



A Member Association of
IPPF International
 Planned Parenthood
 Federation
 South Asia Region

eRahnuma-FPAP NEWSLETTER

Rahnuma-FPAP and Partners Develop LSBE Manual:

Rahnuma-FPAP as a Right Here Right Now (RHRN) partner executed important activities including module development of both LSBE and YFHS. Policy briefs were also developed and shared with the platform. As major step to strengthen the LSBE at educational institutions was the development of comprehensive sensitization module on LSBE was incorporating the feedback of all the RHRN and CSE Taskforce partners. We also developed a unified LSBE manual in partnership with Aahung as different organizations were approaching government departments with different LSBE modules. This module is being pretested in nine districts of Punjab.



Efforts to Integrate LSBE in Mainstream Curriculum:

Rahnuma-FPAP organized orientation sessions of teachers to mainstream the LSBE in curriculum. During these orientation sessions representatives of various Teacher's Associations expressed their resolve to integrate LSBE in the mainstream curriculum but prior to this they would have to review the curriculum first as it is necessary to understand the curriculum in detail. Upon the basis of this review the teachers made recommendations to include LSBE topics in relevant subjects to facilitate the process. There was a consensus that LSBE topics be integrated into the existing chapters of different text books. They also recommended that LSBE must be part of education and trainings modules for the teachers. Furthermore after implementation of LSBE, there is need to organize refreshing courses for teachers regularly as it would help the teachers to understand the concepts in detail.



The Teachers Associations also recommended approaching relevant departments/ministries in order to make LSBE part of curriculum. They also suggested creating awareness on LSBE through cable TV and FM Radio as audio visual messages. They also suggested to involve the religious seminaries and local religious leaders to further facilitate the process.

Skill Based Training on Comprehensive post Abortion Care (CAC):

Rahnuma-FPAP to strengthen the role of services providers on modern RH especially on Comprehensive post Abortion Care (CAC) organized series of trainings across Pakistan, facilitated by renowned clinical trainer Dr Noreen Zafar. Prior to the trainings the participants were informed about the local SRH&R and PAC situation including current status of maternal health in Pakistan, causes of maternal morbidity and mortality and the contribution of unsafe abortion. She also informed that safe abortions, family planning and high numbers of maternal mortality are all inter linked. She further said that new interventions, can help to save many lives. She shared the local situation in light of the latest data by Population Council and PDHS 2012-13 in detail to highlight the rationale and importance of unsafe abortion as one of the main cause for high maternal mortality.



Dr. Noreen Zafar conducted a separate sessions on Value Clarification (VCAT) and personal biases and influences on various SRH&R and PAC related issues as it was necessary to address the providers' biases on PAC .

Training of Trainers (ToT) on Community Preparedness for Reproductive Health, Gender and MISP in Emergencies:

Rahnuma FPAP organized a three-day Training of Trainers (ToT) on "Community Preparedness for Reproductive Health, Gender and MISP in Emergencies under CDC project. The training was aimed to incorporate sexual and reproductive health related issues into disaster risk reduction in crisis affected situations. Main objective of the training was to strengthen the capacity of community members to prepare and respond to SRH needs in an emergency and build the evidence base tools to support this model. It was organized for creating a pool of trained human resource available in district for successfully responding to emergency situations. The training (ToT) was attended by a large number of stakeholders including representatives of relevant public sector departments, line agencies, CSOs etc.

