Press Operational Study

## International Planned Parenthood Federation (IPPF) ACCREDITATION:

IPPF accreditation was carried out for all of its full members associations globally after every five years. Accreditation system aims to ensure that all the Federation's Member Associations meet and comply with standards.

Rahnuma-FPAP has already been accredited twice by IPPF and during 2020 the process of phase-III of the IPPF accreditation was conducted through Virtual Meeting, Virtual clinic tour and through Third party.

## INAUGURAL OF SAYANA PRESS:

First ever National Level Operational Study was conducted on utilization of Sayana Press under private sector. This was done in 10 districts of Pakistan from all four provinces including Islamabad. The finding of the study were shared with partners organizations and parliamentarians.

It is pertinent to mention here that Rahnuma-FPAP has so far utilized over 200,000 units of DMPA at its SDPs with generous support from UNFPA.





Dr. Rashida Panazai, President along with Syed Kamal Shah Chief Executive Officer, Rahnuma-FPAP inaugurating the Family Health Clinic at Narowal District. Ms. Ayasha Tasleem and Mr. Zahoor Ahmed Qureshi VP Punjab are seen in the picture

## Inauguration of Family Health Clinic (FHC) NAROWAL:

Rahnuma-FPAP reconstructed Family Health Clinic in Narowal was inaugurated by Dr. Rashida Panezai, President Rahnuma-FPAP. The new facility would be instrumental in proving RH services to marginalized and vulnerable segments of society. It is pertinent here that Rahnuma-FPAP RH & FP based services delivery apparatus is composed of 09 fully equipped Family Health Hospitals, more than one hundred Family Health Centres. During 2020 we provided more than 17 million SRH&R services while covering more than six million clients. More over our SDPs provide pre and post abortion services, HIV & AIDS, STI/RTI, Gynecology, Obstetrics, Urology, Sub-fertility, Specialized SRH, SRH-Pediatrics, Other SRH and Contraceptive Services. The contributions of Rahnuma-FPAP are recognized by Government of Pakistan through its quarterly performance report issued by Pakistan Bureau of Statistics, under Planning Division ([www.PBS.gov.pak](http://www.PBS.gov.pak)).







Mr. Shahid Hanif DG Population Planning MONHS is chairing a Advocacy and Media Sub Group meeting of CEWG hosted by Rahnuma-FPAP at RTI Lahore. Representative of Public Sector, INGOs, CSOs participated in the meeting

## Director Advocacy and Communication Rahnuma-FPAP was selected Co-Chairperson for Sub group of CEWG:

Fp2030 Pakistan Country Engagement Working Group, established by Government of Pakistan, Ministry of National Health Service, Regulation and Coordination (MNHSRC) formed a Advocacy and Media Sub Group to further streamline the SBCC Strategy in line with recently formulated CCI Recommendations. The Advocacy and Media Sub Group of CEWG further constitute the Advocacy & Media SBCC Strategy formulation Committee. The SBCC Media Strategy Formulation Sub Group is chaired by Deputy Director IEC, PWD-Punjab and Director Advocacy and Communication, Rahnuma-FPAP as a Co-Chairperson. Other members of the Sub Group are Deputy Director PWD-Sindh, M&C Saachi, PWD-KP. The Sub Group was formulated to further coordinate with Provincial PWDs and finalize the (Video Clips/Slogan/Logos and Tagline) for submission to the M/o NHR&C (PPW) for further process with M/o information and PEMRA.





Syed Kamal Shah, CEO is Launching of Advanced Level Data Management Software



*The launch of new DMS is perceived as another level of effort of Rahnuma-FPAP to digitize its data recording, reporting and documentation*

## A Big Leap Towards System Strengthening Launch of Advanced Level Data Management Software:

Rahnuma Family Planning of Pakistan (R-FPAP) launched its Data Management Software (DMS) on 14th January 2021, with a click by the CEO. The launching ceremony held at head office Lahore, which was virtually attended by staff members across Pakistan.

The basic architecture of DMS on PHP and MySQL platform makes data management more dynamic, fast, smooth and reliable which can be operated through latest internet browsers including Chrome, Firefox and Microsoft Edge.

As compared to previously used data management software in Rahnuma-FPAP; which was being used for the processing of services statistics only, new advance level DMS has included number of vertical modules for capturing data of other work areas of Rahnuma-FPAP such as trainings, meetings, advocacy events, helpline, life skills based education sessions, chart of accounts, inventory management, human resources etc.

The DMS has been designed to generate reports against multiple genres and periodicity e.g. monthly, quarterly, half

yearly and yearly reports with reference to its appropriately relevant tier of execution i.e. service delivery points, program management offices, regional offices and head office. Extensive pre-testing, pilot runs and double data entry by DMS potential users of all possible relevant tiers ensured security checks, accuracy and precision in data processing. Service statistics related component has been ensured with double data entry in both old and new software from July to October 2020; reports were compared; and entire service statistics' archive from January 2015 onwards has been imported onto new DMS.

The launch of new DMS is perceived as another level of effort of Rahnuma-FPAP to digitize its data recording, reporting and documentation requirements on modern grounds-very much based on our years of dedication and commitment towards achieving supreme level of delivering quality services to our clients.



**20pc population asked for help, felt food shortages**

**News Desk**

KARACHI: A sizable portion of Pakistan's population feels the months long lockdown due to Covid-19 pandemic forced them to ask for help to overcome the financial problems besides confronting shortages of basic edible commodities. Furthermore, 51% of the country's population are optimistic about the relations between major world powers and Pakistan becoming more cooperative after Covid-19 crisis, ranking 6th out of 17 countries regarding hopefulness.

The Gilani Research Foundation conducted a survey over the economic problems faced by Pakistan due to lockdown in view of the Covid-19 pandemic on behalf of Gallup and Gilani Pakistan. The sample size of the survey was 1,500 people from across the country. The survey was conducted in two phases. The first phase was conducted in the form of a telephone survey and the second phase was conducted in the form of a door-to-door survey. The survey results show that 20% of the population asked for help and felt food shortages. The survey also found that 51% of the population are optimistic about the relations between major world powers and Pakistan becoming more cooperative after Covid-19 crisis.

## Rape, a gender-neutral crime in Pakistan?

## Maternal mortality

GUESSTIMATES are no substitute for hard data. Efforts to improve development indicators must be based on comprehensive information that highlights weak

## Population & the pandemic

acceptable to shift the blame for policy failures onto the people.

Pakistan celebrates World Population Day. It is a convenient untruth easily swallowed to absolve the state of responsibility? Instead, it places the onus on the people to fight unemployment, poverty and the high poverty rate. It is unacceptable to put the blame for policy failures on the people. We must break the narrative of the high poverty rate.

**انیمی پلاننگ کے زیر نگرین چلاس میں ترقیاتی کوششیں جاری ہیں**

انیمی پلاننگ کے زیر نگرین چلاس میں ترقیاتی کوششیں جاری ہیں۔ انیمی پلاننگ کے زیر نگرین چلاس میں ترقیاتی کوششیں جاری ہیں۔ انیمی پلاننگ کے زیر نگرین چلاس میں ترقیاتی کوششیں جاری ہیں۔

**خاندانی منصوبہ بندی کی آگاہی کیلئے علماء کرام کو ضروری ہے، صدر علوی**

آل پاکستان خاندانی منصوبہ بندی کی خدمات کے فروغ کیلئے مناسب اقدامات کے جائز تقریب سے خطاب کرتے ہوئے صدر علوی نے کہا کہ علماء کرام کو ضروری ہے کہ وہ ان اقدامات کے جائز ہوں۔

**Violence against women: internalised sexism in society**

Violence against women: internalised sexism in society. Violence against women: internalised sexism in society. Violence against women: internalised sexism in society.

# Media Blow Out

of SRHR in National in 2020

## National Newspapers

### Newspaper

### No. of News

### No. of Features

### No. of Articles/Columns

Daily Dawn

70

27

36

Daily The News

83

26

40

Daily Jung

46

01

—

Daily Nawa-e-waqt

45

01

—

## Total:

244

55

76

**دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار**

دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار دیا گیا ہے۔ دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار دیا گیا ہے۔ دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار دیا گیا ہے۔

**دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار**

دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار دیا گیا ہے۔ دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار دیا گیا ہے۔ دور ان زنجی اموات کی شرح میں کمی کی وجہ شعور و آگاہی قرار دیا گیا ہے۔



**چونکی پیدائش و جنمان کی صحت کے لیے ضروری**

چونکی پیدائش و جنمان کی صحت کے لیے ضروری ہے۔ چونکی پیدائش و جنمان کی صحت کے لیے ضروری ہے۔ چونکی پیدائش و جنمان کی صحت کے لیے ضروری ہے۔

**2 لاکھ بچوں کی پیدائش میں ترقیاتی کوششیں جاری ہیں**

2 لاکھ بچوں کی پیدائش میں ترقیاتی کوششیں جاری ہیں۔ 2 لاکھ بچوں کی پیدائش میں ترقیاتی کوششیں جاری ہیں۔ 2 لاکھ بچوں کی پیدائش میں ترقیاتی کوششیں جاری ہیں۔

**3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں**

3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں۔ 3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں۔ 3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں۔

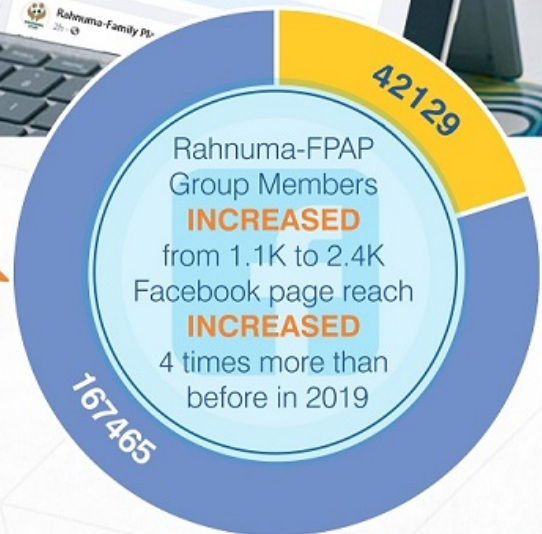
**3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں**

3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں۔ 3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں۔ 3 سال کے دوران 12 فیصد خواتین میں پیچیدگیوں سے انتقال کر گئیں۔





In 2020, we as one of the oldest and popular Civil Society Organization in Pakistan played vital role in educating people they can do to keep you healthy and safe from Coronavirus along with Family Planning, SRH and Life Skilled Based Education. We are connected with all Government bodies both national and international to serve humanity as we committed to changing lives.



■ 2019 ■ 2020



### LinkedIn:



LinkedIn is professional platform and our mission to join this platform is to influence the professionals to understand the emerging issues of the society and play a pivotal part in addressing and come up with appropriate solutions. We are having a network of more than 1400 professionals who are accessing our account and comment/suggest & share our posts.



### Instagram:

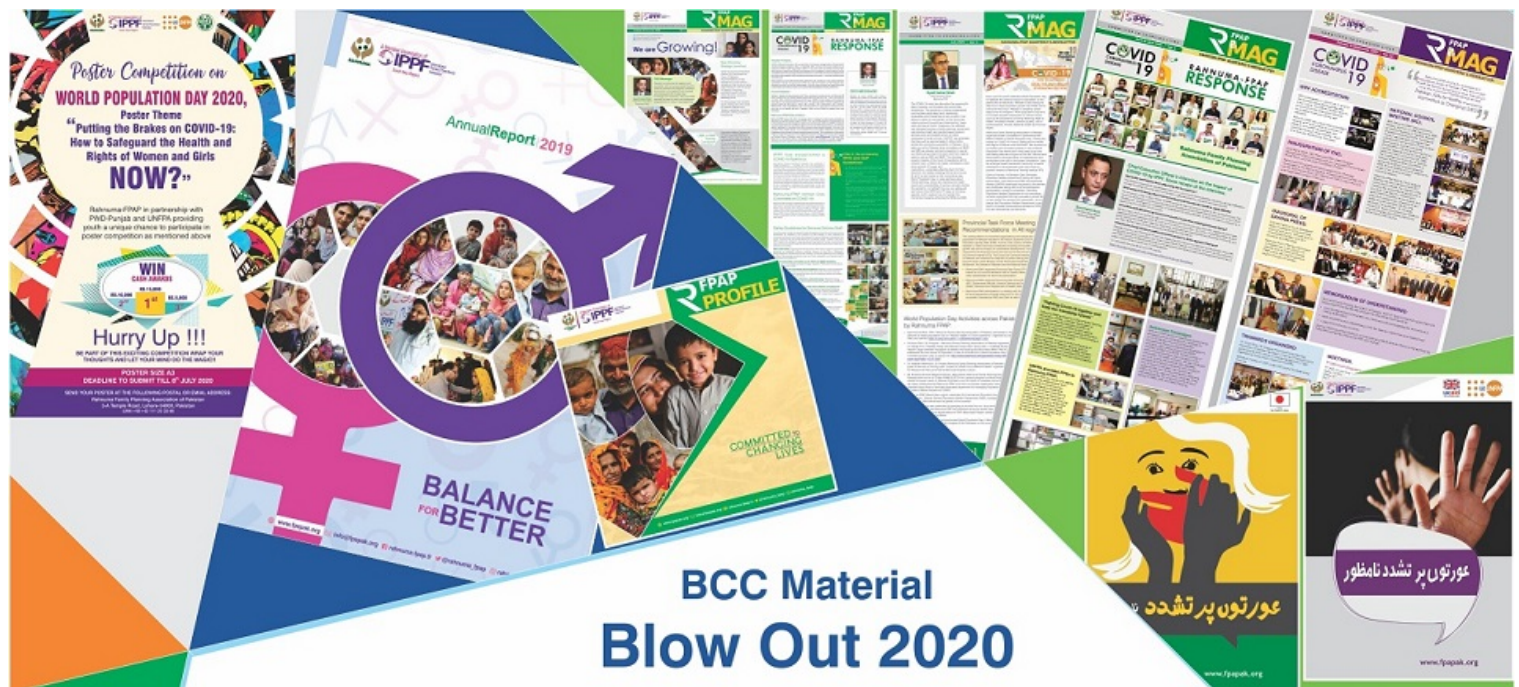
Instagram is very much popular among youth and more than 60% population is young people in Pakistan. In order to familiarize our youth with the burning issue of the society, we joined this platform and growing day by day.

### Rahnuma FPAP Website:

We keep sharing our efforts, achievements on website includes meetings with Government Officials, Our E-newsletters, media stories & coverage's and meetings with Government departments.







## BCC Material Blow Out 2020

### Annual Report 2019:

As regular practice we developed and disseminated Rahnuma-FPAP Annual report 2019 titled as "Balance for Better" in line with historical Supreme Court of Pakistan Sou Moto on Population and subsequent CCI Recommendations for population control adopted by federal and provincial governments.

### organizational Profile:

Developed and printed Rahnuma-FPAP profile highlighting the evolution, organizational structure, programmatic focus over the years, major achievements and hallmarks.

### Rahnuma-FPAP Quarterly E-Newsletter:

Rahnuma-FPAP regularly developed and disseminate quarterly E-Newsletter. During 2020 the focus of E-Newsletters was on pandemic and its overall effects on SRHR. The quarterly E-Newsletter highlights the achievements and advocacy work of Rahnuma-FPAP.

### Table Calendar 2021:

Table Calendar 2021 developed, printed and disseminated as an advocacy tool to highlight Rahnuma-FPAP's goals to increase visibility of the organization. This year the theme of Calendar 2021 was The New Normal - highlighting various activities and campaigns for pandemic.

### Year Planner 2021:

The Year Planner of 2021 was developed to highlight the leading role of our senior management and volunteers in COVID-19 awareness and sensitization.

### Posters:

To increase awareness on SRHR related issues impacted by COVID-19 various Posters and other BCC tools were developed under different projects (WISH2 ACTION, UNFPA/LARC, GUSO, SPRINT III, CDC, HCDC, GCHCI etc.) and disseminated among a wider audience base including CSOs, public sector, parliamentarians, media representatives etc.

### Pamphlets:

Various Pamphlets were developed to sensitized the target population on pandemic while focusing on SRH&R related issues under different projects (WISH2 ACTION, UNFPA/LARC, GUSO, SPRINT III, CDC, HCDC, GCHCI etc.) disseminated among a wider audience base including CSOs, public sector, parliamentarians, media representatives etc.

### Standees:

To highlight the various safety related precautions against COVID-19 Banners, Standees and other BCC tools were developed.







## Promotional Materials:

We also developed and disseminated different promotional material like Diaries, File Folders, Mugs, Writing Pads, Pens, Bags etc. under WISH2 ACTION, UNFPA/LARC, GUSO, SPRINT III, CDC, HCDC, GCHCI projects in large numbers and disseminated among a wider audience base including CSOs, public sector, parliamentarians, media representatives etc. to aware them on various population and SRHR related issues.

## Emergency Maney Humal Brochure:

A brochure on Emergency Maney Humal was developed and printed to create awareness among people.

## Mensuration Brochure:

A brochure on Mensuration was reviewed and printed to create awareness among girls about mensuration cycle and hygiene need.

## Implant Tibi Karkono key liye Mane Humal Booklet :

We also developed a Urdu Booklet on Implant and Role of paramedics. This booklet provides basic information on implant. This booklet was disseminated among all our SDPs Staff and align agencies.

## Peer Education Pictorial Handbook:

Informative pictorial handbook about comprehensive education of health and rights for peer educators. Handbook was printed and disseminated.

## Cards Mane Humal Tarikon ka Taruf:

Urdue translation of Cards covering the various methods of contraceptives available in Pakistan , these cards are available in all our SDPs for further dissemination among the visiting clients.

## Tarbiyati Manual for Teachers :

Rahnuma-FPAP developed a Training Manual for teachers on LSBE and SRH&R in Urdu and distributed among various stakeholders. The training manual provided valuable information on LSBE protocols adopted by Pakistan.

## Implant Insertion Boards:

We developed Implant Insertion Boards under the project " Global Comprehensive Health Care Initiative" and placed them in our all SDPs. These insertion boards provide all the requisite information on implant for general public







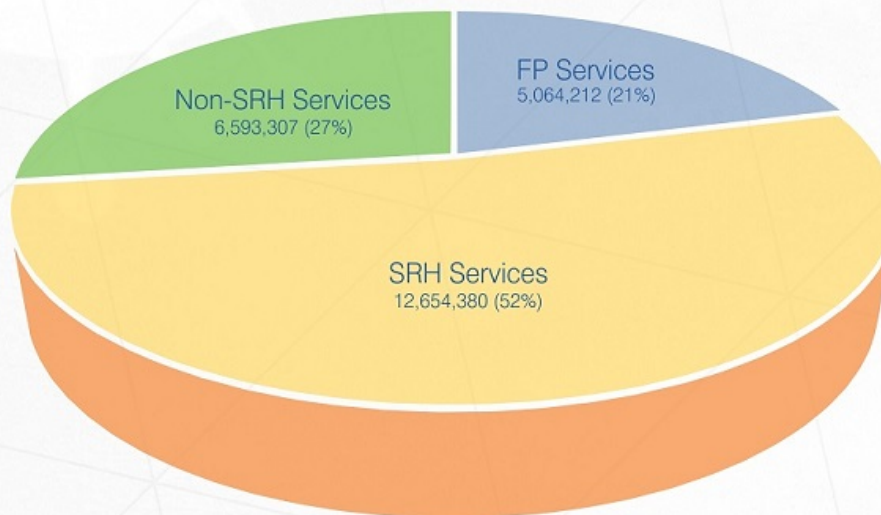
# Performance during COVID-19

During 2020 we provided more than 17 million SRH&R services while covering more than six million clients. More over our SDPs provide pre and post abortion services, HIV & AIDS, STI/RTI, Gynecology, Obstetrics, Urology, Sub-fertility, Specialized SRH, SRH-Pediatrics, Other SRH and Contraceptive Services. The contributions of R-FPAP are recognized by Government of Pakistan through its quarterly performance report issued by Pakistan Bureau of Statistics, under Planning Division ([www.PBS.gov.pak](http://www.PBS.gov.pak)).

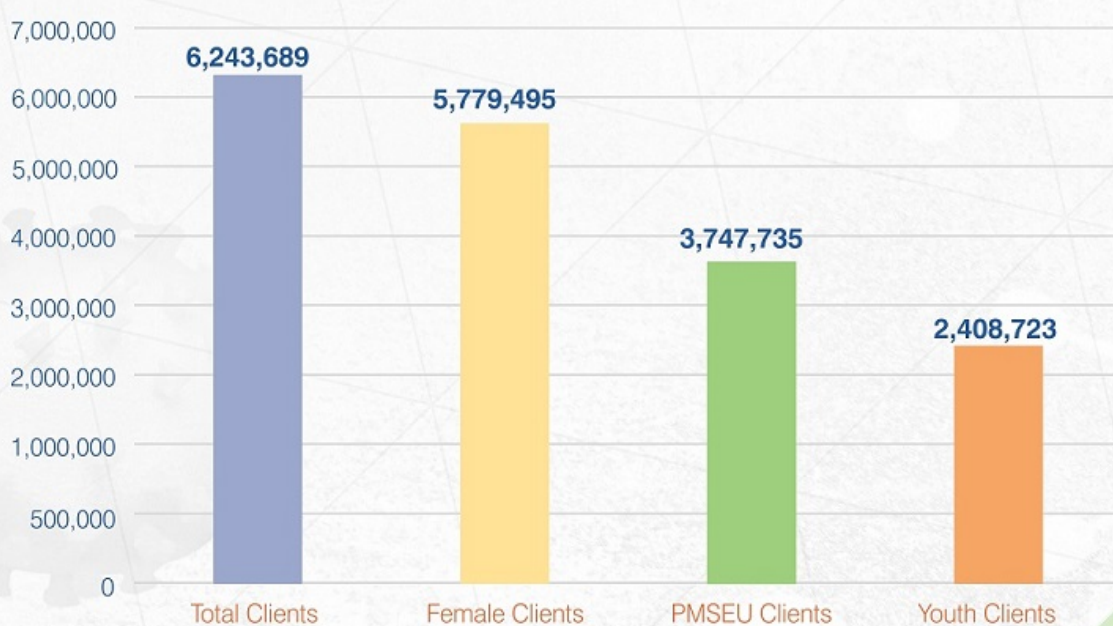




## Total Family Planning, Sexual & Reproductive Health (SRH) and Non-SRH Services, 2020



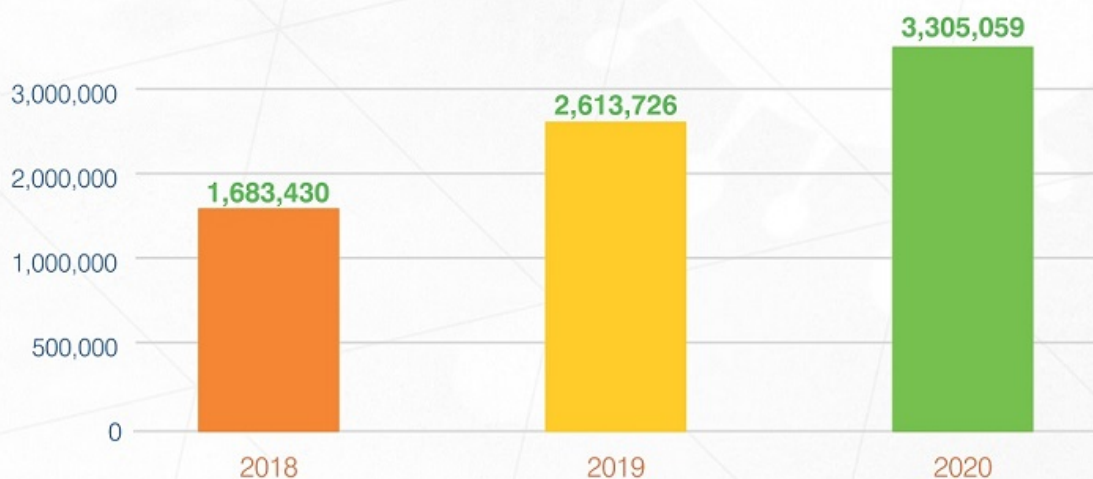
## Population Covered, 2020





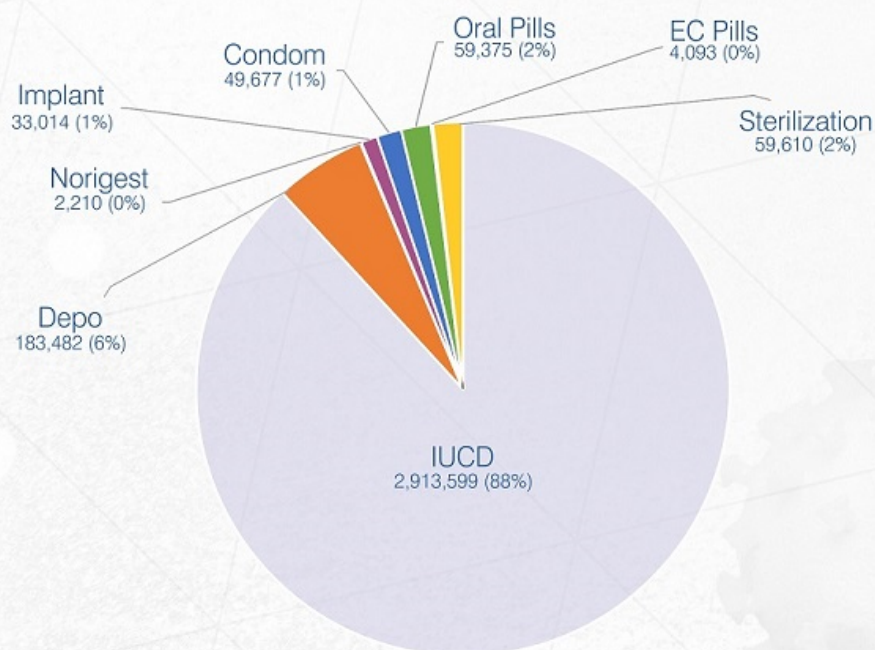
## Couple Year Protection

Performance Trend (2018-2020)



## Method-Wise Distribution

Couple Year Protection 2020



IUCD	Depo	Norigest	Implant	Condom	Oral Pills	EC Pills	Sterilization
------	------	----------	---------	--------	------------	----------	---------------



## Achievement of 2020

(FP, SRH and Non-SRH Services)

### FP Services

● CYP	3,305,059
● New Acceptors (Never + Ever user)	1,226,606
● Contraceptive Services	5,064,212

### SRH Services

● Obstetrical services	3,678,715
● Gynecological services	2,653,637
● Abortion services	352,267
● HIV/AIDs services	875,427
● STI/RTI services	1,498,788
● Sub Fertility services	431,980
● Urology services	977,569
● Pediatrics services	868,199
● Specialized services	867,268
● SRH Other services	450,530

**Total Non Contraceptive SRH Services** 12,654,380

**Non-SRH Services** 6,593,307

**Grand Total of Services** 24,311,899





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## **Independent Auditors' Report to the National Council of Rahnuma Family Planning Association of Pakistan**

### **Opinion**

We have audited the financial statements of Rahnuma Family Planning Association of Pakistan ("the Association"), which comprise the balance sheet as at 31 December 2020, and the statement of income, expenses and changes in fund balances, statement of functional expenses and cash flow statement for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Association as at 31 December 2020, and its financial performance and its cash flows for the year then ended in accordance with the financial reporting framework as described in note 2 to the financial statements.

### **Basis for Opinion**

We conducted our audit in accordance with International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Association in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Emphasis of Matter - Basis of Accounting and Restriction on Distribution and Use**

We draw attention to note 2 to the financial statements, which describes the basis of accounting. The financial statements are prepared to assist the Association in complying with the financial reporting framework as referred to above. As a result, the financial statements may not be suitable for another purpose. Our report is intended solely for the Association and International Planned Parenthood Federation ("IPPF") and should not be distributed to or used by parties other than the Association or IPPF. Our opinion is not modified in respect of this matter.

### **Responsibilities of Management and Those Charged with Governance for the Financial Statements**

The management is responsible for the preparation and fair presentation of the financial statements in accordance with the financial reporting framework as described in note 2 to the financial statements, and for such internal controls as management determines is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

*gmm*

**Chartered Accountants**

Member of Grant Thornton International Ltd

Offices in Karachi & Islamabad



## Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlined transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

## Other Matter

Another set of financial statements has been prepared by the entity in accordance with special purpose framework prescribed by IPPF and we have issued separate report on those financial statements for the year ended December 31, 2020.

  
 Chartered Accountants

Dated: April 29, 2021

Lahore

Audit Engagement Partner: Imran Afzal



Rahnuma Family Planning Association of Pakistan  
Balance Sheet  
As at 31 December 2020

	Note	Unrestricted 2020 Rupees	Restricted 2020 Rupees	Total 2020 Rupees	Unrestricted 2020 US \$	Restricted 2020 US \$	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
Assets									
Current Assets									
<u>Cash and bank:</u>									
Cash and bank balances	4	359,909,605	99,609,204	459,518,809	2,245,225	621,392	2,866,617	302,972,605	2,537,762
<u>Receivables:</u>									
IPPF		387,817	26,807,610	27,195,427	2,419	167,234	169,653	8,280,651	53,475
Other donors	5	2,809,035	9,633,453	12,442,488	17,324	60,096	77,620	3,447,028	22,260
Others		11,231,428	-	11,231,428	70,065	-	70,065	23,531,072	151,960
<u>Other assets:</u>									
Investments	6	307,500,000	72,500,000	380,000,000	1,918,278	452,277	2,370,555	290,000,000	1,872,781
Advances to employees	7	8,497,558	-	8,497,558	53,010	-	53,010	7,937,602	51,260
<u>Inventory:</u>									
Stock - Contraceptives	8	20,143,016	74,491,607	94,634,623	125,662	464,701	590,363	56,221,344	363,071
Stock - General		39,100,222	-	39,100,222	243,919	-	243,919	4,134,709	26,701
Stock - Medicines		17,325,583	-	17,325,583	108,082	-	108,082	2,924,964	18,889
Total Current Assets		766,904,264	283,041,874	1,049,946,138	4,784,184	1,765,700	6,549,884	789,449,975	5,098,159
Non-Current Assets									
Fixed assets	9	43,258,061	160,875,970	204,134,031	269,856	1,003,593	1,273,449	153,890,694	993,805
Security deposits		1,417,880	-	1,417,880	8,845	-	8,845	1,393,470	8,999
Total Non-Current Assets		44,675,941	160,875,970	205,551,911	278,701	1,003,593	1,282,294	155,284,164	1,002,804
Total Assets		811,580,205	443,917,844	1,255,498,049	5,062,885	2,769,293	7,832,178	944,734,139	6,100,963

Rahnuma Family Planning Association of Pakistan  
Balance Sheet  
As at 31 December 2020

	Note	Unrestricted 2020 Rupees	Restricted 2020 Rupees	Total 2020 Rupees	Unrestricted 2020 US \$	Restricted 2020 US \$	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
Liabilities and Fund Balances									
Liabilities									
Current liabilities:									
Accounts payable, accrued expenses and provisions	10	54,667,380	5,030,803	59,698,183	341,036	31,382	372,418	63,786,535	411,924
Deferred income	11	20,143,016	210,693,030	230,836,046	125,658	1,314,367	1,440,025	150,144,982	969,616
Total Current Liabilities		74,810,396	215,723,833	290,534,229	466,694	1,345,749	1,812,443	213,931,517	1,381,540
Non-current liabilities:									
Staff gratuity payable	12	154,374,000	-	154,374,000	963,032	-	963,032	141,953,343	916,715
Total Non-Current Liabilities		154,374,000	-	154,374,000	963,032	-	963,032	141,953,343	916,715
Total Liabilities		229,184,396	215,723,833	444,908,229	1,429,726	1,345,749	2,775,475	355,884,860	2,298,255
Fund Balances									
Designated fund	13	12,172,937	72,451,079	84,624,016	75,938	451,972	527,910	79,517,814	513,515
Fixed assets fund	14	46,391,097	155,742,932	204,134,029	301,878	971,572	1,273,450	153,890,694	993,805
RFPAP reserve fund	15	458,326,414	-	458,326,414	2,859,179	-	2,859,179	329,005,138	2,124,670
Zakat fund	16	1,082,549	-	1,082,549	6,753	-	6,753	1,004,813	6,489
Asset replacement fund	17	5,997,007	-	5,997,007	37,410	-	37,410	6,329,007	40,872
Endowment fund	18	-	-	-	-	-	-	16,176,849	104,468
Medicine inventory fund	19	17,325,583	-	17,325,583	108,082	-	108,082	2,924,964	18,889
General inventory fund	20	39,100,222	-	39,100,222	243,919	-	243,919	-	-
Total Fund Balances		582,395,809	228,194,011	810,589,820	3,633,159	1,423,544	5,056,703	588,849,279	3,802,708
Total Liabilities and Fund Balances		811,580,205	443,917,844	1,255,498,049	5,062,885	2,769,293	7,832,178	944,734,139	6,100,963

Contingencies and Commitments

The annexed notes 1 to 29 form an integral part of these financial statements.

44

  
Director Finance & Budget

  
Chief Executive Officer

  
Honorary Treasurer  
Chairperson

  
President



Rahnuma Family Planning Association of Pakistan  
Statement of Income, Expenses and Changes in Fund Balances (RF-PAP Reserve Fund)  
For the year ended December 31, 2020

Note	Unrestricted 2020 Rupees	Restricted 2020 Rupees	Total 2020 Rupees	Unrestricted 2020 US \$	Restricted 2020 US \$	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
<b>Grant Income</b>								
IPPF - core	22.1	232,022,507	-	232,022,507	1,430,361	-	1,430,361	182,082,218
IPPF - restricted	22.2	-	860,024,973	860,024,973	-	5,301,840	5,301,840	700,242,132
Other donors	22.3	4,028,602	88,196,641	92,225,243	24,838	543,712	568,550	95,505,320
<b>Total Grant Income</b>		<b>236,051,109</b>	<b>948,221,614</b>	<b>1,184,272,723</b>	<b>1,455,199</b>	<b>5,845,552</b>	<b>7,300,751</b>	<b>977,829,670</b>
<b>Program Income</b>								
Income from distribution of contraceptives		96,720,442	-	96,720,442	596,258	-	596,258	48,755,141
Membership fee		14,900	-	14,900	92	-	92	15,700
Client mobilization and training fee from Khushali Bank Limited		25,024,000	-	25,024,000	154,267	-	154,267	56,433,700
Income from Rahnuma Training Institute (RTI)		7,554,230	-	7,554,230	46,570	-	46,570	9,222,400
Donations		174,736	-	174,736	1,077	-	1,077	471,300
Local funds raised from hospitals and clinics		253,774,338	-	253,774,338	1,564,456	-	1,564,456	232,179,722
Management fees - other donors		41,472,911	-	41,472,911	255,670	-	255,670	28,507,110
Release of fixed assets funds due to depreciation		15,820,424	28,909,963	44,730,387	97,529	178,223	275,752	46,627,844
<b>Total Program Income</b>		<b>440,555,981</b>	<b>28,909,963</b>	<b>469,465,944</b>	<b>2,715,919</b>	<b>178,223</b>	<b>2,894,142</b>	<b>422,212,917</b>
<b>Other Income</b>								
Markup on Investments		44,068,767	-	44,068,767	271,673	-	271,673	33,036,164
Markup on saving accounts		40,219,067	-	40,219,067	247,941	-	247,941	26,468,749
Miscellaneous income		968,187	-	968,187	5,968	-	5,968	321,196
<b>Total Other Income</b>		<b>85,256,021</b>	<b>-</b>	<b>85,256,021</b>	<b>525,582</b>	<b>-</b>	<b>525,582</b>	<b>59,826,109</b>
<b>Total Income</b>		<b>761,863,111</b>	<b>977,131,577</b>	<b>1,738,994,688</b>	<b>4,696,700</b>	<b>6,023,775</b>	<b>10,720,475</b>	<b>1,459,868,696</b>

Rahnuma Family Planning Association of Pakistan  
Statement of Income, Expenses and Changes in Fund Balances (RF-PAP Reserve Fund)  
For the year ended December 31, 2020

Note	Unrestricted 2020 Rupees	Restricted 2020 Rupees	Total 2020 Rupees	Unrestricted 2020 US \$	Restricted 2020 US \$	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
<b>Expenses</b>								
<b>Direct Project Expenses</b>								
OUTCOME 1 (Advocacy)		5,683,255	1,985,790	7,669,045	35,036	12,242	47,278	12,837,282
OUTCOME 2 (Awareness raising & capacity building)		43,850,910	86,973,142	130,824,052	270,330	536,168	806,498	115,351,278
OUTCOME 3 (Services delivered and enabled)		436,946,255	859,262,682	1,296,208,937	2,693,666	5,297,142	7,990,808	1,083,250,624
OUTCOME 4 (Efficiency & accountability)		36,397,103	-	36,397,103	224,379	-	224,379	33,349,105
<b>Total Direct Project Expenses</b>		<b>522,877,523</b>	<b>948,221,614</b>	<b>1,471,099,137</b>	<b>3,223,411</b>	<b>5,845,552</b>	<b>9,068,963</b>	<b>1,244,788,289</b>
<b>Indirect Expenses</b>								
Administrative expenses		103,141,125	-	103,141,125	635,840	-	635,840	98,585,924
Depreciation		15,820,424	28,909,963	44,730,387	97,529	178,223	275,752	46,627,844
<b>Total Indirect Expenses</b>		<b>118,961,549</b>	<b>28,909,963</b>	<b>147,871,512</b>	<b>733,369</b>	<b>178,223</b>	<b>911,592</b>	<b>145,213,768</b>
<b>Total Expenses</b>		<b>641,839,072</b>	<b>977,131,577</b>	<b>1,618,970,649</b>	<b>3,956,780</b>	<b>6,023,775</b>	<b>9,980,555</b>	<b>1,390,002,057</b>
<b>Surplus for the year</b>		<b>120,024,039</b>	<b>-</b>	<b>120,024,039</b>	<b>739,920</b>	<b>-</b>	<b>739,920</b>	<b>69,866,639</b>
Taxation	25	-	-	-	-	-	-	-
Transfer to designated fund		(6,001,202)	-	(6,001,202)	(36,996)	-	(36,996)	(3,493,332)
Transfer from endowment fund		16,176,849	-	16,176,849	99,726	-	99,726	-
Currency translation fluctuations		-	-	-	-	-	-	-
Exchange gain/(loss) on foreign currency transactions		(878,410)	-	(878,410)	(5,415)	-	(5,415)	(437,823)
Fund balances at beginning of the year		329,005,138	-	329,005,138	2,124,670	-	2,124,670	218,576,286
<b>Fund balances at the end of the year</b>		<b>458,326,414</b>	<b>-</b>	<b>458,326,414</b>	<b>2,921,905</b>	<b>-</b>	<b>2,921,905</b>	<b>329,005,138</b>

The annexed notes 1 to 29 form an integral part of these financial statements.

  
Director Finance & Budget

  
Chief Executive Officer

  
Honorary Treasurer  
Chairperson

  
President



Rahnuma Family Planning Association of Pakistan  
Cash Flow Statement  
For the year ended December 31, 2020

	Unrestricted 2020 Rupees	Restricted 2020 Rupees	Total 2020 Rupees	Unrestricted 2020 US \$	Restricted 2020 US \$	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
<b>Surplus for the year</b>	120,024,039	-	120,024,039	739,920	-	739,920	69,866,630	463,281
Adjustments for non cash and other items:								
Depreciation	15,820,424	28,909,963	44,730,387	97,529	178,223	275,752	46,627,844	309,186
Release of fixed assets fund due to depreciation	(15,820,424)	(28,909,963)	(44,730,387)	(97,529)	(178,223)	(275,752)	(46,627,844)	(309,186)
Provision for staff gratuity	18,295,046	-	18,295,046	114,130	-	114,130	45,543,916	301,999
Transferred to designated fund	(6,001,202)	-	(6,001,202)	(36,996)	-	(36,996)	(3,493,332)	(23,164)
	12,293,844	-	12,293,844	77,134	-	77,134	42,050,584	278,835
<b>Net income before working capital changes</b>	132,317,883	-	132,317,883	817,054	-	817,054	111,917,223	742,116
<b>Working capital changes</b>								
(Increase)/decrease in current assets:								
Receivables	11,634,527	(27,245,120)	(15,610,593)	71,724	(167,959)	(96,235)	22,662,731	150,275
Advance to employees	(559,956)	-	(559,956)	(3,452)	-	(3,452)	(1,149,043)	(7,619)
Inventory	(57,876,488)	(29,902,923)	(87,779,411)	(356,794)	(184,344)	(541,138)	(53,832,913)	(356,962)
Security deposits	(24,410)	-	(24,410)	(150)	-	(150)	(58,520)	(3,040)
	(46,826,327)	(57,148,043)	(103,974,370)	(288,672)	(352,303)	(640,975)	(32,777,751)	(217,346)
Increase/(decrease) in current liabilities:								
Accounts payable, accrued expenses and provisions	14,115,662	(18,204,014)	(4,088,352)	87,020	(112,223)	(25,203)	12,819,649	85,007
Deferred income	8,510,355	72,180,710	80,691,065	52,464	444,976	497,440	135,649,163	899,481
Staff gratuity paid	(5,874,389)	-	(5,874,389)	(36,214)	-	(36,214)	(7,502,684)	(49,750)
	16,751,628	53,976,696	70,728,324	103,270	332,753	436,023	140,966,128	934,738
<b>Net changes in working capital</b>	(30,074,699)	(3,171,347)	(33,246,046)	(185,402)	(19,550)	(204,952)	108,188,377	717,392
<b>Net cash from/(used in) from operations</b>	102,243,184	(3,171,347)	99,071,837	631,652	(19,550)	612,102	220,105,600	1,459,508
<b>Cash flows from investing activities</b>								
Investments made	(90,000,000)	-	(90,000,000)	(554,828)	-	(554,828)	-	-
Proceeds from disposal of fixed assets	232,500	-	232,500	1,433	-	1,433	3,863,217	25,617
Purchase of fixed assets	7,022,629	(57,265,966)	(50,243,337)	43,293	(353,031)	(309,738)	(95,966,755)	(636,349)
<b>Net cash from investing activities</b>	(82,744,871)	(57,265,966)	(140,010,837)	(510,102)	(353,031)	(863,133)	(92,103,538)	(610,732)

Rahnuma Family Planning Association of Pakistan  
Cash Flow Statement  
For the year ended December 31, 2020

	Unrestricted 2020 Rupees	Restricted 2020 Rupees	Total 2020 Rupees	Unrestricted 2020 US \$	Restricted 2020 US \$	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
<b>Cash flows from financing activities</b>								
Increase/(decrease) in funds:								
Designated fund	5,106,202	-	5,106,202	31,478	-	31,478	2,881,157	19,105
RFPAP reserve fund	15,298,439	-	15,298,439	94,311	-	94,311	44,055,545	292,129
Fixed assets fund	(1,889,593)	52,132,928	50,243,335	(11,649)	321,387	309,738	95,966,755	636,349
Zakat fund	77,736	-	77,736	479	-	479	4,511	30
Asset replacement fund	(564,500)	-	(564,500)	(3,480)	-	(3,480)	(3,217,130)	(21,333)
Endowment fund	(16,176,849)	-	(16,176,849)	(99,726)	-	(99,726)	339,038	2,248
Medicine inventory fund	14,400,619	-	14,400,619	88,776	-	88,776	917,668	6,085
General inventory fund	39,100,222	-	39,100,222	241,043	-	241,043	-	-
<b>Net cash generated from financing activities</b>	55,352,276	52,132,928	107,485,204	341,232	321,387	662,619	140,947,544	934,613
<b>Net increase in cash and cash equivalents</b>	74,850,589	(8,304,385)	66,546,204	462,782	(51,194)	411,588	268,949,606	1,783,389
Effect of movements in exchange rates	-	-	-	(58,428)	(24,306)	(82,734)	-	(140,453)
<b>Cash and cash equivalents at the beginning of the year</b>	285,059,016	107,913,589	392,972,605	1,840,871	696,892	2,537,763	124,023,000	894,827
<b>Cash and cash equivalents at the end of the year (Note 24)</b>	359,909,605	99,609,204	459,518,809	2,245,225	621,392	2,866,617	392,972,606	2,537,763

The annexed notes 1 to 29 form an integral part of these financial statements.

  
Director Finance & Budget

  
Chief Executive Officer

  
Honorary Treasurer  
Chairperson

  
President



Rahnuma Family Planning Association of Pakistan  
 Statement of Functional Expenses  
 For the year ended December 31, 2020

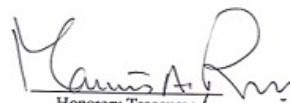
	Note	Total 2020 Rupees	Total 2020 US \$	Total 2019 Rupees	Total 2019 US \$
Personnel and employee benefits		673,273,221	4,150,563	597,398,917	3,961,312
Travelling expenses		120,664,873	743,869	157,830,601	1,046,564
Vehicle running cost		33,454,322	206,238	38,369,812	254,428
Printing and stationery		29,908,442	184,378	36,275,708	240,542
Occupancy cost		30,351,356	187,109	17,950,429	119,028
Communication		8,414,570	51,874	7,251,418	48,084
Audit fee	23	950,000	5,857	900,000	5,968
Consultancy and other professional fees		158,978,592	980,064	100,025,348	663,261
Data collection charges		-	-	6,691,500	44,371
Medical consumables		91,614,216	564,779	46,340,135	307,278
Contraceptives consumed		184,048,724	1,134,615	83,687,871	554,929
Repair and maintenance		35,073,007	216,216	14,796,008	98,111
Operational cost		34,195,930	210,809	30,255,699	200,624
IEC Material		5,910,039	36,434	6,936,593	45,996
Office equipment & furniture		116,272,344	716,790	162,054,109	1,074,570
Insurance of assets		2,408,631	14,849	2,397,007	15,894
Bank charges		578,537	3,567	483,498	3,206
Others	26	48,143,456	296,793	33,729,562	223,658
<b>Total Expenses excluding Depreciation</b>		<b>1,574,240,260</b>	<b>9,704,804</b>	<b>1,343,374,215</b>	<b>8,907,824</b>
Depreciation expense	9	44,730,387	275,752	46,627,844	309,186
<b>Total Expenses</b>		<b>1,618,970,647</b>	<b>9,980,556</b>	<b>1,390,002,059</b>	<b>9,217,010</b>

The annexed notes 1 to 29 form an integral part of these financial statements.

47X

  
 Director Finance & Budget

  
 Chief Executive Officer

  
 Honorary Treasurer  
 Chairperson

  
 President



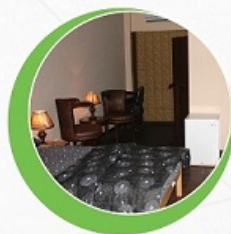


**Executive Rooms**



**Executive Rooms**

## Rahnuma Training Institute



### Maintaining High Quality Standards

- 14 standard rooms of 28 beds capacity
- TVs/ACs and Refrigerators facility in standard rooms

### Affordable Expert Care and Comfort

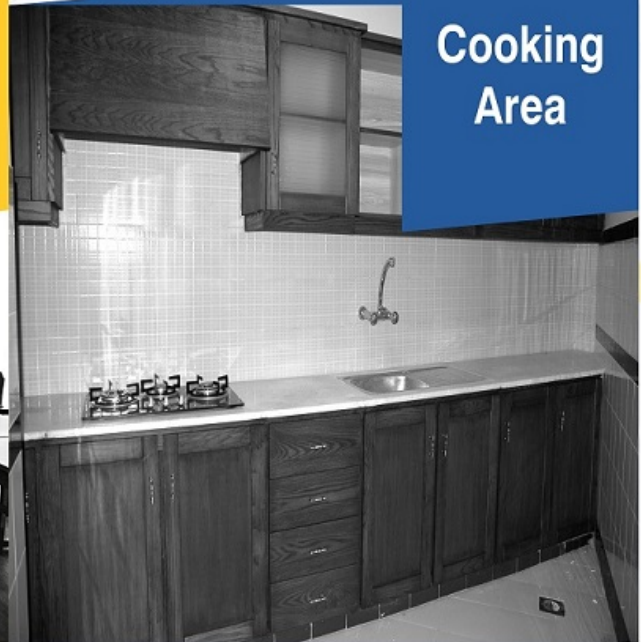
- 9 Executive rooms of 11 beds capacity
- LCDs and ACs facility in executive rooms

**A fully functional facility with all amenities of a modern live-in-training centre**

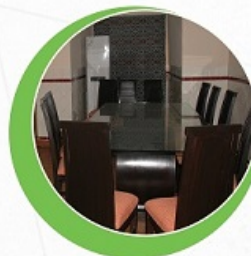




**Training Halls**



**Cooking Area**



- 2 air conditioned training halls with option to merge both to create seating capacity of about more than

## 75 participants

- Audio, Visual, Multimedia, LED facilities in training halls
- 1 Executive Conference Room
- 12 rooms for groups work
- 1 room with training tools/kits/models/IP etc.

- 2 Dining halls
- 3 Office rooms
- Medical store
- Canteen
- One resource centre (RH related books, training manuals, IEC material, training material)
- Internet facility
- 3 Laundry systems one for each hostel
- Elevator
- UPS
- 2 Generators: 50KVA each (Branded)



CALL FOR  
COVID-19  
Information &  
Counseling

CALL FOR  
Family Planning  
Services

CALL FOR  
Gender Based  
Violence

CALL FOR  
Counseling  
on SRHR

CALL FOR  
Post Abortion  
Care

Rahnuma-FPAP  
TOLL FREE  
Helpline

0  
8  
0  
0  
4  
4  
4  
8  
8

The objective of Youth Helpline is to provide youth with convenient, confidential, interactive and compassionate access to information, counselling and referrals on Sexual and Reproductive Health

Currently, Six Youth Helplines are operational at Lahore, Karachi, Islamabad, Peshawar, Quetta and Gilgit-Baltistan, in the premises of the Family Health Hospitals/Static Clinics



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