

CALL FOR PROPOSAL

TRAININGS ON SEXUALLY TRANSMITTED INFECTIONS (STI), HIV & AIDS FOR SERVICE PROVIDERS

Mode of assignment: Technical Trainings on HIV & AIDS and STI for Service Providers

Duration of consultancy: 20 days spread over 17th May and 25th June 2021

Requested documents: Prospective individuals/ firms should provide a CV/ profile detailing their relevant skills and experience. The overall proposal package must have following documents:

- Cover letter (Maximum 2 pages clearly demonstrating the suitability of applicant for stated assignment)
- Updated profile of the individual Consultant or a Firm supported with resume of Chief Consultant and maximum of other 3 key team members (Maximum 3 pages each)
- Proposal including cost of assignment covering all expenses (Maximum 4 pages)
- Submit soft copy of one example of previous similar work.

Instructions to be followed:

- All documents must be forwarded through postal service only. Please clearly write ***'Proposal for Training of Service Providers on STI, HIV & AIDS'*** on sealed envelope.
- Please fold details of cost of assignment in a separate envelop to send along with other documents.
- Please send your proposals to Director Monitoring Evaluation and Research (MER), Rahnuma Family Planning Association of Pakistan, 3 A Temple Road, Lahore, 54000.

Note: Rahnuma FPAP reserves the right of disqualifying proposals with pages more than above mentioned numbers and/or if any of the above instruction is not followed adequately. Proposals sent through an email will not be considered for shortlisting.

Shortlisted consultants may be required to undertake a telephone or Skype discussion before finalization of decision.

Training location: Rahnuma Training Institute (RTI), Lahore

Training Participants: 40 Doctors (10 Quality Assurance Managers and 30 Lady Medical Officers) and 24 Lady Health Visitors.

- Batch 1 = 14 Participants
- Batch 2 = 14 Participants
- Batch 3 = 18 Participants
- Batch 4 = 18 Participants.

Deadline for the submission of proposal: 28th, April 2021

Expected date of initiation of consultancy: 17th May 2021

Payment schedule: 20% will be at the time of signing of agreement and remaining 80% will be paid on completion of assignment and submission of training report as final deliverable approved by Rahnuma-FPAP.

All payments will be made through cross-cheque in Pak Rupees after deduction of withholding of Income Tax i.e.

- i) For individual, 10% in case of Filer and 20% in case Non-Filer; and
- ii) For Companies, 8% in case of Filer and 16% in case of Non-Filer. And, Withholding of Sales Tax i.e. 16% on services as per Law of Punjab Revenue Authority (PRA). The above rates may change if there is any amendment in tax rates by PRA & Federal Board of Revenue (FBR).

Liaison person from Rahnuma FPAP (R-FPAP): Please direct your submission of proposal related queries to Director Monitoring Evaluation and Research, Rahnuma FPAP, 3-A Temple Road, Lahore Phone: (042) 111 22 33 66, Ext. 323. Direct line: (042) 3636 1583. Email address: asifa@fpapak.org

Introduction

RFPAP is an affiliate member of International Planned Parenthood Federation (IPPF), working in Pakistan as a national organization since 1953. It has been extending family planning (FP) and sexual and reproductive health (SRH) information and services across all four provinces, Gilgit Baltistan and Azad Jammu & Kashmir (AJK) through a network of its own service delivery outlets and through collaboration with public and private sector.

Background

HIV & AIDS is no more a health problem; it has become a security issue as millions of people are at the verge of extinction. Around 90% of the AIDS victims are living in the developing countries where the incidence rate is aggravated by poverty, hunger, disease, lack of medical facilities, illiteracy and under-development.

Pakistan is a vulnerable country, with increasing levels of poverty, low levels of literacy, especially in women; low levels of condom use, low levels of awareness among health workers; a large mobile population including refugees in border areas, internal and external migrants, long-distance truck drivers known to engage in sexual practices that put them at risk of contracting HIV and sexually transmitted infections (STIs); social and economic disadvantages, particularly for women and girls, limited safety of blood transfusion; high prevalence of STIs with limited access to good-quality STI care; unsafe medical injection and health care practices, extensive use and reuse of syringes without sterilization, including an increasing rate of needle-sharing among estimated 60,000 Injecting Drug Users (IDUs); and a large proportion of young people with low levels of knowledge about HIV transmission and prevention.

The mode of HIV & AIDS transmission in Pakistan is largely heterosexual (52.55%) and contaminated blood or blood products (11.73%) are the most commonly reported modes of transmission. Other modes of transmission include IDUs (2.02%), male-to-male or bisexual relations (4.55%), mother-to-child transmission (2.2%) and transmission of undetermined origin (26.9%). As per WHO Risk assessment Pakistan is one of the countries in the WHO Eastern Mediterranean Region where new HIV infections are increasing at an alarming level since 1987. The current HIV epidemic in Pakistan is defined as a concentrated epidemic. Although the overall prevalence is still less than 1% in the adult population

Though HIV prevalence appears to be low in Pakistan at present, the presence of a number of vulnerabilities and risky behavioral patterns suggest the need for urgent, prioritized, and coordinated action to widespread epidemic. Poverty, gender inequalities and low levels of education and literacy all contribute to HIV vulnerability in Pakistan. Other, related factors that can increase vulnerability at the individual level include unemployment, social exclusion or marginalization, physical and/or mental abuse, gender-based discrimination and low capacity of providers to extend the services.

Keeping the challenge of high prevalence, stigma and discrimination associated with positive HIV and AIDs and STI clients and low capacity of service providers to address the needs of the clients Rahnuma FPAP is organizing four training sessions of three days each on HIV and AIDS for its health care providers.

Purpose of this assignment

The main purpose of this training is to orient service providers to the National Scenario on HIV and AIDS, Work Place Policy and Program on HIV & AIDS and STI to enhance their knowledge on HIV & AIDS and STI.

The training is expected to cover comprehensive counselling skills including Voluntary Confidential Testing (VCT), prevention, awareness & sensitization and systematic referral mechanism.

Roles and responsibilities of the Consultant

Following are presumed broader activities to be carried out by the Consultant:

- Attend inception meeting with the project staff of Rahnuma FPAP for thorough understanding of training modalities and other associated details.
- Develop detailed training agenda.
- Develop presentation and handouts of training material for imparting comprehensive training.
- Share draft training agenda, presentation and other training material with Rahnuma FPAP. Incorporate feedback and submit finalized documents for approval.
- Share in hard and soft copies the materials to be shared with training participants for their use during training and post training reference and record.
- Conduct 4 trainings of 3 days each on STI and HIV & AIDS.
- Facilitate training sessions and maintain all means of verification of trainings including attendance sheets, pre & post-test sheets and analysis, pictures etc.
- Submit draft of comprehensive training report with all means of verification within 1 week after the completion of training to Rahnuma FPAP for review.
- Finalize training report after incorporating comments by R-FPAP and submit back within 2 days.
- Submit 3 hard copies of finalized training report and 3 soft copies (in USBs) of entire training package along with finalized report within 5 days of completion of training.

Support from Rahnuma FPAP

Following will be provided by Rahnuma-FPAP:

- Hold inception meeting with the Consultant for the finalization of training modalities in detail and handing over pertinent subject specific technical materials on HIV & AIDS and STI available in the organization.
- Nomination of service providers, arrangement of training hall, boarding and lodging of training participants, printing of handouts and other training materials, etc. and all other relevant training logistics and administrative support desired for ensuring high quality training will be managed by Rahnuma FPAP.
- Provide thorough feedback on draft documents.
- Provide certificate to training participants.

Qualification and experience of the Consultant

The Consultant applying for this assignment must have:

- At least 5 years prior experience of conducting trainings as lead facilitator.
- Have demonstrated experience and expertise in facilitating trainings on STI, HIV & AIDS, SRH and FP related topics.
- Sufficient experience of developing high quality training materials for senior and mid-level health care providers.
- Medical Graduate, Masters in Public Health or Masters in other related subjects is desired for the lead facilitator.